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Healthcare specialists consultations – basic option

The service covers unlimited consultations in outpatient Medical Facilities indicated by LUX MED in the following situations: an illness and emergency medical assistance.

The service includes: medical history taking, physician's advice and basic procedures necessary for making a diagnosis, taking an appropriate therapeutic decision and monitoring of treatment and refers to consultations within the following scope:

- Internal medicine
- Paediatrics
- Family doctor

Note:

The service Healthcare specialists consultations – basic option does not include consultation of physicians on duty, physicians with the degree of “doktor habilitowany” (associate professor) or the scientific title of “profesor” (professor) as well as physicians holding the positions of “docent” (assistant professor), “profesor nadzwyczajny” (associate professor) and “profesor zwyczajny” (full professor).

Healthcare specialists consultations – option IV

The service covers an unlimited access to consultations with physicians in outpatient Medical Facilities indicated by LUX MED in such cases as onset of an illness, emergency medical assistance and general medical advice. Specialist consultations include an interview, advice by a specialist along with the basic activities necessary to make the diagnosis, taking the appropriate therapeutic decision and treatment monitoring.

For the:

Patients over 18 years of age – visits without a referral relate to consultations within the following scope:

- allergology
- general surgery
- dermatology
- diabetology
- endocrinology
- gastroenterology
- gynaecology
- gynaecological endocrinology
- haematology
- cardiology
- laryngology
- nephrology
- neurology
- ophthalmology
- oncology
- orthopaedics
- proctology
- pulmonology
- rheumatology
- urology

Patients up to 18 years of age – visits without a referral relate to consultations within the following scope:

- surgery
- dermatology
- gynaecology (from the age of 16)
- neurology
- ophthalmology
- orthopaedics
- laryngology

Patients over 18 years of age – visits require a referral from a physician from outpatient medical facility indicated by LUX MED and relate to consultations within the following scope:

- anaesthesiology
- angiology
- audiology
- balneology and physical medicine
- vascular surgery
- surgical oncology
- infectious diseases
- phlebology
- phoniatry
- geriatrics
- gynaecologic oncology
- hepatology
- hypertension therapy
- immunology
- travel medicine
- neurosurgery
- medical rehabilitation

Patients up to 18 years of age – visits require a referral from a LUX MED physician and relate to consultations within the following scope:

- allergology
- anaesthesiology
- infectious diseases
- diabetology
- endocrinology
- gastroenterology
- gynaecology (under 16)
- haematology
- immunology
- cardiology
- travel medicine
- nephrology
- neonatology
- neurosurgery
- oncology
- pulmonology
- medical rehabilitation doctor
- rheumatology
- urology

Note:

The service Healthcare specialists consultations – option IV does not include consultation of physicians on duty, physicians with the degree of “doktor habilitowany” (associate professor) or the scientific title of “profesor” (professor) as well as physicians holding the positions of “docent” (assistant professor), “profesor nadzwyczajny” (associate professor) and “profesor zwyczajny” (full professor). Other consultations are also paid.

Dietician consultations - option I

The service entitles the Patient to attend 3 dietary consultations within a 12-month term of the agreement, including interview, dietary recommendations (without creating an individual diet) in outpatient Medical Facilities indicated by LUX MED.



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For the:

Patients over 18 years of age – visits without a referral

Patients up to 18 years of age – visits require a referral from a physician employed by an outpatient Medical Facility indicated by LUX MED.

Specialists consultations: psychiatrist, psychologist, andrologist, sex therapist, speech therapist

The service entitles the Patient to attend a total of 3 consultations within a 12-month term of the agreement in outpatient Medical Facilities indicated by LUX MED, within the following scope:

For the:

Patients over 18 years of age – visits without a referral relate to consultations within the following scope:

- psychiatry
- psychology
- sex therapy
- andrology
- speech therapy

Patients up to 18 years of age – visits without a referral relate to consultations within the following scope:

- psychiatry
- psychology
- speech therapy

Note:

This includes: medical history taking, specialist advice and basic procedures necessary for making a diagnosis, taking an appropriate therapeutic decision and monitoring of treatment. The service does not include professor consultations, neuro speech therapy or speech therapy in deaf and hearing-impaired patients or conducting therapy.

Online Consultations

The Online Consultation is a Healthcare service provided by the healthcare organisation LUX MED through IT or communication systems. LUX MED enables the Patients an interactive individual consultation with a medical specialist (doctor, midwife or nurse) via means of distance communication i.e. the Patient Portal. The Patients with full access to the Patient Portal may benefit from Online Consultations. Time accessibility of Online Consultations with a doctor, a midwife and a nurse is a consequence of the schedule of medical specialists and is visible under "Online Consultation" ("Konsultacje online") tab. The Patient can choose a communication channel: video, audio or text.

Since medical specialists answering questions have access to the medical records of the Patient, in situations of medical necessity, they can order specific tests or refer the Patient to a different specialist. Online Consultation is exclusively available for the Patient who has logged in the Patient Portal and the content of Online Consultation is saved and constitutes a part of the medical documentation of the Patient. Online Consultations include listed below medical specialists consultations which do not require contact with a specialist in person.

The service covers Online Consultations in the following scope:

- internal medicine/family medicine (from the age of 18 years)
- pediatrics (under the age of 18 years)
- pediatric nursing
- obstetrics

Note:

Online Consultation with a specialist does not replace an outpatient consultation because it does not enable direct examination. In order to use the Online Consultation, the Patient after logging into the account on the Patient Portal in the "Online Consultations" tab sets himself in the queue waiting to use the service. The provision of services in the form of Online Consultations is only for the benefit of a Patient who has concluded the Agreement or who is indicated as a person entitled to Healthcare services under Online Consultations. The Patient cannot make Online Consultation service available to other individuals. The Patient bears full civil and criminal liability for the fact that the data provided are consistent with the facts.

Within the Online Consultations the Patient receives a Healthcare service, and as a part of that service may be issued: a referral for diagnostics, a referral to another specialist for the purpose of obtaining another Telemedicine Advice or a referral to another specialist in order to obtain a Healthcare service as part of an outpatient service, an e-Prescription for drugs for the continuation of chronic treatment, a de novo e-Prescription based on medical records and medical indications arising in the course of a Online Consultation, or a medical certificate for medical indications. In medically justified cases, while carrying out Online Consultation, a medical specialist may refuse to give advice at a distance and refer the Patient to an outpatient consultation with a doctor, a nurse or a midwife. No e-Sick Leaves and referrals for examinations using ionising radiation, biopsies, endoscopic examinations and exercise tests are issued during Online Consultations. The final decision to issue an e-Prescription during Online Consultation is at the discretion of the physician who may refuse to issue an e-Prescription based on medical indications and the Patient's welfare. No e-Prescriptions for vaccines, potent drugs, drugs that can cause addiction and postcoital contraception (emergency contraception) are issued during Online Consultation.

Nursing procedures

Services including basic measurements, minor procedures, including diagnostic ones, performed by a nurse or midwife on their own or according to the physician's order, in line with their competences, in outpatient Medical Facilities indicated by LUX MED. The scope of outpatient consultation procedures depends on the range of physician consultation which the Patient is entitled to within the scope of provided services, the age of the Patient and on the availability of a given procedure in an outpatient Medical Facility indicated by LUX MED.



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Nursing procedures include:

Outpatient nursing procedures:

- Intravenous injection
- Subcutaneous/intramuscular injection
- Emergency drip administration
- oral medicine administration in emergency cases
- Body temperature measurement (no referral needed)
- Placement/change/removal - small dressing
- Blood drawing
- Blood pressure measurement (no referral needed)
- Height and body weight measurement (no referral needed)
- Office-based midwife service – palpation of the breast

Note:

Medical materials and products, such as: dressings, bandages, cannulae, syringes, swabs, adhesive strips, needles, serum - tetanus antitoxin, disinfectants, used for the above procedures are free of charge. Other products used in the above procedures need to be paid for by the Patient.

On-duty physician consultations – option II

The service includes exclusively basic emergency assistance in a sudden onset of an illness or in injuries requiring initial dressing which have occurred within 24 hours preceding the receipt of a consultation request by LUX MED. On-duty doctors are available within the working hours of outpatient Medical Facilities indicated by LUX MED separately, only on the day of reporting it.

The service does not include healthcare services provided to save life and health in accordance with the National Medical Rescue Act (Journal of Laws 2006.191.1410, as amended).

The service includes: medical history taking, physician's advice and basic procedures necessary for making an initial diagnosis, taking an appropriate therapeutic decision and refers to consultations within the following scope (provided that the consultations are available in the facility):

- Internal medicine
- Paediatrics
- Family doctor

Patients over 18 years of age, additionally (if the consultations are available in the clinic):

- general surgery
- orthopaedics

Professor consultations

The service entitles the Patient with a referral issued by a physician from an outpatient Medical Facility indicated by LUX MED to use the consultations of physicians with the degree of "doktor habilitowany" (associate professor) or the scientific title of "profesor" (professor) as well as physicians holding the positions of "docent" (assistant professor), "profesor nadzwyczajny" (associate professor) and "profesor zwyczajny" (full professor). The service (if available in outpatient Medical Facilities indicated by LUX MED) covers the same range of consultations which the Patient is entitled to on the grounds of the Agreement within the Specialists consultations in options: basic, basic - with co-payment, I, I - with co-payment, I plus, I plus- with co-payment, II, II - with co-payment, II plus, II plus - with co-payment, III or IV.

Professor consultations: psychiatrist, psychologist

The service entitles the Patient to attend 3 consultations within a 12-month term of the agreement: Consultations of physicians or psychologists with the degree of "doktor habilitowany" (associate professor) or the scientific title of "profesor" (professor), as well as physicians or psychologists holding the positions of "docent" (assistant professor), "profesor nadzwyczajny" (associate professor) and "profesor zwyczajny" (full professor) who receive patients in outpatient Medical Facilities indicated by LUX MED, within the following scope:

- psychiatry
- psychology

The service is available with a referral issued by a physician from an outpatient Medical Facility indicated by LUX MED and includes: medical history taking, specialist advice and basic procedures necessary for making a diagnosis, taking an appropriate therapeutic decision and monitoring of treatment. The service does not include neuro speech therapy or speech therapy in deaf and hearing-impaired patients or conducting therapy.

Outpatient procedures – option III

The services including basic measurements and procedures (including the diagnostic ones) not requiring hospitalisation and operating room regimen. Performed in accordance with the competences by a physician or a nurse or an obstetrician during a procedure-specific consultation or beyond the medical consultation, in outpatient Medical Facilities indicated by LUX MED.

The scope of outpatient consultation procedures depends on the range of physician consultation which the Patient is entitled to within the scope of provided services, the age of the Patient and on the availability of a given procedure in an outpatient Medical Facility indicated by LUX MED.

Outpatient procedures include:

Outpatient general medical procedures:

- Blood pressure measurement
- Height and body weight measurement
- Non-surgical tick removal

Outpatient surgical procedures:



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- Suturing of a wound up to 1,5 cm
 - Surgical tick removal
 - Non-surgical tick removal
 - Placement/change/removal – small dressing (not requiring surgical debridement)
 - Removal of another foreign body without incision
 - Suture removal in a treatment room after procedures performed in outpatient Medical Facilities indicated by LUX MED
- Outpatient laryngological procedures:**
- Eustachian tube examination, insufflation
 - Catheterisation of the Eustachian tube
 - Ear irrigation
 - Removal of a foreign body from the nose/ear
 - Simple laryngological dressing
 - Coagulation of blood vessels of the nasal septum
 - Electrocoagulation of blood vessels of the nasal septum
 - Nasal tamponade removal
 - Bilateral dressing of nasal hemorrhage
- Outpatient ophthalmologic procedures:**
- Standard* ocular fundus examination
 - Corrective lens selection (excludes varifocal lenses)
 - Gonioscopy (iridocorneal angle assessment)
 - Removal of a foreign body from the eye
- Outpatient orthopaedic procedures:**
- Adjustment of small orthopaedic devices — small joints
 - Reposition of a dislocation or fracture
 - Preparation: traditional cast – tape
 - Intra-articular injection and peri-articular injection
 - Intra-articular puncture – taking sample material for examination
- Outpatient dermatological procedures (do not include lesions removed due to aesthetic, plastic indications):**
- Standard* dermatoscopy
 - Dermatological procedure – cutting and coagulation of skin fibromas
 - Aesthetic cryotherapy dermatological procedure 1 to 6 lesions
- Outpatient gynaecological procedures:**
- Standard* sample collection for Pap smear
 - Removal of an intrauterine contraceptive device
- Outpatient allergological procedures:**
- Desensitisation with allergist consultation
- Anaesthesia**
- Local (infiltration or permeation) anaesthesia
- Biopsy with standard histopathological examination – fine-needle biopsy material**
- Suture removal after procedures performed outside of outpatient Medical Facilities indicated by LUX MED – qualification based on the LUX MED doctor's assessment (we do not remove stitches after childbirth)
 - stitching a wound of up to 3 cm (in emergency situations requiring immediate help);
 - Removal of a boil / small skin abscess (up to 2 cm).
- Unilateral dressing of nasal hemorrhage
 - Suture removal in a treatment room after laryngological procedures performed in outpatient Medical Facilities indicated by LUX MED
 - Suture removal after laryngological procedures performed outside of outpatient Medical Facilities indicated by LUX MED – qualification based on the LUX MED doctor's assessment;
- Visual acuity examination
 - Standard* autorefractometry
 - Medicine instillation into the conjunctival sac
 - Standard* intraocular pressure measurement
- Plaster cast application
 - Lower limb plaster cast removal
 - Upper limb plaster cast removal
 - Intra-articular and peri-articular block;
 - Placement/change/removal - small dressing
 - Adjustment of small orthopaedic devices – big joints
- Aesthetic electrotherapy dermatological procedure 1 to 6 lesions
 - Aesthetic cryotherapy dermatological procedure 7 to 10 lesions
- Insertion of an intrauterine contraceptive device
 - Cervical procedures by cryocoagulation - preventing cervical erosion
- Classical surgical excision of a skin lesion of up to 1,5 cm due to medical indications (does not include lesions excised due to aesthetic, plastic indications) with standard histopathological examination – specimen from the skin lesion removed
 - Nasal administration of mucosa-shrinking medicine as needed
 - Application/change/removal of a drain in the ear canal
 - Laryngeal clisis
 - Incision of the lingual frenulum in the oral cavity
 - Incision of haematomas of the nasal septum
 - Incision of auricular haematomas
 - Closed reduction of the nose
 - Sinus rinse
- Standard* stereoscopic vision examination
 - Lacrimal duct irrigation (refers to: Patients over 18 years of age)
- Dessault type immobilisation (small/large)
 - Placement of a jacket type traditional plaster cast
- Aesthetic electrotherapy dermatological procedure 7 to 10 lesions
- Cervical and vulvar procedures by cryocoagulation
- Local (topical) anesthesia for endoscopy



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- Fine-needle biopsy – skin / subcutaneous tissue

Other

- Foley catheter removal

- Fine-needle biopsy – breast
- Fine-needle biopsy – thyroid gland

- Performing an enema

- Fine-needle biopsy – lymph nodes
- Fine-needle biopsy - salivary gland

- Foley catheter application

Note:

Medical materials and products, such as: traditional plaster cast, dressings, bandages, cannulae, syringes, swabs, adhesive strips, needles, serum - tetanus antitoxin, disinfectants, surgical sutures and threads, used for the above procedures are free of charge. Other products used in the above procedures need to be paid for by the Patient.

Influenza and tetanus vaccinations

As part of infectious disease prevention, the service includes vaccinations against seasonal flu and administer tetanus anatoxin (anti-tetanus anatoxin).

The service includes:

- Medical consultation before vaccination
- Vaccine (the medicinal product)
- Performance of a nursing service (injection)

Flue vaccinations are performed in outpatient Medical Facilities indicated by LUX MED. LUX MED may also arrange vaccination against seasonal influenza in a place indicated by the Insuring Party – for groups over 30 persons.

Additional recommended preventive vaccinations

The service is available within the additional prophylaxis of infectious diseases in outpatient Medical Facilities indicated by LUX MED, following referral issued by a physician of the abovementioned Clinic. The service covers the following vaccinations (this also refers to combination vaccines) against:

- Tick-borne encephalitis
- Hepatitis A and B
- Hepatitis A
- Rubella, mumps, measles

The service includes:

- Medical consultation before vaccination
- Vaccine (the medicinal product)
- Performance of a nursing service (injection)

Laboratory test panel (no referral needed)

The service is only available for the Patient over 18 years of age and is provided only in outpatient Medical Facilities indicated by LUX MED. The service includes a one-time performance of a panel of laboratory tests, composed of the following items, without a referral from a physician (within 12 months of the term of the agreement):

- Urine – general analysis
- Total cholesterol
- Blood count + platelet count + automated smear
- Fasting glucose
- Standard Pap smear (available for Patients over 16 years of age)

Laboratory and imaging diagnostics – option IV

This includes the following laboratory, imaging and functional diagnostic tests performed in outpatient Medical Facilities indicated by LUX MED. The number of performed tests is unlimited. All diagnostic tests and examinations available within the service are performed following referrals issued by physicians from outpatient Medical Facilities indicated by LUX MED, only based on medical indications as part of a diagnostic and therapeutic process conducted in these Medical Facilities.

Laboratory diagnostics:

Haematology and coagulology tests with taking test samples (blood):

- Absolute eosinophil count
- INR / Prothrombin time
- Blood count + platelet count + automated smear
- Thrombin time – TT
- ESR
- D – dimers
- Manual blood smear
- APTT
- Platelets
- Fibrinogen
- S protein free
- Antithrombin III
- C protein activity
- Factor V Leiden – PCR method

Biochemical and hormonal tests, tumour marker tests with taking test samples (blood):

- CRP quantitative
- Amylase
- GPT/ALT transaminase
- Albumins
- GOT/AST transaminase
- Total protein
- PAPP – a protein
- Total bilirubin
- Direct bilirubin



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- Chlorides (Cl)
- Cholesterol
- HDL cholesterol
- LDL cholesterol
- Directly measured LDL cholesterol
- CK (creatin kinase)
- LDH – Lactate dehydrogenase
- Alkaline phosphatase
- Acid phosphatase
- Phosphorus (P)
- GGTP
- Glucose tolerance test (4 points, 75 g, 0, 1, 2, 3 h)
- Fasting glucose
- Glucose 120'/120' after a meal
- Glucose 60'/60' after a meal
- Glucose 75 g, 4-hour glucose challenge test
- Glucose 75 g, 5-hour glucose challenge test
- Creatinine
- Uric acid
- Lipid profile (CHOL, HDL, LDL, TG)
- Magnesium (Mg)
- Urea/blood urea nitrogen, BUN
- Potassium (K)
- Protein profile
- Sodium (Na)
- Triglycerides
- Calcium (Ca)
- Iron (Fe)
- Immunoglobulin IgE (total IgE)
- Immunoglobulin IgA
- Immunoglobulin IgG
- Immunoglobulin IgM
- Folic acid
- Vitamin B12
- TIBC – total iron binding capacity (alternative to Fe saturation)
- Iron / Fe 120 mins after administration (absorption curve)
- Iron / Fe 180 mins after administration (absorption curve)
- Iron / Fe 240 mins after administration (absorption curve)
- Iron / Fe 300 mins after administration (absorption curve)
- Iron / Fe 60 mins after administration (absorption curve)
- Ferritin
- Caeruloplasmin
- Transferrin
- Thyroglobulin
- Apolipoprotein A1
- Lipase
- 17 – OH Progesterone
- Aldosterone
- Copper
- Cortisol in the afternoon
- Cortisol in the morning
- Prolactin 120' after administration MCP 1 tablet
- Prolactin 30' after administration of MCP 1 tablet
- Prolactin 60' after administration of MCP 1 tablet
- Prolactin
- TSH / hTSH
- Estradiol
- FSH
- Free T3
- Free T4
- Total Beta-hCG
- LH
- Progesterone
- Testosterone
- Free testosterone
- AFP – alpha-fetoprotein
- Free PSA
- Total PSA
- CEA – carcinoembryonic antigen
- CA 125
- CA 15.3 – breast cancer antigen
- CA 19.9 – digestive cancer antigen
- CA 72-4 – colon tumour marker
- Alpha-1 – antitrypsin
- Alpha-1 acid glycoprotein (Orosomucoid)
- Androstendione
- β 2 microglobulin
- Caeruloplasmin
- Cholinesterase
- Blood-cell cholinesterase / Blood-cell acetylcholinesterase
- CA 21-1 – lung tumour marker
- Zinc
- Dehydroepiandrosterone (DHEA)
- DHEA – S
- Zinc protoporphyrin (ZnPP)
- Erythropetin
- Free estriol
- Prostatic acid phosphatase
- Alkaline phosphatase – bone fraction
- Gastrin
- Haptoglobin
- Hb A1c – Glycated haemoglobin
- Homocysteine
- Adrenocorticotrophic hormone (ACTH)
- Growth hormone (GH)
- IGF – BP 3
- Insulin / Insulin 120'
- Insulin / Insulin 60'
- Fasting insulin
- Insulin – 1 hour after 75 g glucose ingestion
- Insulin – 2 hours after 75 g glucose ingestion
- Insulin – 3 hours after 75 g glucose ingestion
- Insulin – 4 hours after 75 g glucose ingestion
- Insulin – 5 hours after 75 g glucose ingestion
- CK – MB activity
- CK – MB mass
- BNP
- NT pro – BNP
- Calcitonin
- Creatinine clearance
- Myoglobin
- Osteocalcin (bone formation marker)
- Parathyroid hormone
- C-peptide
- Occult iron binding capacity (UIBC)
- Vitamin D3 – 1,25 (OH)₂ metabolite
- Vitamin D3 – 25-OH metabolite
- Total T3
- Total T4
- Somatomedin – (IGF – 1)
- PSA panel (PSA, FPSA, FPSA / PSA index)
- Reticulocytes
- SCC – squamous cell carcinoma antigen
- SHBG
- Kappa light chains in serum
- Lambda light chains in serum
- NSE – Neuro-specific enolase
- Cystatin C
- Macroprolactin
- Renin activity of plasma
- ACE
- Leptin
- TPS
- S100
- BRCA1, method: PCR
- Apo A1
- Aldolase

Serology tests and infection diagnostics with taking test samples (blood):

- Basic syphilis serology (VDRL or USR or anti-TP), formerly WR
- ASO quantitative
- ASO qualitative
- RF – Rheumatoid Factor – quantitative
- Waaler-Rose test
- BTA test
- Blood group (AB0), Rh factor and antibody screening



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- Immune antibody screening / alloantibodies (replaces anti-Rh +/- antibodies)
- HBs Ag/antigen
- A-microsomal/anti-TPO antibodies
- Antithyroglobulin / anti-TG antibodies
- CMV antibodies IgG
- CMV antibodies IgM
- HBs Ab/antibodies;
- HCV Ab/antibodies
- Helicobacter pylori IgG, quantitative;
- HIV-1/HIV-2
- EBV/mononucleosis – latex
- EBV / mononucleosis IgG
- EBV / mononucleosis IgM
- Rubella IgG
- Rubella IgM
- Toxoplasma IgG
- Toxoplasma IgM
- Chlamydia trachomatis IgA antibodies
- Chlamydia trachomatis IgG antibodies
- Chlamydia trachomatis IgM antibodies
- HBc Ab IgM
- C1 – inhibitor
- C1 – inhibitor (activity)
- Complement component 3 (C3)
- Complement component 4 (C4)
- Anti-HAV – IgM
- Anti-HAV – total
- Lupus anticoagulant
- Echinococcosis (Echinococcus granulosus) IgG
- Borelia burgdorferii, method: Qualitative PCR
- Borreliosis (Lyme disease) IgG
- Borreliosis IgG Western-blot method (confirmatory test)
- Borreliosis (Lyme disease) IgM
- Borreliosis IgM Western-blot method (confirmatory test)
- Brucellosis – IgG
- Brucellosis – IgM
- Ascaris lumbricoides (ASCARIS) IGG
- Cytomegalovirus (CMV), method: Qualitative PCR
- Cytomegaly – IgG avidity test
- HBc Ab total
- HBe Ab
- Hbe Ag
- HBV, method: Quantitative PCR
- HBV, method: Qualitative PCR
- HCV, method: Quantitative PCR
- HCV, method: Qualitative PCR
- HPV (Human papillomavirus), method: Qualitative PCR – swab
- HSV / Herpes 1 and 2 – IgG – qualitative
- HSV / Herpes 1 and 2 – IgM – qualitative
- hsCRP
- Mycoplasma pneumoniae – IgG
- Mycoplasma pneumoniae – IgM
- FTA test
- TPHA test
- Measles – IgG
- Measles – IgM
- Varicella IgG
- Varicella IgM
- HLA B27 antigen assay
- Anti-neutrophil cytoplasmic antigen antibody ANCA (pANCA and cANCA), method: IIF
- Antibodies against striated muscles and cardiac muscle (myasthenia gravis), method: IIF
- Anti-nucleosome antibodies (ANuA) (IMMUNOBLOT)
- Anticardiolipin antibodies – IgG
- Anticardiolipin antibodies – IgM
- Anticardiolipin antibodies – IgG and IgM
- Anti-liver kidney microsomal antibodies (Anti-LKM), method: IIF
- Anti-tGT (anti-tissue transglutaminase) IgA antibodies, method: ELISA
- Anti-tGT (anti-tissue transglutaminase) IgG antibodies, method: ELISA
- Anti-beta-2-glycoprotein I IGG antibodies
- Anti-beta-2-glycoprotein I IGM antibodies
- Anti-beta-2-glycoprotein IgG and IgM antibodies (total)
- Anti-CCP antibodies
- IgA antibodies to endomysium and gliadin (total), method: IIF
- IgG antibodies to endomysium and gliadin (total), method: IIF
- IgA and IgG antibodies to endomysium and gliadin (total), method: IIF
- Anti-phosphatidylinositol IgG antibodies
- Anti-phosphatidylinositol IgM antibodies
- Antibodies to adrenal cortex
- Anti-prothrombin IgG antibodies
- Anti-prothrombin IgM antibodies
- Anti-tGT (anti-tissue transglutaminase) IgG and IgA antibodies, method: ELISA
- Antibodies to pancreatic islets, pancreatic exocrine cells and goblet cells in intestines, method: IIF
- Coxackie antibodies
- Chlamydia pneumoniae IgA antibodies
- Chlamydia pneumoniae IgG antibodies
- Chlamydia pneumoniae IgM antibodies
- Antibodies to Castle's intrinsic factor and anti-parietal cell antibodies (APCA), method: IIF
- Antibodies to double-stranded / native DNA – dsDNA (nDNA)
- Endomysium IgA antibodies – EmA IgA
- Endomysium IgG antibodies – EmA IgG
- Endomysium IgG, IgA antibodies – EmA
- Anti-gliadin IgG and IgA (AGA) antibodies (total), method: IIF
- IgA anti-gliadin antibodies – AGA
- IgG anti-gliadin antibodies – AGA
- Anti-nuclear and anti-cytoplasmic antibodies (ANA1), screening, method: IIF
- Antibodies to myocardial cells (HMA)
- Anti-parietal cell antibodies (APCA), method: IIF
- Anti-smooth muscle antibodies (ASMA)
- Anti-mitochondrial antibodies (AMA)
- Anti-mitochondrial antibodies (AMA) type M2
- Yersinia enterocolitica antibodies – IgG
- Yersinia enterocolitica antibodies – IgG, IgM, IgA (total)
- Yersinia enterocolitica antibodies – IgM
- Liver panel antibodies – (anti-LKM, anti-LSP, anti-SLA), method: IIF
- Full liver panel antibodies (ANA2, AMA, ASMA, anti-LKM, anti-LSP, anti-SLA), method: IIF, DID
- Antibodies to acetylcholine receptors (AChR-Ab)
- Antibodies to TSH receptors (TRAb)
- Anti-nuclear (including histone, Ku, rib-P-Protein) antibodies (ANA3), method: Western blot
- Anti-nuclear and anti-cytoplasmic antibodies (ANA2), method: IIF, DID
- Pertussis – IgA
- Pertussis – IgG
- Pertussis – IgM
- Listeriosis – qualitative
- Parvovirus B19 – IgG and IgM
- PCR HSV – herpes, qualitative
- Pneumocystosis IgG – quantitatively
- Pneumocystosis IgM – quantitatively
- Toxoplasmosis – IgG avidity test
- Toxocariasis IgG (semi-quantitative)
- Mumps – IgG
- Mumps – IgM
- SLE – semi-quantitative
- Syphilis serology – FTA – ABS confirmatory test
- Antibodies to dsDNA method: IIF
- Bile duct antibodies, method: IIF
- Anti-liver cytosol antibodies Type 1 (anti-LC1), method: Western blot
- Anti-reticulin antibodies (ARA) IgA, method: IIF
- Anti-reticulin antibodies (ARA) IgG, method: IIF



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- Anti-reticulin antibodies (ARA) IgA and IgG (total), method: IIF
- Anti-phosphatidylserine IgG antibodies
- Anti-phosphatidylserine IgM antibodies
- Antibodies to ovary antigen, method: IIF
- Antibodies against striated muscles, method: IIF
- Anti-glomerular basement membrane (GBM) antibodies and anti-alveolar basement membrane (ABM) antibodies, method: IIF
- Intestinal panel (antibodies to pancreatic exocrine cells and goblet cells in intestines, ASCA, ANCA), method: IIF

Urine tests with taking test samples (urine):

- Urine – general analysis
- Vanillylmandelic acid (VMA) in urine
- Urine protein
- Total protein / 24-hour urine collection
- Phosphorus in urine
- Phosphorus in urine / 24-hour urine collection
- Creatinine in urine
- Creatinine – urine / 24-hour urine collection
- Uric acid in urine / 24-hour urine collection
- Uric acid in urine
- Magnesium / Mg in urine
- Magnesium / Mg / 24-hour urine collection
- Urea/blood urea nitrogen, BUN in urine / 24-hour urine collection
- Urea/blood urea nitrogen, BUN in urine
- Sodium/Na in urine
- 17 - ketosteroids in 24-hour urine collection

- Anti-Saccharomyces cerevisiae antibodies (ASCA) IgG, method: IIF
- Antibodies to pemphigus and pemphigoid, method: IIF
- Hemochromatosis, method: PCR
- Antibodies to Ascaris lumbricoides, IgG
- Anti-endomysial, anti-reticulin and anti-gliadin antibodies, IgA+IgG
- Anti-endomysial, anti-reticulin and anti-gliadin antibodies, IgG
- Anti-endomysial and anti-reticulin IgA antibodies
- Anti-endomysial and anti-reticulin IgG antibodies
- EBV, method: Quantitative PCR

- Sodium/Na in urine / 24-hour urine collection
- Calcium in urine
- Calcium/Ca in urine / 24-hour urine collection
- Delta - aminolevulinic acid (ALA)
- Delta - aminolevulinic acid (ALA) in 24-hour urine collection
- Potassium (K) — urine
- Potassium (K) — urine/ 24-hour urine collection
- Catecholamines (noradrenaline, adrenaline) in 24-hour urine collection
- Cortisol in 24-hour urine collection
- Metoxycatecholamines in 24-hour urine collection
- Lead/Pb in urine
- Albumin in 24-hour urine collection
- Albumin / Albumins
- Aldosterone in 24-hour urine collection
- Amylase in urine
- Bence–Jones protein in urine
- Chlorides / Cl in urine

- EBV, method: Qualitative PCR
- Mycoplasma pneumoniae, method: Qualitative PCR
- Ureaplasma urealyticum, method: Qualitative PCR
- Tick-borne encephalitis IgM antibodies
- Trichinosis, IgG
- Toxoplasma gondii, method: Qualitative PCR
- Glutamic acid decarboxylase (anti-GAD) antibodies
- Tyrosine phosphatase (IA2) antibodies

- Chlorides / Cl in urine / 24-hour urine collection
- Glucose – 24-hour urine collection
- Urine glucose and ketones
- Cadmium in blood
- Coproporphyrins in urine
- 5-Hydroxyindoleacetic acid in 24-hour urine collection (5 – HIAA)
- Hippuric acid in urine / 24-hour urine collection
- Albumin/creatinine ratio in urine (ACR) (former microalbuminuria in urine)
- Mercury/Hg in urine
- Kappa light chains in urine
- Lambda light chains in urine
- Bence–Jones protein in urine
- Oxalates in urine
- 17 – hydroxycorticosteroids in 24-hour urine collection
- Chemical composition of renal calculus
- D-Pyrilinks (bone resorption marker)

Bacteriological tests with taking smear (the service does not include tests performed using molecular biology techniques):

- Urine culture
- General faeces culture
- Pharyngeal / tonsil swab – aerobic culture
- Oral cavity swab — aerobic culture
- Ear swab – anaerobic culture
- Ear swab – aerobic culture
- Eye swab – aerobic culture
- Nasal swab
- Nasal swab – aerobic culture
- Nasopharyngeal swab – anaerobic culture
- Nasopharyngeal swab – aerobic culture
- Anal and vaginal swab culture for Streptococcus GBS
- Vaginal swab – anaerobic culture
- Vaginal swab – aerobic culture
- Culture for GC (GNC) Vaginal swab
- Wound swab
- Wound swab – anaerobic culture
- Stool culture for SS
- Vaginal microbiological test (vaginal biocenosis)
- Semen culture — aerobic
- Sputum culture
- Endocervical swab
- Endocervical smear – anaerobic culture
- Culture for GC (GNC) Endocervical swab
- Stool culture for Pathogenic E. Coli in children up to 2 years
- Stool culture for Yersinia enterocolitica
- Urethral swab
- Urethral swab – anaerobic culture
- Culture of human milk from left breast – aerobic
- Culture of human milk from right breast – aerobic
- Abscess content culture
- Abscess content – anaerobic culture
- Urethral swab for GC (GNC) culture
- Left ear seton – aerobic culture
- Right ear seton – aerobic culture
- Breast discharge – aerobic culture
- Foreskin swab – aerobic culture
- Furuncle swab
- Gingival swab – aerobic culture
- Tongue swab – aerobic culture
- Laryngeal swab – aerobic culture
- Laryngeal swab for Pneumocystis carini
- Anal swab – aerobic culture
- Anal swab culture for SS



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- Ulceration swab – aerobic culture
- Umbilical swab – aerobic culture
- Penile swab – aerobic culture
- Vulvar swab – aerobic culture
- Skin lesion swab – aerobic culture
- Chlamydia pneumoniae antigen, method: IIF swab
- Chlamydia pneumoniae antigen, method: IIF swab – other material
- Chlamydia pneumoniae antigen, method: IIF – Throat swab

Faecal tests with taking test samples:

- Stool analysis
- Faeces analysis for parasites, 1 assay
- Faecal occult blood (FOB)

Cytology tests with taking test samples:

- Standard* Pap smear

Mycological tests with taking smear (the service does not include tests performed using molecular biology techniques):

- Mycological examination – toenail fungal culture
- Mycological examination – fingernail fungal culture
- Mycological examination – hair fungal culture
- Mycological examination – skin fungal culture
- Mycological examination – skin scraping fungal culture
- Stool culture for yeast-like fungi
- Urine culture for yeast-like fungi
- Sputum culture for yeast-like fungi
- Abscess content culture for yeast-like fungi
- Secretion culture for yeast-like fungi
- Swab culture for yeast-like fungi
- Urethral swab culture for yeast-like fungi
- Pharyngeal / tonsil swab culture for yeast-like fungi

Toxicological tests with taking test samples (blood):

- Digoxin
- Lead
- Carbamazepine
- Valproic acid
- Bile acids
- Lithium
- Toxicological test – methemoglobin quantitative

Quick strip tests with taking test samples (blood):

- CRP – strip test
- Cholesterol strip test
- Glucose meter test
- Troponin – strip test

Diagnostic imaging:

ECG examinations:

- Resting ECG
- Stress test
- Stress test Exercise ECG using an cycloergometer
- Mounting of a standard* Holter ECG monitor (for 24h) in an office
- Mounting Holter ECG monitor with 12 leads (for 24h)

X-ray (medium conforming with the standard applicable in a given clinic):

- Cranial X-ray orbits
- X-ray of orbits + lateral (2 views)
- Cranial X-ray PA + lateral
- Cranial X-ray PA + lateral + base
- Cranial X-ray, base
- Cranial X-ray, semi-axial by Orley
- Cranial X-ray, sella turcica
- Cranial X-ray, tangential
- Cranial X-ray, cranial nerve canals

- Chlamydia pneumoniae PCR swab
- Chlamydia trachomatis antigen, method: IIF swab – other material
- Chlamydia trachomatis antigen, method: IIF – urethral swab
- Chlamydia trachomatis antigen, method: IIF – Endocervical swab
- Chlamydia trachomatis, method: PCR – qualitative method (vaginal swab, urethral swab or urine)
- Eosilophils in nasal swab

- Faecal analysis for rota- and adenovirus
- Faecal ELISA analysis for lamblia
- Helicobacter pylori – faecal antigen

- Standard* nasal mucosa cytological test

- Endocervical smear, culture for yeast-like fungi
- Nasal swab culture for yeast-like fungi
- Nasopharyngeal swab – culture for yeast-like fungi
- eye swab culture for yeast-like fungi;
- Vaginal swab culture for yeast-like fungi
- Wound smear culture for yeast-like fungi
- Ear swab culture for yeast-like fungi
- Oral swab – culture for yeast-like fungi
- Mycological examination – hand epidermis fungal culture – scrapings
- Mycological examination – foot epidermis fungal culture – scrapings

- Mycoplasma hominis and Ureaplasma urealiticum urethral swab
- Mycoplasma hominis and Ureaplasma urealiticum endocervical swab
- Synovial fluid – cytology
- Synovial fluid – general analysis
- Liquid from sinuses – aerobic culture
- Pinworms – anal swab

- Stool analysis Clostridium difficile – GDH antigen and A / B toxin

- Mycological examination – fungal culture – hairy head skin – scraping
- Sement culture for yeast-like fungi
- Foreskin swab – culture for yeast-like fungi
- Gingival swab culture for yeast-like fungi
- Tongue swab culture for yeast-like fungi
- Laryngeal swab culture for yeast-like fungi
- Anal area swab – culture for fungi
- Ulceration swab – culture for fungi
- Penile swab culture for yeast-like fungi
- Vulvar swab – culture for yeast-like fungi
- Skin lesion swab – culture for fungi

- Phenytoin, quantitative
- Ciclosporin A, quantitative

- Pharyngeal swab for Streptococcus a. quick test

- Mounting Holter RR (for 24h) device in an office



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- Splanchnocranium X-ray
 - Abdominal X-ray, other
 - Abdominal X-ray, supine
 - Abdominal X-ray, erect
 - Chest X-ray
 - Chest X-ray – X-ray tomography
 - Chest X-ray + lateral
 - Chest X-ray, lateral with barite
 - Chest X-ray, other
 - Chest X-ray PA + lateral with barium
 - X-ray of chest, thyroid, trachea
 - Sacrococcygeal X-ray
 - Lateral nasal X-ray
 - Lower leg X-ray, AP + lateral
 - Lower leg X-ray, AP + bilateral lateral
 - Upper leg and lower leg X-ray
 - Femoral bone X-ray, AP + left lateral
 - Femoral bone X-ray, AP + right, lateral
 - Shoulder X-ray, axial
 - Shoulder X-ray, bilateral axial
 - Shoulder X-ray, AP + lateral
 - Shoulder X-ray: AP + bilateral – comparative image
 - Shoulder X-ray, AP
 - Shoulder X-ray, AP, both – comparative image
 - Forearm X-ray, AP + lateral
 - Bilateral forearm X-ray, AP + lateral
 - Elbow/forearm X-ray, AP + lateral
 - Elbow/forearm X-ray, AP + lateral, bilateral
 - X-ray of temporal bones, transorbital
 - X-ray of temporal bones by Schuller/Stevers
 - Temporal bone pyramid X-ray, transorbital
 - Hand X-ray, lateral
 - Hand X-ray, PA
 - Hand X-ray PA, bilateral
 - Finger(s) X-ray, PA + lateral/oblique
 - Finger(s) X-ray, PA + lateral/oblique bilateral
 - Scaphoid X-ray
 - Foot X-ray, AP + lateral/oblique
- Ultrasound examinations:**
- Abdominal ultrasound
 - Urinary tract ultrasound
 - Breast ultrasound
 - Thyroid ultrasound
 - Transabdominal prostate ultrasound
 - Transvaginal gynaecological ultrasound
 - Transabdominal gynaecological ultrasound
 - Testicular ultrasound
 - Salivary gland ultrasound
 - Transrectal prostate ultrasound
 - Foot X-ray, AP + lateral/oblique, erect
 - Foot X-ray, AP + lateral/oblique bilateral
 - Foot X-ray, AP + lateral/oblique bilateral, erect
 - Foot X-ray, AP (comparative)
 - Metatarsal X-ray
 - Toe(s) X-ray, AP + lateral/oblique
 - Heel X-ray + axial
 - Heel X-ray, lateral
 - Lumbar X-ray: AP + lateral
 - X-ray of lumbar spine, AP + lateral + oblique
 - X-ray of lumbar spine, lateral
 - X-ray of lumbosacral spine, oblique
 - X-ray of lumbosacral spine AP + lateral
 - Lumbar functional X-ray
 - Thoracic X-ray
 - Thoracic X-ray AP + lateral
 - Thoracic X-ray, AP + lateral + oblique
 - Thoracic X-ray, lateral
 - Thoracic X-ray, oblique views
 - Cervical X-ray
 - Cervical X-ray, AP + lateral
 - Cervical X-ray, lateral
 - Cervical X-ray, lateral + oblique (3 views)
 - Cervical X-ray, oblique views
 - Cervical functional X-ray
 - Spinal X-ray AP, erect (scoliosis)
 - Spinal X-ray AP, erect + lateral (scoliosis)
 - Scapular X-ray
 - Pelvic and hip joint X-ray
 - X-ray of sternum, AP
 - X-ray sternum / chest lateral
 - Mandibular X-ray
 - Paranasal sinus X-ray
 - Rib X-ray (unilateral), 2 oblique views
 - Wrist X-ray, lateral
 - X-ray of both wrists, lateral
 - Wrist X-ray, PA + lateral
 - Wrist X-ray, PA + bilateral lateral
 - Hand X-ray, PA + oblique
 - Hand X-ray, PA + oblique, bilateral
 - Wrist/hand X-ray, PA + lateral/oblique left
 - Wrist/hand X-ray, PA + lateral/oblique right
 - Wrist/hand X-ray, PA + lateral/oblique bilateral
 - Wrist/hand X-ray, PA + lateral/oblique bilateral
 - X-ray of both patellae axial
 - Bilateral patellar X-ray, axial in 2 positions
 - Bilateral patellar X-ray, axial in 3 positions
 - X-ray of sacroiliac joints – PA
 - X-ray of sacroiliac joints – oblique
 - Hip joint X-ray, AP
 - Bilateral hip joint X-ray, AP
 - Hip joint X-ray, axial
 - Knee joint X-ray, AP + lateral
 - Knee joint X-ray, AP + bilateral lateral
 - Knee joint X-ray, AP + bilateral lateral, erect
 - Knee joint X-ray, lateral
 - Elbow joint X-ray
 - Ankle joint X-ray, AP + lateral
 - Ankle joint X-ray, AP + lateral bilateral
 - Temporomandibular joint functional X-ray
 - Urography (with standard contrast agents)
 - X-ray of nasopharynx
 - Shoulder X-ray (transthoracic)
 - Shoulder X-ray, AP + axial
 - Clavicular X-ray
 - Large intestine X-ray – rectal enema (with standard contrast agents)
 - Chest X-ray – X-ray tomography
 - Larynx X-ray – tomography
 - X-ray, small intestine passage (with standard contrast agents)
 - Esophagus, stomach and duodenum X-ray (with standard contrast agents)
 - X-ray teleradiogram – digital cephalometry
 - Ultrasound/Doppler ultrasound of hepatic vessels (assessment of hepatic portal circulation)
 - Ultrasound/Doppler ultrasound of renal arteries
 - Ultrasound/Doppler ultrasound of intracranial arteries
 - Hip joints ultrasound – for children
 - hip joint ultrasound + orthopaedic consultation (up to 1 year of age)
 - Hip joint ultrasound
 - Knee joint ultrasound
 - Elbow joint ultrasound
 - Ultrasound / Doppler ultrasound of carotid arteries and vertebral arteries
 - Ultrasound / Doppler ultrasound of lower limb arteries
 - Ultrasound/Doppler ultrasound of upper limb arteries
 - Ultrasound/Doppler ultrasound of lower limb veins
 - Ultrasound/Doppler ultrasound of upper limb veins
 - Ultrasound/Doppler ultrasound of the abdominal aorta and pelvic arteries



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- Ankle joint ultrasound
- Shoulder ultrasound
- Subcutaneous tissue ultrasound (lipomas, fibromas, etc.)
- Post-traumatic muscle haematoma ultrasound
- Lymph node ultrasound
- laryngeal ultrasound;
- Wrist ultrasound

Endoscopic examinations with endoscopic biopsy specimen sampling:

- Anoscopy
- Gastroscopy (with urease test)
- Rectoscopy

Magnetic resonance imaging with standard contrast agents:

- MR – magnetic resonance of head
- MR – magnetic resonance, angiography head
- MR – magnetic resonance head + angiography
- MR – magnetic resonance, head and pituitary gland
- MR – magnetic resonance, splanchnocranium
- MR – magnetic resonance of abdomen
- MR – magnetic resonance of small pelvis
- MR – magnetic resonance of bone pelvis
- MR – magnetic resonance of abdomen and small pelvis;
- MR – magnetic resonance of thorax
- MR – magnetic resonance of lumbar spine
- MR – magnetic resonance of thoracic spine
- MR – magnetic resonance of cervical spine
- MR – magnetic resonance of orbits
- MR – magnetic resonance of sinuses
- MR – magnetic resonance of pituitary gland
- MR – magnetic resonance of shoulder joint

Computer tomography with standard contrast agents:

- CT – computed tomography of head
- CT – computed tomography of facial skeleton
- CT – computed tomography of pituitary gland
- CT – computed tomography of sinuses
- CT – computed tomography of orbits
- CT – computed tomography of temporal bones
- CT – computed tomography of neck
- CT – computed tomography of larynx
- CT – computed tomography of thorax
- CT – low – dose computed tomography of thorax
- CT – computed tomography of thorax (HRCT)

- Ultrasound of ligaments, muscles, small joints
- Ultrasound of metatarsal
- Ultrasound of the plantar aponeurosis
- Finger and metacarpophalangeal joint ultrasound
- Achilles tendon ultrasound
- Urinary tract ultrasound + TRUS
- Trans-fontanelle ultrasound

- Sigmoidoscopy
- Colonoscopy

- MR – magnetic resonance of elbow joint
- MR – magnetic resonance of knee joint
- MR – magnetic resonance of wrist
- MR – magnetic resonance of ankle joint
- MR – magnetic resonance of hip joint
- MR – magnetic resonance of sacroiliac joints
- MR – magnetic resonance of foot
- MR – magnetic resonance of lower leg
- MR – magnetic resonance of upper leg
- MR – magnetic resonance of forearm
- MR – magnetic resonance of arm
- MR – magnetic resonance of hand
- MR – magnetic resonance of neck
- MR – magnetic resonance – arteriography of lower limb arteries
- MR – magnetic resonance – heart examination with quantitative assessment of systolic function, viability, perfusion at rest and viability assessment
- MR – magnetic resonance – Cholangiography MR
- MR – magnetic resonance – Mammography MR
- MR – magnetic resonance – heart morphological examination with

- CT – computed tomography of abdomen
- CT – computed tomography, abdomen (3 phases)
- CT – computed tomography of small pelvis
- CT – computed tomography of abdomen and small pelvis
- CT – computed tomography of bone pelvis
- CT – computed tomography of thorax and abdomen
- CT – computed tomography of thorax, abdomen, small pelvis
- CT – computed tomography of neck, thorax, abdomen, small pelvis

- Echocardiography – cardiac ultrasound
- Ultrasound of eyeballs and orbits
- Obstetric ultrasound – extended examination (4 D)
- Ultrasound of pleura
- Echocardiography – cardiac ultrasound (foetal)

- Histopathological examination – endoscopy biopsy material
- Laryngological endoscopy

- quantitative assessment of systolic function and viability assessment
- MR – magnetic resonance – heart examination with quantitative assessment of systolic function
- MR – magnetic resonance – heart examination with quantitative assessment of blood flow
- MR – magnetic resonance, angiography of the great vessels of the chest
- MR – magnetic resonance, arteriography of renal arteries
- MR – magnetic resonance of abdomen and cholangiography
- MR arthrography of wrist MR – magnetic resonance of adrenal glands
- MR – magnetic resonance of fetus
- MR – magnetic resonance of joint with colorful cartilage imaging
- MR arthrography of shoulder joint
- MR arthrography of knee joint
- MR arthrography of elbow joint
- MR arthrography of ankle joint
- MR – magnetic resonance; Urography

- CT – computed tomography of cervical spine
- CT – computed tomography of thoracic spine
- CT – computed tomography of lumbar spine
- CT – computed tomography, lumbar + sacral spine
- CT – computed tomography of cervical + lumbar spine
- CT – computed tomography of cervical + thoracic spine
- CT – computed tomography of cervical + thoracic + lumbar spine
- CT – computed tomography of thoracic + lumbar spine
- CT – computed tomography of hip joint



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- CT – computed tomography of knee joint
 - CT – computed tomography of ankle joint
 - CT – computed tomography of wrist
 - CT – computed tomography of shoulder joint
 - CT – computed tomography of elbow joint
 - CT – computed tomography of foot
 - CT – computed tomography of upper leg
 - CT – computed tomography of lower leg
 - CT – computed tomography of arm
 - CT – computed tomography of forearm
 - CT – computed tomography of hand
 - CT – computed tomography – Angio of abdominal aorta
- EEG examinations:**
- Standard* EEG
- EMG examinations:**
- EMG – electromyography – carpal tunnel syndrome
 - EMG – electromyography – quantitative assessment of the muscle
 - EMG – electromyography – motor neuron disease / amyotrophic lateral sclerosis (MND / SLA)
- Electroneurographic examinations:**
- Electroneurography (ENG) – sensory nerve
- Scintigraphy:**
- Scintigraphy – bones
 - Scintigraphy – kidneys (Renoscintigraphy)
- Other diagnostic tests and examinations:**
- Spirometry without medication
 - Spirometry – diastolic test
 - Standard audiometry*
 - Standard audiometry – supraliminal audiometry
 - Standard audiometry – verbal audiometry
 - Tympanometry
 - Lumbar spine densitometry (trabecular bone assessment) – screening
 - Densitometry femoral collum (cortical bone assessment) – screening
 - Uroflowmetric examination
 - Colposcopy
 - Mammography
- CT – computed tomography – Angio of the head – examination of veins and sinuses of the brain
 - CT – computed tomography – Angio of the head – arteries
 - CT – computed tomography – Angio of thoracic aorta
 - CT – computed tomography – Angio of the abdomen and small pelvis
 - CT – computed tomography – Angio of thorax
 - CT – computed tomography – Angio of lower limbs
 - CT – computed tomography – Angio of upper limb
 - CT – computed tomography – Angio of epigastrium
 - CT – computed tomography – Angio of lesser pelvis arteries
- Standard* EEG (children)
- EMG – electromyography – facial nerve
 - EMG – electromyography – non-traumatic nerve injury
 - EMG – electromyography – assessment of muscle function at rest
 - EMG – electromyography – polyneuropathy/myopathy
- Electroneurography (ENG) – motor nerve (long)
- Scintigraphy – heart – exercise
 - Scintigraphy – heart – at rest
 - Scintigraphy – thyroid gland
- Mammography – targeted image
 - Computerised visual field test
 - Dark adaptation test
 - Pachymetry
 - GDx examination
 - OCT examination – both eyes
 - OCT examination – one eye
 - Vibratory perception
 - Labyrinth test
 - Cold provocation test
 - Cold provocation test with skin thermometry and compression test
 - Fluorescein angiography
 - Anomaloscope test
 - ABR – differential diagnostics
- CT – computed tomography – Angio of carotid arteries
 - CT – computed tomography – Bronchography CT
 - CT – computed tomography – Colonography
 - CT – computed tomography – coronary vessels – arteries
 - CT arthrography of wrist
 - CT – arthrography of shoulder joint
 - CT arthrography of knee joint
 - CT arthrography of elbow joint
 - CT arthrography of ankle joint
 - CT – computed tomography of jaw, mandible – dental examination (implantology)
- EMG – electromyography – traumatic nerve injury
 - EMG – electromyography – ischemic (tetany) test
 - EMG – electromyography – myasthenia test
 - EMG – electromyography – plexus injury
- Electroneurography (ENG) – motor nerve (short sections)
- ABR – latencies
 - Impedance audiometry – with tympanometry and stapedial muscle reflex evaluation (IA)
 - Audiometric test – Characteristics of tinnitus
 - Audiometric test – determination of Uncomfortable Listening Level (UCL)
 - Audiometric test – whisper test
 - Otoacoustic emission
 - Electronystagmography (ENG)
 - Tilt Test
 - Videonystagmography (VNG)

Note:

As technology advances, the names or methods of specific diagnostic tests may be subject to change, which shall not limit the scope of services provided in this agreement. If as a result of the application of a new method, the above scope of services is extended, then the services resulting from the scope extensions shall not be covered by the scope of the package. Examination results are stored on a medium conforming with the standard applicable in a given facility. Unless stated otherwise, CT, MRI and ultrasound diagnostic imaging includes a 2D image with no additional options (including extended genetic ultrasound).



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Laboratory and imaging diagnostics - diagnostics prior surgical procedure

This includes the following laboratory and imaging diagnostic tests performed in outpatient Medical Facilities indicated by LUX MED. The number of performed tests is unlimited, however all diagnostic tests and examinations available within the service are performed following referrals issued by Physicians from outpatient Medical Facilities indicated by LUX MED, for the Patient's elective surgery. In order to obtain appropriate referrals, the Patient should submit documentation to a Physician from the outpatient Medical Facility indicated by LUX MED, stating that the elective surgery will be performed, in the form of a referral from the hospital (in which the surgery will be performed) or medical records relating to the elective surgery.

Laboratory diagnostics:

Blood tests with sample (blood) collection:

- APTT - qualification for a surgical procedure
- Fasting glucose - qualification for a surgical procedure
- Blood group - qualification for a surgical procedure
- HBs AG /antigen - qualification for a surgical procedure
- HBs Ab / antibodies - qualification for a surgical procedure
- HCV Ab / antibodies - qualification for a surgical procedure
- HIV I/HIV II - qualification for a surgical procedure
- INR / Prothrombin time / Quick - qualification for a surgical procedure
- Creatinine - qualification for a surgical procedure
- Blood count + platelet count + automated smear - qualification for a surgical procedure
- Potassium (K) - qualification for a surgical procedure
- Sodium (Na) - qualification for a surgical procedure

Urine tests with sample (urine) collection:

- Urine – general analysis - qualification for a surgical procedure

Diagnostic imaging:

ECG examinations:

- Resting ECG - qualification for a surgical procedure

X-ray:

- Chest X-ray - qualification for a surgical procedure

Note:

As technology advances, the names or methods of specific diagnostic tests may be subject to change, which shall not limit the scope of services provided in this agreement. If as a result of the application of a new method, the above scope of services is extended, then the services resulting from the scope extensions shall not be covered by the scope of the package. The Physician from that Facility may order additional tests outside the scope of these services. In such a case the tests will be performed according to the price list in that Facility. In the case of justified doubts the Physician shall have the right to refuse to issue referrals for tests. Examination results are stored on a medium conforming with the standard applicable in a given facility. Unless stated otherwise, the service does not include strip tests.

Allergy tests – option III

The service includes allergy skin tests, patch tests or contact tests and blood allergy tests. The tests are ordered by a physician from an outpatient Medical Facility indicated by LUX MED, in the following scope:

- ✓ Allergist consultation – qualification for tests
- ✓ **Allergy skin tests** – skin prick tests with a product for allergy tests:
 - skin allergy tests – 1 spot
 - skin allergy tests – food allergy panel
 - skin allergy tests – inhaled allergens panel
- ✓ **Patch/contact tests** – patch tests with a product for allergy tests:
 - Patch/contact tests – 1 spot
 - Patch/contact tests – hairdresser panel
 - Patch/contact tests – cosmetic panel
 - Patch/contact tests – crural ulceration panel
 - Patch/contact tests – basic panel
- ✓ **Allergy blood tests** with taking test samples (blood):
 - IGE SP. Acarus Siro D70 (in dust)
 - IGE SP. Alternaria Tenuis M6
 - IGE SP. Amoxicillin C204
 - IGE SP. Aspergillus Fumigatus M3
 - IGE SP. Ribwort plantain W9
 - IGE SP. Banana F92
 - IGE SP. Egg white F1
 - IGE SP. Silver birch T3
 - IGE SP. Mugwort W6
 - IGE SP. Candida Albicans M5
 - IGE SP. Onion F48
 - IGE SP. Chironimus Plumosus 173
 - IGE SP. Weeds – blend: mugwort (W6), stinging nettle (W20), European goldenrod (W12), ribwort plantain (W9), Chenopodium album (W10)
 - IGE SP. Cladosporium Herbarum M2
 - IGE SP. Chocolate F105
 - IGE SP. Cod F3
 - IGE SP. Brewer's yeast F403
 - IGE SP. Trees – blend: alder (T2), birch (T3), hazel (T4), oak (T7), willow (T12)
 - IGE SP. Bean F15
 - IGE SP. FP5 – food blend (paediatric): cod (F3), egg white (F1), peanut (F13), cow's milk (F2), soy (F14), wheat flour (F4)
 - IGE SP. Human ascaris P1
 - IGE SP. Gluten (gliadin) F79



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- IGE SP. GP4 – late grass blend: sweet vernal grass (G1), perennial rye grass (G5), timothy grass (G6), common reed grass (G7), rye (G12), yorkshire fog (G13)
- IGE SP. Pea F12
- IGE SP. Pear F94
- IGE SP. Buckwheat F11
- IGE SP. Turkey F284
- IGE SP. Apple F49
- IGE SP. Vespula wasp venom SP.I3
- IGE SP. Bee venom I1
- IGE SP. European hornet venom I5
- IGE SP. Lamb (mutton) F88
- IGE SP. Whole egg F245
- IGE SP. Barley F6
- IGE SP. Cocoa F93
- IGE SP. Cockroach – German cockroach I6
- IGE SP. Coffee F221
- IGE SP. Casein F78
- IGE SP. Kiwi fruit F84
- IGE SP. Mosquito I71
- IGE SP. Chenopodium album W10
- IGE SP. Dill 277
- IGE SP. Meadow fescue G4
- IGE SP. Orchard grass G3
- IGE SP. Maize F8
- IGE SP. Chicken F83
- IGE SP. Dust – blend (Bencard)
- IGE SP. Latex K82
- IGE SP. Lepidoglyphus destructor D71
- IGE SP. Common hazel T4
- IGE SP. Carrot F31
- Specific IgE – epidermis blend EP1: dog (E5), cat (E1), horse (E3), cow (E4)
- Specific IgE – mould blend MP1: Alternaria tenuis (M6), Penicillium notatum (M1), Cladosporium herbarum (M2), Aspergillus fumigatus (M3), Candida albicans (M5)
- IGE SP. Cow's milk – Beta-lactoglobulin F77
- IGE SP. Cow's milk F2
- IGE SP. Cow's milk – alpha-lactalbumin F76
- IGE SP. Mucor racemosus M4
- IGE SP. Mustard F89
- IGE SP. Hamster epidermis E84
- IGE SP. Rabbit epidermis E82
- IGE SP. Sheep epidermis E81
- IGE SP. Guinea pig epidermis E6
- IGE SP. Pigeon droppings E7
- IGE SP. Cucumber F244
- IGE SP. Alder T2
- IGE SP. Hazelnut F17
- IGE SP. Walnut F256
- IGE SP. Peanut F13
- IGE SP. Oat F7
- IGE SP. Inhalant panel
- IGE SP. Mixed panel
- IGE SP. Food panel
- IGE SP. Penicillium notatum M1
- IGE SP. Black pepper F280
- IGE SP. Feather blend EP71: duck feathers (E86), goose feathers (E70), hen feathers, turkey feathers
- IGE SP. Feathers (goose) E70
- IGE SP. Parsley F86
- IGE SP. Duck feathers E86
- IGE SP. Canary feathers E201
- IGE SP. Budgerigar feathers E78
- IGE SP. Orange F33
- IGE SP. Tomato F25
- IGE SP. Wheat F4
- IGE SP. Rye pollen G12
- IGE SP. Mite Dermatophag Pteronys. D1
- IGE SP. Mite Dermatophag Farinae D2
- IGE SP. Rice F9
- IGE SP. Celery F85
- IGE SP. Cheddar cheese F81
- IGE SP. Horse hair E3
- IGE SP. Cat fur E1
- IGE SP. Dog coat E2
- IGE SP. Soy F14
- IGE SP. Poplar T14
- IGE SP. Grasses – blend GP1 (orchard grass G3, meadow fescue G4, perennial rye grass G5, timothy grass G6, Kentucky bluegrass G8)
- IGE SP. Strawberry F44
- IGE SP. Tuna F40
- IGE SP. Timothy G6
- IGE SP. Tyrophagus putrescentiae
- IGE SP. Pork F26
- IGE SP. Willow T12
- IGE SP. Beef F27
- IGE SP. Potato F35
- IGE SP. Egg yolk F75
- IGE SP. Rye F5
- IGE SP. – blend FP2 – fish, crustacean, seafood: cod (F3), shrimp (F24), salmon (F41), mussel (F37), tuna (F40)

Note:

As technology advances, the names or methods of specific diagnostic tests may be subject to change, which shall not limit the scope of services provided in this agreement. If as a result of the application of a new method, the above scope of services is extended, then the services resulting from the scope extensions shall not be covered by the scope of the package.

Preventive health check – option I

Preventive health check – option I is an annual (available once during a 12-month term of the agreement) health check, depending on the age and sex of the Patient, including a range of examinations and consultations for the Patient over 18 years of age. The health check starts with an internist visit when medical history is taken and referrals for examinations (according to the indications). The health check concludes with an internist consultation, during which the Patient obtains information on their health status and further recommendations.

The scope of the check for women includes:

- ✓ Internist consultation — medical history
- ✓ Gynaecological consultation
- ✓ Ophthalmological consultation
- ✓ Laboratory tests:
 - Urine – general analysis
 - faecal occult blood (FOB);
 - Blood count + platelet count + automated smear
 - ESR
 - Fasting glucose
 - TSH / hTSH
 - Lipid profile (CHOL, HDL, LDL, TG)
 - GPT/ALT transaminase
 - Standard* Pap smear
- ✓ Imaging examinations:



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- Transabdominal gynaecological ultrasound or transvaginal ultrasound
- ✓ Functional examinations:
- Resting ECG
- ✓ Internist consultation — closing consultation
- Breast ultrasound and Mammography - women, depending on medical indications ;
- PA chest X-ray - depending on medical indications
- Abdominal ultrasound

The scope of the check for men includes:

- ✓ Internist consultation — medical history
- ✓ Ophthalmological consultation
- ✓ urological consultation;
- ✓ Laboratory tests:
 - Urine – general analysis
 - faecal occult blood (FOB);
 - Blood count + platelet count + automated smear
 - ESR
 - PSA panel (PSA, FPSA, FPSA / PSA index)
 - TSH / hTSH
 - Fasting glucose
 - Lipid profile (CHOL, HDL, LDL, TG)
 - GPT/ALT transaminase
- ✓ Imaging examinations:
 - PA chest X-ray - depending on medical indications
 - Abdominal ultrasound
- ✓ Functional examinations:
- Resting ECG
- ✓ Internist consultation — closing consultation

Note:

The scheme is available in outpatient Medical Facilities indicated by LUX MED. In order to make an appointment for scheme implementation, the Patient should contact using the on-line form available on <https://www.luxmed.pl/strona-glowna/kontakt/infolinia.html>.

Sports Medicine Programme

Sports Medicine Programme is dedicated to Patients from the age of 6 years, from the age of 8 years or from the age of 18 years which results from the content of this scope. Services covered by Sports Medicine Programme are performed in selected healthcare centers indicated by LUXMED and described on the website www.luxmed.pl/program-medycyny-sportowej-placowki. The scope of services which are available under Sports Medicine Programme in the selected healthcare centers, which are mentioned above and indicated by LUXMED, may vary depending on location.

The programme includes:

Doctor consultations in sports medicine — from the age of 6 years

The service includes unlimited **no-referral** access to doctor consultations within the scope of the following specializations:

- sports medicine specialist
- PTMS-certified specialist

Note:

Consultations in sports medicine which are provided by a sports medicine doctor or/and PTMS-certified (Polish Society of Sports Medicine) specialist are related to sports medicine in the scope of: sports medical examinations which are performed to identify indications and contraindications to playing sport and increased physical activity, health balance of professional athletes, amateur athletes and physically active persons, prevention of trauma resulting from playing sport, specification of a preliminary diagnostic and therapeutic process, disturbances of post-work out regeneration, certificates for sports schools, sports camps. Consultations in sports medicine do not include sports judicial decisions.

Sports judicial decisions — from the age of 6 years

The service includes unlimited no-referral access to sports judicial decisions in the scope of preliminary examinations, periodic examinations and follow-up examinations for disciplines such as motor sports, diving, judo, wrestling, MMA, jujitsu, boxing, taekwondo, kickboxing and other martial sports weightlifting and other disciplines (e.g. team sports such as football, volleyball).

Depending on your sports disciplines and type of examination (preliminary, periodic, follow-up), the following consultations and diagnostic tests are performed every 6 months:

Doctor consultations in the scope of the following specializations:

- laryngology (specifically for: diving)
- neurology (specifically for: taekwondo, boxing, MMA, jujitsu and other martial sports)



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- sports medicine specialist and judicial decisions

Laboratory tests:

- Basic blood tests with sample (blood) collection:
 - Blood count + platelet count + automated smear
 - Glucose / fasting glucose
- Urinalysis with sample (urine) collection:
 - Urine – general analysis

Functional examinations:

- ECG at rest
- Spirometry (specifically for: diving)

Nursing procedures:

- Blood pressure measurement
- Eye acuity -test (near-sighted and far-sighted with Snellen charts)
- Anthropometric measurements
- Dental examinations

Judicial examinations are performed in compliance with standard of sport judicial examinations of LUXMED prepared in accordance with the current guidelines of the Central Institute of Sports Medicine (Centralny Ośrodek Medycyny Sportowej) and in collaboration with Polish Society of Sports Medicine. The scope of tests performed depends on the sports discipline practiced and the time when the tests are performed, according to the guidelines included in the Regulation of the Minister of Health of 22 July 2016 on qualifications of physicians authorized to issue sports judicial decisions to competitors regarding their health condition and the scope and frequency of required medical examinations necessary to obtain these judicial decisions. Judicial decision is made by sports medicine specialist; however, as long as a patient is under the age of 23 years, it can be issued also by a doctor who is certified by Polish Society of Sports Medicine (Polskie Towarzystwo Medycyny Sportowej, PTMS). In the case of an amendment to legal regulations concerning sports jurisprudence, services within the aforementioned scope, including the scope of tests, may change as a result of their adaptation to the generally applicable provisions of the law.

Note:

An athlete participating in sports competition organized by sports associations in compliance with art. 37, section 7 of the Act on Sports dated of 25.06.2010, shall be submitted to general specialist and diagnostic examinations in the scope which is essential to make a judicial decision on health condition ensuring safe participation in sports competition, in particular, participation in trainings or sport competitions. In order to issue a sports judicial decision, the sports medicine specialist, taking into account the patient's individual health condition, may prescribe additional tests exceeding the scope of services described above..

Functional Movement Screen — from the age of 8 years

The service includes unlimited no-referral access to movement quality assessment by a certified physiotherapist, which includes examination of joint mobility, neuromuscular control, local and global stability and quality of proper motor patterns. The assessment is performed in compliance with LUXMED standards for FMS tests.

Cardio Sport Programme — Basic Cardiology Diagnostics — from the age of 18 years

The service includes unlimited no-referral access to the following tests and examinations under the Cardio Sport Programme. The programme is dedicated to active people and enables to perform a preliminary assessment of the risk of heart problems within basic diagnostics.

The following diagnostic tests are performed under the programme:

Body composition analysis

Laboratory tests:

- Blood tests with sample (blood) collection:
 - Blood count + platelet count + automated smear
 - Fasting glucose
 - Creatinine
 - Lipid profile
- Functional examinations:
 - ECG at rest
 - Cardio Sport exercise ECG with discussion of the results obtained, recommendations for the future and a certificate of the physician performing the examination.

Note:



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The programme does not assess all predispositions to sport associated with increased level of exertion and intensity. Cardio Sport exercise ECG is performed when a physician assessing the patient's resting ECG confirms a lack of medical contraindications for the performance of the examination. The programme is completed with a certificate of no cardiology contraindications for amateur sports activity of increased effort. The certificate issued is not an opinion issued within sports medicine examinations.

Physiotherapy - option II

As part of the Physiotherapy option II service, the Patient is entitled to unlimited access to **consultations with a physical therapist**. The service includes: a medical history interview, a functional examination, the physical therapist's advice and procedures necessary to make a diagnosis, adopting an appropriate therapeutic decision and determining the mode of rehabilitation. The service only includes rehabilitation of the locomotor system and it is provided for the following indications (qualification criteria); i.e. it applies to Patients with:

- orthopaedic traumas
- osteoarthritis
- occupational disorders of the motor organ (confirmed by a relevant medical certificate)
- neurological pain syndromes
- muscle tone disorders (refers to neurokinesiological rehabilitation for children up to 18 years of age)
- postural defects (refers to postural defects rehabilitation for children up to 18 years of age)

The procedures are provided on the basis of referrals from physical therapists or Physicians (specialists in the field of orthopaedics, neurology, neurosurgery, rheumatology, rehabilitation medicine, balneology) from an outpatient Medical Facility indicated by LUX MED, specifying the scope and type of rehabilitation procedures, and includes physiotherapy services available at outpatient Medical Facilities indicated by LUX MED. The service is limited and covers performance of a total of the following services within a 12-month term of the agreement: **20 physical therapy procedures and 10 kinesitherapy procedures (including therapeutic massage) and 3 rehabilitation procedures (neurokinesiology or postural defects)** from the following range of physical therapy and kinesitherapy procedures:

- Physical therapy – electrical stimulation of muscle of the lower limb
- Physical therapy – electrical stimulation of muscle of the upper limb
- Physical therapy – phonophoresis lumbar spine
- Physical therapy – phonophoresis thoracic spine
- Physical therapy – phonophoresis cervical spine
- Physical therapy – phonophoresis wrist
- Physical therapy – phonophoresis lower leg
- Physical therapy – phonophoresis forearm
- Physical therapy – phonophoresis arm
- Physical therapy – phonophoresis hand
- Physical therapy – phonophoresis shoulder joint
- Physical therapy – phonophoresis hip joint
- Physical therapy – phonophoresis knee joint
- Physical therapy – phonophoresis elbow joint
- Physical therapy – phonophoresis ankle joint
- Physical therapy – phonophoresis foot
- Physical therapy – phonophoresis upper leg
- Physical therapy – galvanotherapy lumbar spine
- Physical therapy – galvanotherapy thoracic spine
- Physical therapy – galvanotherapy cervical spine
- Physical therapy – galvanisation wrist
- Physical therapy – galvanisation lower leg
- Physical therapy – galvanisation forearm
- Physical therapy – galvanisation arm
- Physical therapy – galvanisation hand
- Physical therapy – galvanisation shoulder joint
- Physical therapy – galvanisation hip joint
- Physical therapy – galvanisation knee joint
- Physical therapy – galvanisation elbow joint
- Physical therapy – galvanisation ankle joint
- Physical therapy – galvanisation foot
- Physical therapy – galvanisation upper leg
- Physical therapy – ionophoresis lumbar spine
- Physical therapy – ionophoresis thoracic spine
- Physical therapy – ionophoresis cervical spine
- Physical therapy – ionophoresis wrist
- Physical therapy – ionophoresis lower leg
- Physical therapy – ionophoresis forearm
- Physical therapy – ionophoresis arm
- Physical therapy – ionophoresis hand
- Physical therapy – ionophoresis shoulder joint
- Physical therapy – ionophoresis hip joint
- Physical therapy – ionophoresis knee joint
- Physical therapy – ionophoresis elbow joint
- Physical therapy – ionophoresis ankle joint
- Physical therapy – ionophoresis foot
- Physical therapy – ionophoresis upper leg
- Physical therapy – ionophoresis elbow joint
- Physical therapy – ionophoresis ankle joint
- Physical therapy – ionophoresis foot
- Physical therapy – ionophoresis upper leg
- Physical therapy – local cryotherapy lumbar spine
- Physical therapy – local cryotherapy thoracic spine
- Physical therapy – local cryotherapy cervical spine
- Physical therapy – local cryotherapy wrist
- Physical therapy – local cryotherapy lower leg
- Physical therapy – local cryotherapy forearm
- Physical therapy – local cryotherapy arm
- Physical therapy – local cryotherapy hand
- Physical therapy – local cryotherapy shoulder joint
- Physical therapy – local cryotherapy hip joint
- Physical therapy – local cryotherapy knee joint
- Physical therapy – local cryotherapy elbow joint
- Physical therapy – local cryotherapy ankle joint
- Physical therapy – local cryotherapy foot
- Physical therapy – local cryotherapy upper leg



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- Physical therapy – low-energy laser therapy lumbar spine
- Physical therapy – low-energy laser therapy thoracic spine
- Physical therapy – low-energy laser therapy cervical spine
- Physical therapy – low-energy laser therapy wrist
- Physical therapy – low-energy laser therapy lower leg
- Physical therapy – low-energy laser therapy forearm
- Physical therapy – low-energy laser therapy arm
- Physical therapy – low-energy laser therapy hand
- Physical therapy – low-energy laser therapy shoulder joint
- Physical therapy – low-energy laser therapy hip joint
- Physical therapy – low-energy laser therapy knee joint
- Physical therapy – low-energy laser therapy elbow joint
- Physical therapy – low-energy laser therapy ankle joint
- Physical therapy – low-energy laser therapy foot
- Physical therapy – low-energy laser therapy upper leg
- Physical therapy – magnetic field therapy lumbar spine
- Physical therapy – magnetic field therapy thoracic spine
- Physical therapy – magnetic field therapy cervical spine
- Physical therapy – magnetic field therapy wrist
- Physical therapy – magnetic field therapy lower leg
- Physical therapy – magnetic field therapy forearm
- Physical therapy – magnetic field therapy arm
- Physical therapy – magnetic field therapy hand
- Physical therapy – magnetic field therapy shoulder joint
- Physical therapy – magnetic field therapy hip joint
- Physical therapy – magnetic field therapy knee joint
- Physical therapy – magnetic field therapy elbow joint
- Physical therapy – magnetic field therapy ankle joint
- Physical therapy – magnetic field therapy foot
- Physical therapy – magnetic field therapy upper leg
- Physical therapy – magnetic field therapy lumbar spine
- Physical therapy – diadynamic currents therapy thoracic spine
- Physical therapy – diadynamic currents therapy cervical spine
- Physical therapy – diadynamic currents therapy wrist
- Physical therapy – diadynamic currents therapy lower leg
- Physical therapy – diadynamic currents therapy forearm
- Physical therapy – diadynamic currents therapy arm
- Physical therapy – diadynamic currents therapy hand
- Physical therapy – diadynamic currents therapy shoulder joint
- Physical therapy – diadynamic currents therapy hip joint
- Physical therapy – diadynamic currents therapy knee joint
- Physical therapy – diadynamic currents therapy elbow joint
- Physical therapy – diadynamic currents therapy ankle joint
- Physical therapy – diadynamic currents therapy foot
- Physical therapy – diadynamic currents therapy upper leg
- Physical therapy – interferential currents therapy lumbar spine
- Physical therapy – interferential currents therapy thoracic spine
- Physical therapy – interferential currents therapy cervical spine
- Physical therapy – interferential currents therapy wrist
- Physical therapy – interferential currents therapy lower leg
- Physical therapy – interferential currents therapy forearm
- Physical therapy – interferential currents therapy arm
- Physical therapy – interferential currents therapy hand
- Physical therapy – interferential currents therapy shoulder joint
- Physical therapy – interferential currents therapy hip joint
- Physical therapy – interferential currents therapy knee joint
- Physical therapy – interferential currents therapy elbow joint
- Physical therapy – interferential currents therapy ankle joint
- Physical therapy – interferential currents therapy foot
- Physical therapy – interferential currents therapy upper leg
- Physical therapy – TENS currents therapy lumbar spine
- Physical therapy – TENS currents therapy thoracic spine
- Physical therapy – TENS currents therapy cervical spine
- Physical therapy – TENS currents therapy wrist
- Physical therapy – TENS currents therapy lower leg
- Physical therapy – TENS currents therapy forearm
- Physical therapy – TENS currents therapy arm
- Physical therapy – TENS currents therapy hand
- Physical therapy – TENS currents therapy shoulder joint
- Physical therapy – TENS currents therapy hip joint
- Physical therapy – TENS currents therapy knee joint
- Physical therapy – TENS currents therapy elbow joint
- Physical therapy – TENS currents therapy ankle joint
- Physical therapy – TENS currents therapy foot
- Physical therapy – TENS currents therapy upper leg
- Physical therapy – ultrasound therapy lumbar spine
- Physical therapy – ultrasound therapy thoracic spine
- Physical therapy – ultrasound therapy cervical spine
- Physical therapy – ultrasound therapy wrist
- Physical therapy – ultrasound therapy lower leg
- Physical therapy – ultrasound therapy forearm
- Physical therapy – ultrasound therapy arm
- Physical therapy – ultrasound therapy hand
- Physical therapy – ultrasound therapy shoulder joint
- Physical therapy – ultrasound therapy hip joint
- Physical therapy – ultrasound therapy knee joint
- Physical therapy – ultrasound therapy elbow joint
- Physical therapy – ultrasound therapy ankle joint
- Physical therapy – ultrasound therapy foot
- Physical therapy – ultrasound therapy upper leg
- Physical therapy – ultrasound (in water)
- Physical therapy – Trabert's current therapy lumbar spine
- Physical therapy – Trabert's current therapy thoracic spine



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- Physical therapy – Trabert's current therapy cervical spine
- Physical therapy – Trabert's current therapy wrist
- Physical therapy – Trabert's current therapy lower leg
- Physical therapy – Trabert's current therapy forearm
- Physical therapy – Trabert's current therapy arm
- Physical therapy – Trabert's current therapy hand
- Physical therapy – Trabert's current therapy shoulder joint
- Physical therapy – Trabert's current therapy hip joint
- Physical therapy – Trabert's current therapy knee joint
- Physical therapy – Trabert's current therapy elbow joint
- Physical therapy – Trabert's current therapy ankle joint
- Physical therapy – Trabert's current therapy foot
- Physical therapy – Trabert's current therapy upper leg
- Kinesitherapy – instructional exercises lumbar spine
- Kinesitherapy – instructional exercises thoracic spine
- Kinesitherapy – instructional exercises cervical spine
- Kinesitherapy – instructional exercises wrist
- Kinesitherapy – instructional exercises shank
- Kinesitherapy – instructional exercises forearm
- Kinesitherapy – instructional exercises arm
- Kinesitherapy – instructional exercises hand
- Kinesitherapy – instructional exercises shoulder joint
- Kinesitherapy – instructional exercises hip joint
- Kinesitherapy – instructional exercises knee joint
- Kinesitherapy – instructional exercises elbow joint
- Kinesitherapy – instructional exercises ankle joint
- Kinesitherapy – instructional exercises foot
- Kinesitherapy – function-improving exercises lumbar spine
- Kinesitherapy – function-improving exercises thoracic spine
- Kinesitherapy – function-improving exercises cervical spine
- Kinesitherapy – function-improving exercises wrist
- Kinesitherapy – function-improving exercises shank
- Kinesitherapy – function-improving exercises forearm
- Kinesitherapy – function-improving exercises arm
- Kinesitherapy – function-improving exercises hand
- Kinesitherapy – function-improving exercises shoulder joint
- Kinesitherapy – function-improving exercises hip joint
- Kinesitherapy – function-improving exercises knee joint
- Kinesitherapy – function-improving exercises elbow joint
- Kinesitherapy – function-improving exercises ankle joint
- Kinesitherapy – function-improving exercises foot
- Kinesitherapy – function-improving exercises thigh
- Kinesitherapy – function-improving exercises lumbar spine
- Kinesitherapy – function-improving exercises thoracic spine
- Kinesitherapy – function-improving exercises cervical spine
- Kinesitherapy – function-improving exercises wrist
- Kinesitherapy – function-improving exercises shank
- Kinesitherapy – function-improving exercises forearm
- Kinesitherapy – function-improving exercises arm
- Kinesitherapy – function-improving exercises hand
- Kinesitherapy – function-improving exercises shoulder joint
- Kinesitherapy – function-improving exercises hip joint
- Kinesitherapy – function-improving exercises knee joint
- Kinesitherapy – function-improving exercises elbow joint
- Kinesitherapy – function-improving exercises ankle joint
- Kinesitherapy – function-improving exercises foot
- Kinesitherapy – function-improving exercises high
- Kinesitherapy – individual therapy lumbar spine
- Kinesitherapy – individual therapy thoracic spine
- Kinesitherapy – individual therapy cervical spine
- Kinesitherapy – individual therapy wrist
- Kinesitherapy – individual therapy lower leg
- Kinesitherapy – individual therapy forearm
- Kinesitherapy – individual therapy arm
- Kinesitherapy – individual therapy hand
- Kinesitherapy – individual therapy shoulder joint
- Kinesitherapy – individual therapy hip joint
- Kinesitherapy – individual therapy knee joint
- Kinesitherapy – individual therapy elbow joint
- Kinesitherapy – individual therapy ankle joint
- Kinesitherapy – individual therapy foot
- Kinesitherapy – individual therapy upper leg
- Kinesitherapy – lumbar spine traction
- Kinesitherapy – cervical spine traction
- Myorelaxation therapy – Therapeutic spinal massage
- Individual therapy using neurokinesiology / neurophysiology methods for children
- Kinesitherapy – exercises improving postural defects in children

Note:

The scope of services does not include the costs of physiotherapy for congenital malformations and their consequences, postural defects, perinatal traumas, chronic connective tissue diseases and their consequences, demyelinating diseases and their consequences; neurodegenerative diseases and their consequences; physiotherapy after: surgical procedures not performed as part of the Agreement on the Provision of Health Services concluded with LUX MED or the LUX MED Group Health Insurance for Companies, coronary events, neurological and cerebrovascular events; urogynaecological physiotherapy, physiotherapy with highly specialist methods (mechanical and neurophysiological methods, osteopathic techniques), as well as diagnostic and functional training services or corrective gymnastics and fitness services. The scope of services does not include aseptic necrosis physiotherapy, physiotherapy of scars/keloid scars or post-burn conditions, or visceral manipulation – internal organ therapy.

Dentistry Option II

Dental emergency

Dental emergency includes, depending on the Medical Facility, coverage or reimbursement of expenses (Reimbursement) up to the maximum limit of 350 PLN per each 12-month Agreement term, of the following performed by dentists services:

- Emergency tooth pulp devitalisation in a deciduous tooth with cavity dressing
- Emergency tooth pulp devitalisation with cavity dressing
- Emergency dental abscess incision, including drainage



- Emergency periapical abscess decompression
- Emergency medicinal dressing on a deciduous tooth
- Emergency medicinal dressing on a permanent tooth
- Emergency extraction of a single-rooted tooth
- Emergency extraction of a single-rooted deciduous tooth
- Emergency extraction of a multi-rooted tooth
- Emergency extraction of a multi-rooted deciduous tooth
- Emergency dry socket irrigation + application of medication
- Emergency extraction of a tooth by intra-alveolar chiseling
- Emergency repositioning and immobilisation of an avulsed tooth
- Emergency dental local infiltration anaesthesia
- Emergency dental local permeation anaesthesia
- Emergency dental intraoral conduction anaesthesia
- Emergency single tooth X-ray

Note:

Dental emergency services are provided exclusively in the sudden onset of an illness or in case of an accident outside the working hours of LUX MED's own facilities. A precondition for obtaining dental emergency services shall be for the patient to notify the need to attend a dental emergency as a result of a sudden onset of an illness or an accident using our Helpline (on 22 33 22 888), and then avail of the services at a medical facility indicated by LUX MED, in line with the instructions provided by the Helpline staff. If the indicated medical facility does not offer cashless services, the patient must cover the costs of the services performed in accordance with the applicable price list, then submit an application for a Reimbursement with attached original invoices or receipts for services provided to the Patient. The invoice or receipt should include:

- a) the data of the patient for whom services were provided, for the reimbursement of costs (at least the patient's name, surname, address). In the event that services are provided to a child, the invoice should be issued for the actual carer or legal guardian of the child, and the invoice should include the data of the child for whom the services were performed;
- b) a list of services performed for the patient (indicated in the content of the invoice) or an attached specification issued by the medical facility providing the services, indicating the name of the service, or a copy of medical records related to the specific service provided;
- c) the number of a specific type of services provided;
- d) service performance date;
- e) service unit price.

If, following the service cost reimbursement under the LUX MED Reimbursement procedure, LUX MED obtains evidence that the Reimbursement was made upon information, invoices or receipts that are inaccurate given the actual situation indicated in the Application or attached documents (e.g. if the patient submits invoices or receipts for services performed for third parties with the Application), LUX MED shall have the right to claim reimbursement of the amounts paid to the Patient with interest calculated from the date of disbursement of funds under the Reimbursement procedure.

Payment by way of Reimbursement shall be made on the basis of the Refund Application filed by the patient along with accompanying original invoices or receipts and other required documents, submitted within 3 months from the date of the service.

LUX MED shall reimburse the costs to the bank account number indicated in the Application Form within 30 days from the date of delivery of the complete Application Form.

The Reimbursement Application Form is available at www.luxmed.pl

Dental prophylaxis

Dental prophylaxis is a dental examination that involves assessment of the state of dentition and oral hygiene performed once during a 12-month Agreement term in outpatient Medical Facilities indicated by LUX MED by a dentist specialising in conservative dentistry, and oral hygiene procedures performed by a dental hygienist, and includes the following services:

- Dental consultation
- Dental fluoride treatment (Fluor Protector) 1 dental arch
- Dental fluoride treatment (Fluor Protector) 1/2 of dental arch
- Dental fluoride treatment (Fluor Protector) 2 dental arches
- Instructions on oral hygiene
- Tooth polishing
- Periodontal scaling – complementary
- Periodontal scaling from 1 dental arch
- Periodontal scaling from all teeth
- Deposit removal — sandblasting
- Prophylactic fissure sealing – 1 tooth
- Individual fluoride treatment, topical

Anaesthesia

The service is performed by dentists in outpatient Medical Facilities indicated by LUX MED and covers the following services:



- Dental anaesthesia with a WAND device
- Dental local infiltration anaesthesia
- Dental local permeation anaesthesia
- Dental intraoral conduction anaesthesia

Conservative dentistry

The service is performed by dentists in outpatient Medical Facilities indicated by LUX MED and covers the following services:

- Specialist consultation — conservative dentistry

and once within the 12-month Agreement term one of the following services:

- Tooth cavity filling 1 surface with regular light-cured composite
- Tooth cavity filling 2 surfaces with regular light-cured composite
- Tooth cavity filling 3 surfaces with regular light-cured composite
- Restoration of damaged incisal angle with regular light-cured composite
- Filling – glass ionomer

When the patient reaches the limit, they shall be offered an additional **15% discount** off the price list of the facility for the above services.

In addition, the patient is entitled to a **15% discount** off the price list of the facility for the following services:

- Examination of tooth vitality
- Circumpulpal pin inlay
- Cosmetic covering of enamel hypoplasia – composite veneer
- Cosmetic covering of discoloured dentine in anterior teeth – composite veneer
- Treatment of changes of the oral mucosa
- Medicinal dressing on a permanent tooth
- Periodontal pocket irrigation
- Periodontal pocket irrigation and drug application
- Cauterisation of interdental papilla

Paedodontics

The service is performed by dentists in outpatient Medical Facilities indicated by LUX MED and covers the following services:

- Dental consultation – paedodontal

and once within the 12-month Agreement term one of the following services

- Deciduous tooth cavity filling 1 surface
- Deciduous tooth cavity filling 1 surface, therapeutic
- Deciduous tooth cavity filling 2 surfaces
- Deciduous tooth cavity filling 2 surfaces, therapeutic
- Deciduous tooth cavity filling 3 surfaces
- Deciduous tooth cavity filling 3 surfaces, therapeutic

When the patient reaches the limit, they shall be offered an additional **15% discount** off the price list of the facility for the above services.

In addition, the patient is entitled to a **15% discount** off the price list of the facility for the following services:

- Adaptation visit (children) – dentistry
- Medicinal dressing on a deciduous tooth
- Dentine impregnation – per tooth
- Amputation of devitalised deciduous tooth pulp
- Endodontic treatment of a deciduous tooth
- Treatment of pulp necrosis in a deciduous tooth
- Vital pulp amputation in a tooth with unformed root
- Tooth pulp devitalisation in a deciduous tooth with cavity dressing

Dental surgery

The service is performed by dentists in outpatient Medical Facilities indicated by LUX MED and covers the following services:

- Specialist consultation – dental surgery

In addition, the patient is entitled to a **15% discount** off the price list of the facility for the following services:

- Dental abscess incision – including drainage
- Apicoectomy of a posterior tooth
- Apicoectomy of a posterior tooth, with retrograde root canal filling
- Apicoectomy of an anterior tooth
- Apicoectomy of an anterior tooth, with retrograde root canal filling
- Single-rooted tooth extraction
- Single-rooted deciduous tooth extraction
- Extraction of a tooth by intra-alveolar chiselling
- Extraction of a tooth by extra-alveolar chiselling with formation of a mucoperiosteal flap
- Multi-rooted tooth extraction



- Multi-rooted deciduous tooth extraction
- Excision of a gingival flap within 1 tooth
- Excision of nodule, nodule-like lesion, mucocele – dentistry
- Surgical dressing – dentistry
- Dry socket irrigation + application of medication
- Sampling of a biopsy specimen in the oral cavity
- Frenuloplasty, meloplasty, glossoplasty – dentistry
- Enucleation of odontogenic cyst
- Surgical tooth extraction – surgically complex
- Surgical exposure of an impacted tooth
- Surgical exposure of an impacted tooth with bracket attachment
- Surgical extraction of a partially impacted tooth
- Repositioning and immobilisation of an avulsed tooth

Endodontics

The service is performed by dentists in outpatient Medical Facilities indicated by LUX MED and covers the following services:

- Specialist consultation — conservative dentistry

In addition, the patient is entitled to a **15% discount** off the price list of the facility for the following services:

- Tooth pulp devitalisation with cavity dressing
- Chemical and mechanical root canal preparation
- Root canal opening
- Root canal filling
- Crown-root inlay removal

In addition, the patient is entitled to a **10% discount** off the price list of the facility for the following services:

- Removal of a fractured tool from the canal under a surgical microscope
- Endodontal treatment of an incisor or a canine under a surgical microscope stage I
- Endodontal treatment of an incisor or a canine under a surgical microscope stage II
- Endodontal treatment of a premolar under a surgical microscope stage I
- Endodontal treatment of a premolar under a surgical microscope stage II
- Endodontal treatment of a molar under a surgical microscope stage I
- Endodontal treatment of a molar under a surgical microscope stage II
- Specialised assessment of tissue under a surgical microscope
- Interventional appointment during endodontic treatment
- Crown-root inlay removal under a surgical microscope

Prosthodontics

The service is performed by dentists in outpatient Medical Facilities indicated by LUX MED and covers the following services:

- Specialist prosthetic consultation

In addition, the patient is entitled to a **10% discount** off the price list of the facility for the following services:

- Full denture with metal palate
- Malocclusion correction
- Models for diagnostic or planning purposes – doctor
- Crown-root inlay cast metal
- Crown-root inlay cast metal combined
- Crown-root inlay made of gold
- Crown-root inlay made of gold combined
- Metal, ceramic, glass fibre crown-root inlay – standard
- Provisional crown using indirect method
- All-metal cast crown
- All-gold cast crown, premolar
- Porcelain crown on metal without margin
- Porcelain crown on galvanised metal
- Porcelain crown on gold, premolar
- Porcelain veneer
- Composite crown ONLAY INLAY OVERLAY
- Galvanised telescopic crown, gold
- Latch / bolt / retainer point in frame denture
- Replacement of Rhein inlay / ball latch – 1 element
- Partial denture supporting 1–4 missing teeth
- Full maxillary denture
- Full mandibular denture
- Frame denture with latches without latch cost
- Frame denture
- Overdenture on gold latch
- Denture repair – 1 element
- Direct denture lining
- Indirect denture lining
- Removal of a prosthetic crown – 1 element
- Partial denture supporting 5–8 missing teeth
- Partial denture supporting more than 8 teeth
- Porcelain crown on gold, molar
- Porcelain crown on gold, anterior tooth
- All-gold cast crown, molar
- All-gold cast crown, anterior tooth
- Porcelain crown ONLAY INLAY OVERLAY
- Cementation of a prosthetic crown
- Cementation of a bridge
- Partial denture – 1 point
- Occlusion alignment using articulator
- Functional impression using individual tray
- All-ceramic crown-root inlay
- Crown-root inlay cast metal Stage I
- Crown-root inlay cast metal Stage II



- Crown-root inlay cast metal combined Stage I
- Crown-root inlay cast metal combined Stage II
- Crown-root inlay made of gold Stage I
- Crown-root inlay made of gold Stage II
- Crown-root inlay made of gold combined Stage I
- Crown-root inlay made of gold combined Stage II
- All-metal cast crown Stage I
- All-metal cast crown Stage II
- All-gold cast crown, premolar Stage I
- All-gold cast crown, premolar Stage II
- All-gold cast crown, molar Stage I
- All-gold cast crown, molar Stage II
- All-gold cast crown, anterior tooth Stage I
- All-gold cast crown, anterior tooth Stage II
- Porcelain crown on metal without margin, Stage I
- Porcelain crown on metal without margin, Stage II
- Porcelain crown on galvanised metal Stage I
- Porcelain crown on galvanised metal Stage II
- Porcelain crown on gold premolar tooth Stage I
- Porcelain crown on gold premolar tooth Stage II
- Porcelain crown on gold molar tooth Stage I
- Porcelain crown on gold molar tooth Stage II
- Porcelain crown on gold, anterior tooth Stage I
- Porcelain crown on gold, anterior tooth Stage II
- Porcelain veneer Stage I
- Porcelain veneer Stage II
- Porcelain crown ONLAY INLAY OVERLAY Stage I
- Porcelain crown ONLAY INLAY OVERLAY Stage II
- Galvanised telescopic crown, gold Stage I
- Galvanised telescopic crown, gold Stage II
- Latch / bolt / retainer point in frame denture Stage I
- Latch / bolt / retainer point in frame denture Stage II
- Partial denture supporting 1–4 missing teeth Stage I
- Partial denture supporting 1–4 missing teeth Stage II
- Partial denture supporting 5–8 missing teeth Stage I
- Partial denture supporting 5–8 missing teeth Stage II
- Partial denture supporting more than 8 teeth Stage I
- Partial denture supporting more than 8 teeth Stage II
- Full maxillary denture Stage I
- Full maxillary denture Stage II
- Full mandibular denture Stage I
- Full mandibular denture Stage II
- Frame denture with latches without latch cost Stage I
- Frame denture with latches without latch cost Stage II
- Frame denture Stage I
- Frame denture Stage II
- WAX UP
- WAX UP INTERDENT
- All-ceramic crown-root inlay Stage I
- All-ceramic crown-root inlay Stage II
- Adhesive bridge – 1 point
- Porcelain crown on zirconia using CAD/CAM Lava Everest method
- Porcelain crown on zirconia using CAD/CAM Lava Everest method Stage I
- Porcelain crown on zirconia using CAD/CAM Lava Everest method Stage II
- Rhein latch – 1 element
- Bredent latch – 1 element
- Porcelain crown on metal with a ceramic margin
- Porcelain crown on metal with a ceramic margin Stage I
- Porcelain crown on metal with a ceramic margin Stage II
- Metal telescopic crown
- Metal telescopic crown Stage I
- Metal telescopic crown Stage II
- Porcelain veneer posterior
- Porcelain veneer posterior Stage I
- Porcelain veneer posterior Stage II
- Overdenture on gold latch Stage I
- Overdenture on gold latch Stage II
- Gradia gingival mask
- Gradia gingival mask Stage I
- Gradia gingival mask Stage II
- Wax teeth control and correction
- Frame denture metal control and correction
- Splint denture
- Metal crown ONLAY INLAY OVERLAY
- Gold crown inlay
- Spherical inlays
- Protective splint sport
- Protective splint sport colour
- Silver-palladium crown-root inlay
- Silver-palladium crown-root inlay Stage I
- Silver-palladium crown-root inlay Stage II
- Silver-palladium crown-root inlay combined
- Silver-palladium crown-root inlay combined Stage I
- Silver-palladium crown-root inlay combined Stage II
- Reinforcement of a denture with an arch
- Reinforcement of a denture with a steel mesh
- Reinforcement of a denture with a gold-plated mesh
- Overdenture on telescopic crowns Stage I
- Overdenture on telescopic crowns Stage II
- ASC bracket
- Face-bow examination and placement in articulator
- Acrylic microdenture
- 1 arch MOCK UP
- 1 point MOCK UP
- Visualisation of prosthodontic treatment on a model
- Teflon replacement
- All-composite crown
- Composite crown on glass fibre
- All-porcelain crown on zirconia
- All-porcelain crown on zirconia Stage I
- All-porcelain crown on zirconia Stage II
- All-porcelain crown
- All-porcelain crown Stage I
- All-porcelain crown Stage II
- Maryland missing tooth restoration – acrylic



- Maryland missing tooth restoration – composite

Orthodontics

The service is performed by dentists in outpatient Medical Facilities indicated by LUX MED and covers the following services:

- Orthodontist's consultation

In addition, the patient is entitled to a **10% discount** off the price list of the facility for the following services:

- Wide-arch braces Bi-helix, Quad – helix
- Block braces with modification
- Derichsweiler apparatus
- Removable braces
- Fixed braces – closed metal 1 arch
- Stochfisch braces
- One brace of metal, transparent braces
- One brace of metal, fixed braces
- Lip-bumper
- Braces repair, arch wire replacement
- Braces repair, 1 screw replacement
- Braces repair, 2 screws replacement
- Braces repair, plate breakage
- Braces repair, addition of a wire element
- Nance plate
- Vestibular plate
- Chin cap
- Palatal expander
- NiTi palatal expander
- Retainer 1
- Retainer 2
- Retainer 3
- Orthodontist consultation in the course of treatment with removable braces
- Orthodontist consultation in the course of treatment with fixed braces
- Headgear
- Removal of fixed braces
- Visit with a chin cap
- Visit with cusp grinding
- Occlusal analysis and treatment plan development
- Block braces
- One wire arch of fixed braces porcelain brackets
- One wire arch of fixed metal braces
- Orthodontist's consultation with an impression
- Braces repair replacement of 1 element
- Braces repair replacement of 2 elements
- Braces repair replacement of 3 elements
- Visit with a vestibular plate
- Follow-up visit in the course of treatment with removable braces
- Follow-up visit in the course of treatment with fixed braces x 1
- Replacement of a metal bracket
- Replacement of a porcelain bracket
- 1/3 segment arch
- 1/2 segment arch
- Follow-up visit – fixed braces, metal brackets
- Follow-up visit – fixed braces, crystal brackets
- One wire arch of fixed braces crystal brackets
- One wire arch of fixed braces metal brackets
- Removable braces – Schwarz plate
- Fixed braces – aesthetic brackets 1 arch
- Hyrax braces
- Pendulum braces
- Fixed braces – aesthetic brackets part of arch 1
- Fixed braces – aesthetic brackets part of arch 2
- Wide-arch braces Bi-helix, Quad – helix Stage I
- Wide-arch braces Bi-helix, Quad – helix Stage II
- Block braces Stage I
- Block braces Stage II
- Removable braces – Schwarz plate Stage I
- Removable braces – Schwarz plate Stage II
- Hyrax braces Stage I
- Hyrax braces Stage II
- One wire arch of fixed brace with crystal brackets Stage I
- One wire arch of fixed brace with crystal brackets Stage II
- One wire arch of fixed braces with metal brackets Stage I
- One wire arch of fixed braces with metal brackets Stage II
- Braces repair
- Pendulum braces Stage I
- Pendulum braces Stage II
- Nance braces
- Retention control
- Stripping – 1 tooth
- Acrylic bite splint
- Headgear application
- Retention plate
- Retention arch application – maxilla
- Retention arch application – mandible
- Removal of retention arch
- Fixed braces – metal, non-ligature brackets 1 arch
- Fixed braces – aesthetic, non-ligature brackets 1 arch
- TWIN-BLOCK braces
- TWIN-BLOCK braces Stage I
- TWIN-BLOCK braces Stage II
- Follow-up visit – fixed braces, porcelain brackets
- Hass braces
- Space maintainer
- Clear aligner impression
- Clear aligner follow-up
- Braces repair, 1 arch wire replacement ceramic brackets
- Braces repair, 2 arch wires replacement ceramic brackets
- Braces repair, 1 arch wire replacement metal brackets
- Braces repair, 2 arch wires replacement metal brackets
- Additional orthodontic element 1
- Additional orthodontic element 2
- Additional orthodontic element 3
- Replacement of an aesthetic bracket
- Vestibular plate – infant trainer
- Fixed braces – aesthetic, non-ligature Damon brackets 1 arch



- Fixed braces – metal, non-ligature Damon brackets 1 arch
- Follow-up visit in the course of treatment with fixed braces with non-ligature Damon brackets – 1 arch
- One wire arch of fixed braces metal and crystal brackets
- One wire arch of fixed braces metal and crystal brackets Stage I
- One wire arch of fixed braces metal and crystal brackets Stage II
- Multi-P braces
- Multifunctional braces Molar rotator
- Expander braces
- TWIN-BLOCK braces with a screw – modified
- TWIN-BLOCK braces with a screw – modified Stage I
- TWIN-BLOCK braces with a screw – modified Stage II
- Herbst hinge
- Herbst hinge Stage I
- Herbst hinge Stage II
- Carriere distalizer
- Guray / OBC wedging
- Fragmentary fixed braces
- Fixed braces – 2D lingual brackets 1 arch
- Replacement of a 2D lingual metal bracket
- Follow-up visit – fixed braces, 2D lingual brackets
- Braces repair, 1 arch wire replacement 2D lingual brackets
- Braces repair, 2 arch wires replacement 2D lingual brackets
- MALU appliance
- Wide-arch braces – palatal arch
- Wide-arch braces – tongue arch
- Fixed metal braces 2x4
- Orthodontic acrylic splint
- Class II corrector
- One wire arch of fixed braces individual lingual brackets
- One wire arch of fixed braces individual lingual brackets Stage I
- Wire arch replacement individual lingual brackets
- Replacement of an individual lingual bracket
- One wire arch of fixed braces individual lingual brackets Stage II
- System Benefit braces Stage I
- System Benefit braces Stage II
- Flexible orthodontic appliance
- Tooth separation procedure
- Follow-up visit in the course of treatment with fixed partial braces
- Attachment of a metal bracket
- Attachment of a crystal bracket
- Retention arch application
- Fixed aesthetic braces 2x4
- Fixed aesthetic braces 2x4 Stage I
- Fixed aesthetic braces 2x4 Stage II
- One wire arch of fixed braces nickel-free brackets
- One wire arch of fixed braces nickel-free brackets Stage I
- One wire arch of fixed braces nickel-free brackets Stage II
- Retainer arch 1 tooth
- Orthognathic treatment planning
- Plate denture for children
- Plate denture for children Stage I
- Models for diagnostic or planning purposes – orthodontist
- Plate denture for children Stage II
- Retainer arch 6 teeth

Biological dentistry

The service is performed by dentists in outpatient Medical Facilities indicated by LUX MED with a **10% discount** off the price list of the facility for the following services:

- Saliva-Check Buffer (GC) test
- Streptococcus mutans saliva concentration using Saliva-Check Mutans (GC)
- Tri Plaque ID Gel (GC) control
- Molecular and biological assay for pathogens causing periodontitis/periimplantitis using Real-Time PCR – PET standard (MIP PHARMA) method
- Molecular and biological assay for pathogens causing periodontitis/periimplantitis using Real-Time PCR – PET plus (MIP PHARMA) method
- Molecular and biological assay for pathogens causing periodontitis/periimplantitis using Real-Time PCR – PET deluxe (MIP PHARMA) method
- Tooth decay infiltration – ICON (DMG)
- Minimally invasive tooth decay treatment using glass hybrid technology – EQUIA FORTE
- Application of bioactive dentin substitute – Biodentine (Septodont)
- Bioreconstruction of lost tooth tissue using ACTIVA (Pulpdent)
- Restoration of lost tooth tissue using BPA-free Gaenial
- Local application of MI VARNISH (GC) releasing bioavailable calcium, phosphate and fluoride
- Maintenance treatment using bioavailable calcium, phosphate and fluoride – GC MI Paste Plus
- Enamel remineralisation with a Tooth Mousse preparation

Dental X-ray (medium conforming with the standard applicable in a given medical facility)

The service includes provision of the following services in outpatient Medical Facilities indicated by LUX MED, based on a referral from a dentist from these facilities, and includes the following services:

- Single tooth X-ray

and a **15% discount** off the price list of the facility:

- Panoramic X-ray



Guarantee

The patient is provided with a 24-month guarantee for final conservative fillings used in permanent teeth. A precondition to obtaining the guarantee is to attend follow-up visits in outpatient Medical Facilities indicated by LUX MED at least once in the 12-month Agreement term or according to an individually agreed schedule, and undergo tartar and deposit removal and fluoride treatment procedures once in the 12-month Agreement term or according to an individually agreed schedule in outpatient Medical Facilities indicated by LUX MED, compliance with dentist's recommendations, maintaining oral hygiene as instructed by the dentist and/or dental hygienist.

Note:

The guarantee does not cover conditions occurring as a result of: non-attendance at follow-up and prophylaxis visits, non-compliance with dentist's recommendations, mechanical injuries, accidents, missing posterior teeth (lack of support zones), pathological dental wear (bruxism) or other functional impairments of the masticatory apparatus, physiological bone atrophy and periodontal lesions, general co-morbidities affecting the stomatognathic system (diabetes, osteoporosis, epilepsy, history of radiotherapy and chemotherapy), or temporary fillings (e.g. provided until a prosthesis is prepared).

The Dentistry Option II service does not cover services provided under general anaesthesia.

Home visits – option I

The service is limited to 3 visits within a 12-month term of the agreement and encompasses internal diseases, paediatrics or family medicine and is performed at the place of residence of the Patient, exclusively in situations where the Patient is unable to get to the outpatient Medical Facility indicated by LUX MED due to sudden onset of an illness or sudden exacerbation, excluding direct life-threatening situations. Reasons making it impossible for the Patient to report to the clinic do not include inconvenient access to the clinic, obtaining a prescription or a medical certificate. A house call is an emergency service provided solely on the visit request day and aimed at making a diagnosis and starting treatment, whereas treatment continuation and follow-up visits take place in outpatient Medical Facilities indicated by LUX MED. In the case of a home visit, it is impossible to freely choose the physician. A house call request is accepted or refused by a medical dispatcher (indicated by LUX MED) based on the information provided. Home visits are available within the administrative boundaries of cities and their surrounding areas, where there are outpatient Medical Facilities indicated by LUX MED for the service – a detailed territorial coverage is described on www.luxmed.pl.

Medical Transport – option I

The service is available in the event of medical indications to transport the Patient between Medical Facilities or to a Medical Facility from the place of residence of the Patient in the following situations:

- the need for continuity of treatment,
- the need for treatment at a specialized facility.

The service is carried out by means of wheeled sanitary transportation means (free in Poland) and is only elective – it requires reporting to the medical dispatcher indicated by LUX MED at least 24 hours prior to the performance of the service. Medical transport is provided only in situations where there are no medical contraindications and transporting the Patient by means of public or individual transport would endanger his/her health and life. Additionally, this service requires consent of the facility, from which the Patient is going to be taken and consent of the facility to which is going to be taken (confirmation of acceptance). In justified cases, LUX MED may require additional information concerning the transport conditions and limitations - related to the state of health of the Patient. The service is limited to 3 transports within a 12-month term of the agreement and does not include healthcare services provided to save life and health in accordance with the National Medical Rescue Act (Journal of Laws 2006.191.1410, as amended). The service is separate from transport provided as part of the Hospital Module in the Agreement on LUX MED Group Health Insurance for Companies.

Short term surgery – 15% discount

I. List of Elective surgeries and related accompanying services available for the Patients over 17 years of age and below 70 years of age

The coverage includes coordination and financing of a part of the costs of an Elective surgery, up to the amount of the Discount specified in the table below. The discount is calculated from the price list of the Hospital performing an Elective surgery.

The performance of Elective surgeries includes the following components: consultation to determine eligibility for surgery, with a physician of appropriate medical specialty, anesthetic qualification, the treatment procedure, adequate anesthesia (standard and typical of the procedure), medically necessary hospital stay, directly resulting from surgical procedures performed, medical and nursing care during the hospital stay, drugs administered during the hospital stay, mesh for hernia surgeries, artificial materials for fracture fixation (wires, screws, fixation), small medical



materials related to the surgery (thread, stitching), disposable components of multiple use equipment, suture removal associated with the procedure, consultation after the procedure (within 30 days of the Elective surgery).

Elective surgeries do not include: transplantation of organs or tissues, cells, cell cultures (cultivated naturally or artificially), including those involving an autograft or inserting implants and devices (unless the scope of the Elective surgery provides for inserting implants or devices as part of the procedure), subsequent consultations at the Hospital apart from the post-surgery consultation.

Stays in treatment wards (except for post-operative wards and intensive care wards) are held in single or double rooms, if it is possible given the medical reasons and premises.

Elective surgeries are performed based on a valid referral issued by a physician from an outpatient Own Facility.

List of Elective surgeries:

Area of surgery	Type of surgery	Discount
Shank varicose veins surgeries	Endoscopic varicose veins perforator surgery	15%
	Classical lower-limb varicose veins perforator surgery	15%
	Cryosurgical lower-limb varicose veins perforator surgery	15%
	Laser lower-limb varicose veins perforator surgery	15%
	Mini-phlebectomy	15%
	VNUS varicose veins surgery	15%
	Insufficient great saphenous vein (GSV) closure with intravenous glue	15%
	Sclerotherapy	15%
Breast surgeries	Excision of a nipple lesion	15%
	Excision of a breast nipple quadrant	15%
	Complete excision of breast nipple	15%
	Mammotome biopsy of a breast lesion	15%
Cholecystectomies	Laparoscopic excision of gallbladder	15%
	Classical excision of gallbladder	15%
	Classical excision of gallbladder with revision of the common bile duct	15%
Endoscopy of the large intestine	Colonoscopy removal of polyps of the large intestine	15%
Spleen surgeries	Spleen excision	15%
	Excision of spleen lesion/cyst	15%
Surgeries of the rectum and rectal area	Classical haemorrhoid surgery	15%
	Haemorrhoid surgery using LONGO method	15%
	Open excision of a lesion in the rectum or anus	15%
	Posterior crypt excision	15%
	Transrectal removal of rectal lesion	15%
	Surgical treatment of anal fissure	15%
	Surgical treatment of anal fistula	15%
Hernia surgeries	Classical inguinal hernia surgery, unilateral	15%
	Classical inguinal hernia surgery, bilateral	15%
	Classical scrotal hernia surgery, unilateral	15%
	Classical scrotal hernia surgery, bilateral	15%
	Classical femoral hernia surgery, unilateral	15%
	Classical femoral hernia surgery, bilateral	15%
	Classical umbilical hernia surgery	15%
	Classical linea alba hernia surgery	15%
	Classical recurrent hernia surgery	15%
	Classical postoperative wound hernia surgery	15%
	Hiatus hernia surgery	15%
	Hernia surgery with prolene mesh	15%
Minor surgical procedures	Incision of skin abscess	15%
	The removal of ingrown nail, nail fold cleaning	15%
	Arkady's cube procedure for ingrown nail	15%



	Removal of skin lesions up to 1.5 cm	15%	
	Removal of skin lesions 1.5–5 cm	15%	
	Removal of subcutaneous lesions up to 5 cm	15%	
	Foreign body removal from the skin	15%	
Uterine procedures	Curettage of the uterine cavity	15%	
	Removal of lesions of the cervix by electrocoagulation or laser	15%	
	Uterine cervix conisation	15%	
	LLETZ uterine cervix surgery	15%	
	LEEP uterine cervix surgery	15%	
	Cervical amputation (vagina repair)	15%	
	Diagnostic hysteroscopy	15%	
	Procedural hysteroscopy – removal of uterine septum	15%	
	Procedural hysteroscopy – removal of endometrial polyp	15%	
	Procedural hysteroscopy – endometrium ablation	15%	
	Procedural hysteroscopy – endometrium biopsy	15%	
	Perineum and vagina procedures	Incision of Bartholin's gland cyst or abscess	15%
		Enucleation or marsupialization of Bartholin's gland	15%
		Removal of vaginal lesion	15%
Removal of genital warts from vulva		15%	
Ear procedures	Incision of the tympanic membrane and insertion of a drain through the tympanic membrane under local or general anaesthesia	15%	
	Cleansing the middle ear with suction	15%	
	Incision of the tympanic membrane under anaesthesia	15%	
Surgery of sinuses and nasal cavity	Excision of nasal polyps	15%	
	Plastic surgery of the nasal conchae (conchoplasty)	15%	
	Corrective surgery of nasal septum (septoplasty)	15%	
	Treatment of snoring by coblation / soft palate plasty	15%	
Tonsil procedures	Removal of the pharyngeal tonsil using classical method (adenectomy)	15%	
	Removal of the pharyngeal tonsil using endoscopic method (adenectomy)	15%	
	Removal of the palatine tonsils using classical method (tonsillectomy)	15%	
	Removal of the palatine tonsils using endoscopic method (tonsillectomy)	15%	
	Intraoperative insertion of drains into the tympanic membrane	15%	
	Tonsillotomy	15%	
	Adenotonsillotomy	15%	
Neck procedures	Removal of a lesion of a palatine or pharyngeal tonsil	15%	
	Larynx cyst excision	15%	
	Tongue cyst excision	15%	
	Removal of neck lymph node	15%	
	Lateral neck cyst excision	15%	
Salivary gland procedures	Anterior neck cyst excision	15%	
	Removal of salivary duct calculi	15%	
	Excision of parotid gland	15%	
Cataract treatment	Excision of submandibular gland	15%	
	Uncomplicated cataract surgery by extracapsular removal of cataract without lens implant	15%	
	Uncomplicated cataract surgery by extracapsular removal of cataract with lens implant	15%	
	Complicated cataract surgery by extracapsular removal of cataract without lens implant	15%	
	Complicated cataract surgery by extracapsular removal of cataract with lens implant	15%	



	Uncomplicated cataract surgery by phacoemulsification without lens implant	15%
	Uncomplicated cataract surgery by phacoemulsification with lens implant	15%
	Complicated cataract surgery by phacoemulsification without lens implant	15%
	Complicated cataract surgery by phacoemulsification with lens implant	15%
Other ophthalmologic procedures	Surgical treatment of chalazion	15%
	Surgical treatment of pterygium	15%
	Removal of xanthelasma	15%
Joint procedures	Surgical (open) removal of loose bodies from the knee	15%
	Surgical arthroscopy of knee joint – meniscus removal	15%
	Surgical arthroscopy of knee joint – loose body removal	15%
	Surgical arthroscopy of knee joint – meniscus suturing	15%
	Knee joint arthroscopy – reconstruction of the collateral ligament	15%
	Knee joint arthroscopy – reconstruction of the anterior cruciate ligament of the knee	15%
	Knee joint arthroscopy – reconstruction of the posterior cruciate ligament of the knee	15%
	Surgical arthroscopy of knee joint – excision of intraarticular knee fibrosis	15%
	Surgical arthroscopy of knee joint – retinacunal release of patella, reconstruction of patellofemoral joint	15%
	Surgical arthroscopy of knee joint – excision of the synovial membrane of the knee joint (synovectomy)	15%
	Diagnostics arthroscopy of shoulder joint	15%
	Diagnostics arthroscopy of hip joint	15%
	Diagnostics arthroscopy of ankle joint	15%
	Diagnostics arthroscopy of elbow joint	15%
Muscle and tendons surgeries	Suturing of Achilles tendon	15%
	Achilloplasty	15%
Limb fracture surgeries	Humeral shaft fracture fixation with external stabilizer (plate)	15%
	Humeral shaft fracture fixation with internal stabilizer (nail)	15%
	Fixation of separated epiphysis of the humerus	15%
	Open fixation of humerus fracture without internal stabilization	15%
	Fixation of clavicular fracture with internal stabilization	15%
	Open fixation of clavicular fracture without internal stabilization	15%
	Fixation of separated epiphysis of the clavicle	15%
	Fixation of forearm fracture with external stabilization	15%
	Fixation of forearm fracture with internal stabilization	15%
	Open fixation of forearm fracture without internal stabilization	15%
	Fixation of separated epiphysis of radius or ulna	15%
	Fixation of wrist or metacarpal fracture with internal stabilization	15%
	Open fixation of wrist or metacarpal fracture without internal stabilization	15%
	Fixation of hand phalangeal fracture with internal stabilization	15%
	Open fixation of phalangeal fracture without internal stabilization	15%
	Fixation of the femur with external stabilizer / plate	15%
	Fixation of the femur with internal stabilizer	15%
	Open fixation of femoral fracture without internal stabilization	15%
	Fixation of separated epiphysis of the femur	15%
	Patellar fixation with external stabilizer	15%
	Patellar fixation with internal stabilizer	15%
	Open fixation of patella without internal stabilization	15%
	Fixation of tibia or fibula with external stabilizer	15%
	Fixation of tibia or fibula with internal stabilizer	15%



	Open fixation of tibia or fibula without internal stabilization	15%
	Fixation of separated epiphysis of tibia or fibula	15%
	Fixation of tarsal or metatarsal bones with external stabilizer	15%
	Fixation of tarsal or metatarsal bones with internal stabilizer	15%
	Fixation of foot phalangeal fracture without internal stabilization	15%
	Fixation of foot phalangeal fracture with internal stabilization	15%
	Removal of fixating external or internal stabilizer – clavicle	15%
	Removal of fixating external or internal stabilizer – humerus	15%
	Removal of fixating external or internal stabilizer – forearm bones	15%
	Removal of fixating external or internal stabilizer – hand bones (wrist, metacarpal bones, phalanges)	15%
	Removal of fixating external or internal stabilizer – femur	15%
	Removal of fixating external or internal stabilizer – patella	15%
	Removal of fixating external or internal stabilizer – tibia, fibula	15%
	Removal of fixating external or internal stabilizer – foot bones (tarsal, metatarsal, phalanges)	15%
	Bone transplant / implantation of artificial bone graft materials – clavicle (treatment of pseudarthrosis)	15%
	Bone transplant / implantation of artificial bone graft materials – humerus (treatment of pseudarthrosis)	15%
	Bone transplant / implantation of artificial bone graft materials – radius or ulna (treatment of pseudarthrosis)	15%
	Bone transplant / implantation of artificial bone graft materials – wrist and metatarsal bones (treatment of pseudarthrosis)	15%
	Bone transplant / implantation of artificial bone graft materials – femur	15%
	Bone transplant / implantation of artificial bone graft materials – patella	15%
	Bone transplant / implantation of artificial bone graft materials – tibia or fibula	15%
	Bone transplant / implantation of artificial bone graft materials – tarsal and metatarsal bones	15%
Bone surgeries	Removal of cartilage and bone necrosis from the bones of the limbs	15%
	Local excision of lesion – humerus	15%
	Local excision of lesion – radius or ulna	15%
	Local excision of lesion – hand bones	15%
	Local excision of lesion – femur	15%
	Local excision of lesion – patella	15%
	Local excision of lesion – tibia or fibula	15%
	Local excision of lesion – tarsal or metatarsal bones	15%
Other orthopaedic surgeries	Hand ganglion surgery	15%
Treatment of urolithiasis	Extracorporeal Shock Wave Lithotripsy (ESWL)	15%
	Transurethral lithotripsy in the urethra	15%
	Transurethral lithotripsy in the urinary bladder / transurethral removal of stones from the urinary bladder	15%
	Removal of stones from the renal pelvis and calyx (PCNL or by incision of the renal pelvis)	15%
	Removal of stones from the upper part of the ureter (laparoscopic method or URSL)	15%
Urinary tract and urethra procedures	Removal of stones from the lower part of the ureter (laparoscopic method or URSL)	15%
	Transurethral resection of urethral valve or stricture	15%
	Periurethral cyst excision	15%
	Endoscopic slit / incision of the urethra	15%



	Endoscopic dilation of the external orifice of urethra	15%
	Endoscopic removal of an obstruction or foreign body from ureters	15%
	Endoscopic removal of lesions from ureters	15%
Surgeries of testicles, spermatic cord, penis	Testis hydrocele surgery	15%
	Spermatic cord hydrocele surgery	15%
	Removal of spermatocele	15%
	Excision of testicle (from the scrotum)	15%
	Excision of epididymis	15%
	Phimosis surgery – preputioplasty	15%
	Varicocele surgery, laparoscopic or classical method	15%

II. List of Elective surgeries and related accompanying services available for the Patients below 17 years of age

The coverage includes coordination and financing of a part of the costs of an Elective surgery, up to the amount of the Discount specified in the table below. The discount is calculated from the price list of the Hospital performing an Elective surgery.

The performance of Elective surgeries includes the following components: consultation to determine eligibility for surgery, with a physician of appropriate medical specialty, anesthetic qualification, the treatment procedure, adequate anesthesia (standard and typical of the procedure), medically necessary hospital stay, directly resulting from surgical procedures performed, medical and nursing care during the hospital stay, drugs administered during the hospital stay, mesh for hernia surgeries, artificial materials for fracture fixation (wires, screws, fixation), small medical materials related to the surgery (thread, stitching), disposable components of multiple use equipment, suture removal associated with the procedure, consultation after the procedure (within 30 days of the Elective surgery).

Elective surgeries do not include: transplantation of organs or tissues, cells, cell cultures (cultivated naturally or artificially), including those involving an autograft or inserting implants and devices (unless the scope of the Elective surgery provides for inserting implants or devices as part of the procedure), subsequent consultations at the Hospital apart from the post-surgery consultation.

Stays in treatment wards (except for post-operative wards and intensive care wards) are held in single or double rooms, if it is possible given the medical reasons and premises.

Elective surgeries are performed based on a valid referral issued by a physician from an outpatient Own Facility.

List of Elective surgeries:

Area of surgery	Type of surgery	Discount
Breast surgeries	Excision of a nipple lesion	15%
Spleen surgeries	Spleen excision	15%
	Excision of spleen lesion/cyst	15%
Other surgical procedures	Removal of skin lesions up to 1.5 cm	15%
	Foreign body removal from the skin	15%
	Excision of axillary lymph nodes	15%
Surgery of sinuses and nasal cavity	Excision of nasal polyps	15%
	Sinus surgery using the Caldwell-Luca method	15%
	Sinus puncture	15%
Neck procedures	Removal of neck lymph node	15%
Ear procedures	Excision of polyps in the middle ear	15%
	Incision of the tympanic membrane and biopsy of a lesion in the middle ear	15%
	Incision of the tympanic membrane and insertion of a drain through the tympanic membrane under local or general anaesthesia	15%
	Cleansing the middle ear with suction	15%
	Incision of the tympanic membrane under anesthesia	15%
Salivary gland procedures	Removal of salivary duct calculi	15%
	Excision of parotid gland	15%
	Excision of submandibular gland	15%
Joint procedures	Suturing of hand flexor tendons – primary suture	15%



	Suturing of hand flexor tendons – secondary suture (deferred)	15%	
	Suturing of Achilles tendon	15%	
	Suturing of quadriceps tendon / quadriceps plasty	15%	
Bone surgeries	Removal of cartilage and bone necrosis from the bones of the limbs	15%	
Limb fracture surgeries	Humeral shaft fracture fixation with external stabilizer (plate)	15%	
	Humeral shaft fracture fixation with internal stabilizer (nail)	15%	
	Fixation of separated epiphysis of the humerus	15%	
	Open fixation of humerus fracture without internal stabilization	15%	
	Fixation of clavicular fracture with internal stabilization	15%	
	Open fixation of clavicular fracture without internal stabilization	15%	
	Fixation of separated epiphysis of the clavicle	15%	
	Fixation of forearm fracture with external stabilization	15%	
	Fixation of forearm fracture with internal stabilization	15%	
	Open fixation of forearm fracture without internal stabilization	15%	
	Fixation of separated epiphysis of radius or ulna	15%	
	Fixation of wrist or metacarpal fracture with internal stabilization	15%	
	Open fixation of wrist or metacarpal fracture without internal stabilization	15%	
	Fixation of hand phalangeal fracture with internal stabilization	15%	
	Open fixation of phalangeal fracture without internal stabilization	15%	
	Fixation of the femur with external stabilizer / plate	15%	
	Fixation of the femur with internal stabilizer	15%	
	Open fixation of femoral fracture without internal stabilization	15%	
	Fixation of separated epiphysis of the femur	15%	
	Patellar fixation with external stabilizer	15%	
	Patellar fixation with internal stabilizer	15%	
	Open fixation of patella without internal stabilization	15%	
	Fixation of tibia or fibula with external stabilizer	15%	
	Fixation of tibia or fibula with internal stabilizer	15%	
	Open fixation of tibia or fibula without internal stabilization	15%	
	Fixation of separated epiphysis of tibia or fibula	15%	
	Fixation of tarsal or metatarsal bones with external stabilizer	15%	
	Fixation of tarsal or metatarsal bones with internal stabilizer	15%	
	Fixation of foot phalangeal fracture without internal stabilization	15%	
	Fixation of foot phalangeal fracture with internal stabilization	15%	
	Urinary tract and urethra procedures	Endoscopic removal of an obstruction or foreign body from ureters	15%
		Endoscopic removal of lesions from ureters	15%
		Excision of testicle (from the scrotum)	15%
Excision of epididymis		15%	

10% discount on other services offered by LUX MED and Medycyna Rodzinna

The Patient is entitled to a **10% discount** on medical services, excluding dental services, offered by LUX MED Own Facilities – this applies to LUX MED and Medycyna Rodzinna facilities listed on www.luxmed.pl. The discount is calculated from the price list available in the facility. Discounts may not be combined.

10% discount on medical procedures provided in the LUX MED Hospital

The Patient is entitled to a **10% discount** on all medical procedures provided in the LUX MED Hospital. The discount is calculated from the price list available in the facility. Discounts may not be combined.

10% discount on medical procedures provided in the Carolina Medical Center Hospital



The Patient is entitled to a **10% discount** on all medical procedures offered by Sport Medica SA at Carolina Medical Center (detailed information about the facility is available on www.carolina.pl). The discount is calculated from the price list available in the facility. The discount does not include prices of such medical materials as light cast, implants, orthotics, stabilizers, orthopaedic fixation, sutures of meniscus, and prices of drugs for intra-articular and intravenous injections. Discounts may not be combined.

Package availability option – Gold

A service consisting in the provision of better access to LUX MED's Specialist Physicians – the Availability Time for the Gold Option is greater than 80%. Under this option, the Patient is entitled to a Reimbursement of the service costs on the terms specified below.

LUX MED shall reimburse the costs incurred by the Entitled Person amounting to **90%** of the unit price of the Health Service carried out during the Reimbursement Period in a Medical Facility other than that indicated by LUX MED, to which the Eligible Person is entitled under the Agreement and the Benefitplan held, up to the quarterly Reimbursement Limit of **PLN 500** per Eligible Person. Payment of a Reimbursement amount is made on the basis of an Application constituting **Annex No. 1a** to the Regulations on Reimbursement submitted along with the set of documents.

Detailed Reimbursement terms and conditions, requirements regarding documenting the incurred costs and terms on which refunds are made have been specified in the "Freedom of Treatment" (Swoboda leczenia) Regulations on Reimbursement , constituting **Annex No. 1 to Annex No. B**.

* Standard – commonly available and commonly used in Poland

Oncological Prevention Program LUX MED

The LUX MED Oncology Prevention Program for health review is aimed at the early detection of the most common malignant neoplasms. The LUX MED Oncological Prevention Program is only intended for employees aged from 18 to 70.
The scope of the program includes: Education, preventive measures (annually) and the coordination of diagnostics.

Critical Illness Treatment Abroad Module - BEST HELP

Insurance coverage of LMG Försäkrings AB S. A. Branch in Poland (LUX MED Ubezpieczenia) in the event of a critical illness. Detailed information on the insurance package provided by the Medical Poland Health Team. In the event of an insurance incident, please contact the Customer Service Center at 22 339 37 37 or by sending an e-mail to the following address: nazwa.ubezpieczenia@luxmed.pl.