



This document in its English version is only of informative character, in case of any interpretation doubts or discrepancies between Polish and English version, the Polish one is applicable.

## Healthcare specialists consultations – basic option

The service covers unlimited consultations in outpatient Medical Facilities indicated by LUX MED in the following situations: an illness and emergency medical assistance.

The service includes: medical history taking, physician's advice and basic procedures necessary for making a diagnosis, taking an appropriate therapeutic decision and monitoring of treatment and refers to consultations within the following scope:

- Internal medicine
- Paediatrics
- Family doctor

*Note:*

*The service Healthcare specialists consultations – basic option does not include consultation of physicians on duty, physicians with the degree of “doktor habilitowany” (associate professor) or the scientific title of “profesor” (professor) as well as physicians holding the positions of “docent” (assistant professor), “profesor nadzwyczajny” (associate professor) and “profesor zwyczajny” (full professor).*

## Healthcare specialists consultations – option II

The service covers an unlimited access to consultations with physicians in Medical Facilities indicated by LUX MED in such cases as onset of an illness, emergency medical assistance and general medical advice.

Specialist consultations include an interview, advice by a specialist along with the basic activities necessary to make the diagnosis, taking the appropriate therapeutic decision and treatment monitoring.

For the:

**The Insured over 18 years of age – visits without any referral** relate to consultations within the following scope:

- allergology
- general surgery
- dermatology
- diabetology
- endocrinology
- gastroenterology
- gynaecology
- haematology
- cardiology
- laryngology
- nephrology
- neurology
- ophthalmology
- oncology
- orthopaedics
- pulmonology
- proctology
- rheumatology
- urology

**The Insured up to 18 years of age – visits without any referral** relate to consultations within the following scope:

- surgery
- dermatology
- gynaecology (from the age of 16)
- laryngology
- neurology
- ophthalmology
- orthopaedics

**The Insured up to 18 years of age – visits require a referral** from a physician employed by a Clinic indicated by LUX MED and relate to consultations within the following scope:

- allergology
- gastroenterology
- cardiology
- nephrology
- pulmonology
- rheumatology
- urology

*Note:*

*The service Healthcare specialists consultations – option II does not include consultation of physicians on duty, physicians with the degree of “doktor habilitowany” (associate professor) or the scientific title of “profesor” (professor) as well as physicians holding the positions of “docent” (assistant professor), “profesor nadzwyczajny” (associate professor) and “profesor zwyczajny” (full professor). Other consultations are also paid.*

## Specialists consultations: psychiatrist, psychologist, andrologist, sex therapist, speech therapist

The service entitles the Patient to attend a total of 3 consultations within a 12-month term of the agreement in outpatient Medical Facilities indicated by LUX MED, within the following scope:

For the:

**Patients over 18 years of age – visits without a referral** relate to consultations within the following scope:

- psychiatry
- psychology
- sex therapy
- andrology
- speech therapy

**Patients up to 18 years of age – visits without a referral** relate to consultations within the following scope:

- psychiatry
- psychology
- speech therapy

*Note:*



This document in its English version is only of informative character, in case of any interpretation doubts or discrepancies between Polish and English version, the Polish one is applicable.

*This includes: medical history taking, specialist advice and basic procedures necessary for making a diagnosis, taking an appropriate therapeutic decision and monitoring of treatment. The service does not include professor consultations, neuro speech therapy or speech therapy in deaf and hearing-impaired patients or conducting therapy.*

## Nursing procedures

Services including basic measurements, minor procedures, including diagnostic ones, performed by a nurse or midwife on their own or according to the physician's order, in line with their competences, in outpatient Medical Facilities indicated by LUX MED. The scope of outpatient consultation procedures depends on the range of physician consultation which the Patient is entitled to within the scope of provided services, the age of the Patient and on the availability of a given procedure in an outpatient Medical Facility indicated by LUX MED.

Nursing procedures include:

### Outpatient nursing procedures:

- Intravenous injection
  - Subcutaneous/intramuscular injection
  - Emergency drip administration
  - oral medicine administration in emergency cases
  - Body temperature measurement (no referral needed)
  - Placement/change/removal - small dressing
  - Blood drawing
  - Blood pressure measurement (no referral needed)
  - Height and body weight measurement (no referral needed)
  - Office-based midwife service – palpation of the breast
- swabs, adhesive strips, needles, serum - tetanus antitoxin, disinfectants, used for the above procedures are free of charge. Other products used in the above*
- procedures need to be paid for by the Patient.*

Note:

Medical materials and products, such as: dressings, bandages, cannulae, syringes,

## On-duty physician consultations – option II

The service includes exclusively basic emergency assistance in a sudden onset of an illness or in injuries requiring initial dressing which have occurred within 24 hours preceding the receipt of a consultation request by LUX MED. On-duty doctors are available within the working hours of outpatient Medical Facilities indicated by LUX MED separately, only on the day of reporting it.

The service does not include healthcare services provided to save life and health in accordance with the National Medical Rescue Act (Journal of Laws 2006.191.1410, as amended).

The service includes: medical history taking, physician's advice and basic procedures necessary for making an initial diagnosis, taking an appropriate therapeutic decision and refers to consultations within the following scope (provided that the consultations are available in the facility):

- Internal medicine
- Paediatrics
- Family doctor

**Patients over 18 years of age**, additionally (if the consultations are available in the clinic):

- general surgery
- orthopaedics

## Professor consultations

The service entitles the Patient with a referral issued by a physician from an outpatient Medical Facility indicated by LUX MED to use the consultations of physicians with the degree of "doktor habilitowany" (associate professor) or the scientific title of "profesor" (professor) as well as physicians holding the positions of "docent" (assistant professor), "profesor nadzwyczajny" (associate professor) and "profesor zwyczajny" (full professor). The service (if available in outpatient Medical Facilities indicated by LUX MED) covers the same range of consultations which the Patient is entitled to on the grounds of the Agreement within the Specialists consultations in options: basic, basic - with co-payment, I, I - with co-payment, I plus, I plus- with co-payment, II, II - with co-payment, II plus, II plus - with co-payment, III or IV.

## Outpatient procedures – option II

The services including basic measurements and procedures (including the diagnostic ones) not requiring hospitalisation and operating room regimen. Performed in accordance with the competences by a physician or a nurse or an obstetrician during a procedure-specific consultation or beyond the medical consultation, in outpatient Medical Facilities indicated by LUX MED. The scope of outpatient consultation procedures depends on the range of physician consultation which the Patient is entitled to within the scope of provided services, the age of the Patient and on the availability of a given procedure in an outpatient Medical Facility indicated by LUX MED.

Outpatient procedures include:

### Outpatient general medical procedures:

- Blood pressure measurement
- Height and body weight measurement
- Non-surgical tick removal

### Outpatient surgical procedures:

- Suturing of a wound up to 1,5 cm
- Surgical tick removal
- Non-surgical tick removal



This document in its English version is only of informative character, in case of any interpretation doubts or discrepancies between Polish and English version, the Polish one is applicable.

- Placement/change/removal – small dressing (not requiring surgical debridement)
- Removal of another foreign body without incision

**Outpatient laryngological procedures:**

- Eustachian tube examination, insufflation
- Catheterisation of the Eustachian tube
- Ear irrigation
- Removal of a foreign body from the nose/ear
- Simple laryngological dressing
- Coagulation of blood vessels of the nasal septum

**Outpatient ophthalmologic procedures:**

- Standard\* ocular fundus examination
- Corrective lens selection (excludes varifocal lenses)
- Gonioscopy (iridocorneal angle assessment)
- Removal of a foreign body from the eye

**Outpatient orthopaedic procedures:**

- Adjustment of small orthopaedic devices — small joints
- Reposition of a dislocation or fracture
- Preparation: traditional cast – tape

**Outpatient dermatological procedures:**

- Standard\* dermatoscopy

**Outpatient gynaecological procedures:**

- Standard\* pap smear

**Outpatient allergological procedures:**

- Desensitisation with allergist consultation

**Anaesthesia**

- Local (infiltration or permeation) anaesthesia

*Note:*

*Medical materials and products, such as: traditional plaster cast, dressings, bandages, cannulae, syringes, swabs, adhesive strips, needles, serum - tetanus antitoxin, disinfectants, surgical sutures and threads, used for the above procedures are free of charge. Other products used in the above procedures need to be paid for by the Patient.*

## Influenza and tetanus vaccinations

As part of infectious disease prevention, the service includes vaccinations against seasonal flu and administer tetanus anatoxin (anti-tetanus anatoxin).

The service includes:

- Medical consultation before vaccination
- Vaccine (the medicinal product)
- Performance of a nursing service (injection).

Flue vaccinations are performed in outpatient Medical Facilities indicated by LUX MED. LUX MED may also arrange vaccination against seasonal influenza in a place indicated by the Insuring Party – for groups over 30 persons.

## Additional recommended preventive vaccinations



This document in its English version is only of informative character, in case of any interpretation doubts or discrepancies between Polish and English version, the Polish one is applicable.

The service is available within the additional prophylaxis of infectious diseases in outpatient Medical Facilities indicated by LUX MED, following referral issued by a physician of the abovementioned Clinic. The service covers the following vaccinations (this also refers to combination vaccines) against:

- Tick-borne encephalitis
- Hepatitis A
- Hepatitis A and B
- Rubella, mumps, measles

The service includes:

- Medical consultation before vaccination
- Vaccine (the medicinal product)
- Performance of a nursing service (injection).

### Laboratory test panel (no referral needed)

The service is only available for the Patient over 18 years of age and is provided only in outpatient Medical Facilities indicated by LUX MED. The service includes a one-time performance of a panel of laboratory tests, composed of the following items, without a referral from a physician (within 12 months of the term of the agreement):

- Urine – general analysis
- Blood count + platelet count + automated smear
- Total cholesterol
- Fasting glucose
- Standard Pap smear (available for Patients over 16 years of age)

### Laboratory and imaging diagnostics – option II

This includes the following laboratory, imaging and functional diagnostic tests performed in outpatient Medical Facilities indicated by LUX MED. The number of performed tests is unlimited. All diagnostic tests and examinations available within the service are performed following referrals issued by physicians from outpatient Medical Facilities indicated by LUX MED, only based on medical indications as part of a diagnostic and therapeutic process conducted in these Medical Facilities.

#### Laboratory diagnostics:

##### Haematology and coagulation tests with taking test samples (blood):

- Absolute eosinophil count
- Blood count + platelet count + automated smear
- ESR
- Manual blood smear
- Platelets
- INR / Prothrombin time
- Thrombin time – TT
- D – dimers
- APTT
- Fibrinogen

##### Biochemical and hormonal tests, tumour marker tests with taking test samples (blood):

- CRP quantitative
- GPT/ALT transaminase
- GOT/AST transaminase
- Amylase
- Albumins
- Total protein
- PAPP – a protein
- Total bilirubin
- Direct bilirubin
- Chlorides (Cl)
- Cholesterol
- HDL cholesterol
- LDL cholesterol
- Directly measured LDL cholesterol
- CK (creatin kinase)
- LDH – Lactate dehydrogenase
- Alkaline phosphatase /
- Acid phosphatase
- Phosphorus (P)
- GGTP
- Glucose tolerance test (4 points, 75 g, 0, 1, 2, 3 h)
- Fasting glucose
- Glucose 120' after a meal
- Glucose 60' after a meal
- Glucose 75 g, 4-hour glucose challenge test
- Glucose 75 g, 5-hour glucose challenge test
- Creatinine
- Uric acid
- Lipid profile (CHOL, HDL, LDL, TG)
- Magnesium (Mg)
- Urea/blood urea nitrogen, BUN
- Potassium (K)
- Protein profile
- Sodium (Na)
- Triglycerides
- Calcium (Ca)
- Iron (Fe)
- Immunoglobulin IgE (total IgE)
- Immunoglobulin IgA
- Immunoglobulin IgG
- Immunoglobulin IgM
- Folic acid
- Vitamin B12
- TIBC – total iron binding capacity (alternative to Fe saturation)
- Iron / Fe 120 mins after administration (absorption curve)
- Iron / Fe 180 mins after administration (absorption curve)
- Iron / Fe 240 mins after administration (absorption curve)
- Iron / Fe 300 mins after administration (absorption curve)
- Iron / Fe 60 mins after administration (absorption curve)
- Ferritin
- Caeruloplasmin
- Transferrin
- Thyroglobulin
- Apolipoprotein A1
- Lipase
- Copper
- Cortisol in the afternoon
- Cortisol in the morning
- Prolactin 120' after administration MCP 1 tablet
- Prolactin 30' after administration of MCP 1 tablet
- Prolactin 60' after administration of MCP 1 tablet
- Prolactin
- TSH / hTSH
- Estradiol
- FSH
- Free T3
- Free T4
- Total Beta-hCG



This document in its English version is only of informative character, in case of any interpretation doubts or discrepancies between Polish and English version, the Polish one is applicable.

- LH
- Progesterone
- Testosterone
- Free testosterone
- AFP – alpha-fetoprotein

- Free PSA
- Total PSA
- CEA – carcinoembryonic antigen
- CA 125
- CA 15.3 – breast cancer antigen

- CA 19.9 – gastrointestinal cancer antigen

**Serology tests and infection diagnostics with taking test samples (blood):**

- Basic syphilis serology (VDRL or USR or anti-TP), formerly WR
- ASO quantitative
- ASO qualitative
- RF – Rheumatoid Factor – quantitative
- Waaler-Rose test
- BTA test
- Blood group (AB0), Rh factor and antibody screening
- Immune antibody screening / alloantibodies (replaces anti-Rh +/- antibodies)

- HBs Ag/antigen
- A-microsomal/anti-TPO antibodies
- Antithyroglobulin / anti-TG antibodies
- CMV antibodies IgG
- CMV antibodies IgM
- HBs Ab/antibodies;
- HCV Ab/antibodies
- Helicobacter pylori IgG, quantitative;
- HIV-1/HIV-2
- EBV/mononucleosis – latex
- EBV / mononucleosis IgG
- EBV / mononucleosis IgM

- Rubella IgG
- Rubella IgM
- Toxoplasma IgG
- Toxoplasma IgM
- Chlamydia trachomatis IgA antibodies
- Chlamydia trachomatis IgG antibodies
- Chlamydia trachomatis IgM antibodies
- HBc Ab IgM

**Urine tests with taking test samples (urine):**

- Urine – general analysis
- Vanillylmandelic acid (VMA) in urine
- Urine protein
- Total protein / 24-hour urine collection
- Phosphorus in urine
- Phosphorus in urine / 24-hour urine collection
- Creatinine in urine
- Creatinine – urine / 24-hour urine collection
- Uric acid in urine / 24-hour urine collection
- Uric acid in urine

- Magnesium / Mg in urine
- Magnesium / Mg / 24-hour urine collection
- Urea/blood urea nitrogen, BUN in urine / 24-hour urine collection
- Urea/blood urea nitrogen, BUN in urine
- Sodium/Na in urine
- Sodium/Na in urine / 24-hour urine collection
- Calcium in urine
- Calcium/Ca in urine / 24-hour urine collection
- Delta - aminolevulinic acid (ALA)

- Delta - aminolevulinic acid (ALA) in 24-hour urine collection
- Potassium (K) — urine
- Potassium (K) — urine/ 24-hour urine collection
- Catecholamines (noradrenaline, adrenaline) in a daily urine sample
- Cortisol in 24-hour urine collection
- Metoxycatecholamines in 24-hour urine collection
- Lead/Pb in urine

**Bacteriological tests with taking smear (the service does not include tests performed using molecular biology techniques):**

- Urine culture
- General faeces culture
- Pharyngeal / tonsil swab – aerobic culture
- Oral cavity swab — aerobic culture
- Tongue swab — aerobic culture
- Ear swab – anaerobic culture
- Ear swab – aerobic culture
- Eye swab – aerobic culture
- Nasal swab
- Nasal swab – aerobic culture
- Nasopharyngeal swab – anaerobic culture

- Nasopharyngeal swab – aerobic culture
- Anal and vaginal swab culture for Streptococcus GBS
- Vaginal swab – anaerobic culture
- Vaginal swab – aerobic culture
- Culture for GC (GNC) Vaginal swab
- Wound swab
- Wound swab – anaerobic culture
- Stool culture for SS
- Vaginal microbiological test (vaginal biocenosis)

- Semen culture — aerobic
- Sputum culture
- Endocervical swab
- Endocervical smear – anaerobic culture
- Culture for GC (GNC) Endocervical swab
- Stool culture for Pathogenic E. Coli in children up to 2 years
- Stool culture for Yersinia enterocolitica
- Urethral swab
- Urethral swab – anaerobic culture

**Faecal tests with taking test samples:**

- Stool analysis
- Faeces analysis for parasites, 1 assay
- Faecal occult blood (FOB)

- Faecal analysis for rota- and adenovirus k
- Faecal ELISA analysis for lamblia

**Cytology tests with taking test samples:**

- Standard\* Pap smear

**Mycological tests with taking smear (the service does not include tests performed using molecular biology techniques):**

- Mycological examination – toenail fungal culture
- Mycological examination – fingernail fungal culture
- Mycological examination – hair fungal culture

- Mycological examination – skin fungal culture
- Mycological examination – skin scraping fungal culture
- Stool culture for yeast-like fungi
- Urine culture for yeast-like fungi

- Sputum culture for yeast-like fungi
- Abscess content culture for yeast-like fungi
- Secretion culture for yeast-like fungi
- Swab culture for yeast-like fungi



This document in its English version is only of informative character, in case of any interpretation doubts or discrepancies between Polish and English version, the Polish one is applicable.

- Urethral swab culture for yeast-like fungi
- Pharyngeal / tonsil swab culture for yeast-like fungi
- Endocervical smear culture for yeast-like fungi
- Nasal swab culture for yeast-like fungi

**Toxicological tests with taking test samples (blood):**

- Digoxin
- Lead

**Quick strip tests with taking test samples (blood):**

- CRP – strip test
- Cholesterol strip test
- Glucose meter test

**Diagnostic imaging:**

**ECG examinations:**

- Resting ECG
- Standard\* exercise test
- Mounting of a standard\* Holter ECG monitor (for 24h) in an office
- Mounting Holter RR (for 24h) device in an office

**X-ray (medium conforming with the standard applicable in a given Clinic):**

- Cranial X-ray orbits
- X-ray of orbits + lateral (2 views)
- Cranial X-ray PA + lateral
- Cranial X-ray PA + lateral + base
- Cranial X-ray, base
- Cranial X-ray, semi-axial by Orley
- Cranial X-ray, sella turcica
- Cranial X-ray, tangential
- Cranial X-ray, cranial nerve canals
- Splanchnocranium X-ray
- Abdominal X-ray, other
- Abdominal X-ray, supine
- Abdominal X-ray, erect
- Chest X-ray
- Chest X-ray – X-ray tomography
- Chest X-ray + lateral
- Chest X-ray, lateral with barite
- Chest X-ray, other
- Chest X-ray PA + lateral with barium
- X-ray of chest, thyroid, trachea
- Sacrococcygeal X-ray
- Lateral nasal X-ray
- Lower leg X-ray, AP + lateral
- Lower leg X-ray, AP + bilateral lateral
- Upper leg and lower leg X-ray
- Femoral bone X-ray, AP + left lateral
- Femoral bone X-ray, AP + right, lateral
- Shoulder X-ray, axial
- Shoulder X-ray, bilateral axial
- Shoulder X-ray, AP + lateral
- Shoulder X-ray: AP + bilateral – comparative image
- Shoulder X-ray, AP
- Shoulder X-ray, AP, both – comparative image
- Forearm X-ray, AP + lateral
- Bilateral forearm X-ray, AP + lateral
- Elbow/forearm X-ray, AP + lateral
- Elbow/forearm X-ray, AP + lateral, bilateral
- X-ray of temporal bones, transorbital
- X-ray of temporal bones by Schuller/Stevens
- Temporal bone pyramid X-ray, transorbital
- Hand X-ray, lateral
- Hand X-ray, PA
- Hand X-ray PA, bilateral
- Finger(s) X-ray, PA + lateral/oblique
- Finger(s) X-ray, PA + lateral/oblique bilateral
- Scaphoid X-ray
- Foot X-ray, AP + lateral/oblique
- Foot X-ray, AP + lateral/oblique, erect
- Foot X-ray, AP + lateral/oblique bilateral
- Foot X-ray, AP + lateral/oblique bilateral, erect
- Foot X-ray, AP (comparative)
- Metatarsal X-ray
- Toe(s) X-ray, AP + lateral/oblique
- Heel X-ray + axial
- Heel X-ray, lateral
- Lumbar X-ray: AP + lateral
- X-ray of lumbar spine, AP + lateral + oblique
- X-ray of lumbar spine, lateral
- X-ray of lumbosacral spine, oblique
- X-ray of lumbosacral spine AP + lateral
- Lumbar functional X-ray
- Thoracic X-ray
- Thoracic X-ray AP + lateral
- Thoracic X-ray, AP + lateral + oblique
- Thoracic X-ray, lateral
- Thoracic X-ray, oblique views
- Cervical X-ray
- Cervical X-ray, AP + lateral
- Cervical X-ray, lateral
- Cervical X-ray, lateral + oblique (3 views)
- Cervical X-ray, oblique views
- Cervical functional X-ray
- Spinal X-ray AP, erect (scoliosis)
- Spinal X-ray AP, erect + lateral (scoliosis)
- Scapular X-ray
- Pelvic and hip joint X-ray
- X-ray of sternum, AP
- X-ray sternum / chest lateral
- Mandibular X-ray
- Paranasal sinus X-ray
- Rib X-ray (unilateral), 2 oblique views
- Wrist X-ray, lateral
- X-ray of both wrists, lateral
- Wrist X-ray, PA + lateral
- Wrist X-ray, PA + bilateral lateral
- Hand X-ray, PA + oblique
- Hand X-ray, PA + oblique, bilateral
- Wrist/hand X-ray, PA + lateral/oblique left
- Wrist/hand X-ray, PA + lateral/oblique right
- Wrist/hand X-ray, PA + lateral/oblique bilateral
- Wrist/hand X-ray, PA + lateral/oblique bilateral
- X-ray of both patellae axial
- Bilateral patellar X-ray, axial in 2 positions
- Bilateral patellar X-ray, axial in 3 positions
- X-ray of sacroiliac joints – PA
- X-ray of sacroiliac joints – oblique
- Hip joint X-ray, AP
- Bilateral hip joint X-ray, AP
- Hip joint X-ray, axial
- Knee joint X-ray, AP + lateral
- Knee joint X-ray, AP + bilateral lateral
- Knee joint X-ray, AP + bilateral lateral, erect
- Knee joint X-ray, lateral
- Elbow joint X-ray
- Ankle joint X-ray, AP + lateral
- Ankle joint X-ray, AP + lateral bilateral



This document in its English version is only of informative character, in case of any interpretation doubts or discrepancies between Polish and English version, the Polish one is applicable.

- Temporomandibular joint functional X-ray

#### **Ultrasound examinations:**

- Abdominal ultrasound
- Urinary tract ultrasound
- Breast ultrasound
- Thyroid ultrasound
- Transabdominal prostate ultrasound
- Transvaginal gynaecological ultrasound
- Transabdominal gynaecological ultrasound
- Testicular ultrasound
- Salivary gland ultrasound
- Transrectal prostate ultrasound
- Ultrasound / Doppler ultrasound of carotid arteries and vertebral arteries
- Ultrasound / Doppler ultrasound of lower limb arteries
- Ultrasound/Doppler ultrasound of upper limb arteries

#### **Endoscopic examinations with endoscopic biopsy specimen sampling:**

- Anoscopy
- Gastroscopy (with urease test)
- Rectoscopy

#### **Magnetic resonance imaging with standard contrast agents:**

- MR – low-field magnetic resonance of head
- MR – magnetic resonance of head
- MR – magnetic resonance, angiography head
- MR – magnetic resonance head + angiography
- MR – magnetic resonance, head and pituitary gland
- MR – magnetic resonance, splanchnocranium
- MR – magnetic resonance of abdomen
- MR – magnetic resonance of small pelvis
- MR – magnetic resonance of bone pelvis
- MR – magnetic resonance of abdomen and small pelvis;
- MR – magnetic resonance of thorax
- MR – low-field magnetic resonance of lumbar spine
- MR – magnetic resonance of lumbar spine
- MR – low-field magnetic resonance of thoracic spine

#### **Computer tomography with standard contrast agents:**

- CT – computed tomography of head
- CT – computed tomography of facial skeleton
- CT – computed tomography of pituitary gland
- CT – computed tomography of sinuses

- Urography (with standard contrast agents)
- X-ray of nasopharynx

- Ultrasound/Doppler ultrasound of lower limb veins
- Ultrasound/Doppler ultrasound of upper limb veins
- Ultrasound/Doppler ultrasound of the abdominal aorta and pelvic arteries
- Ultrasound/Doppler ultrasound of hepatic vessels (assessment of hepatic portal circulation)
- ultrasound/Doppler ultrasound of renal arteries;
- Ultrasound/Doppler ultrasound of intracranial arteries
- Hip joints ultrasound – for children
- hip joints ultrasound + orthopaedic consultation (up to 1 year of age)
- Hip joint ultrasound
- Knee joint ultrasound
- Elbow joint ultrasound

- Sigmoidoscopy
- Colonoscopy

- MR – magnetic resonance of thoracic spine
- MR – low-field magnetic resonance, cervical spine
- MR – magnetic resonance of cervical spine
- MR – low-field magnetic resonance of sacral spine
- MR – magnetic resonance of orbits
- MR – magnetic resonance of sinuses
- MR – magnetic resonance of pituitary gland
- MR – low-field magnetic resonance of shoulder joint
- MR – magnetic resonance of shoulder joint
- MR – low-field magnetic resonance, elbow joint
- MR – magnetic resonance of elbow joint
- MR – low-field magnetic resonance of knee joint
- MR – magnetic resonance of knee joint
- MR – low-field magnetic resonance, wrist

- CT – computed tomography of orbits
- CT – computed tomography of temporal bones
- CT – computed tomography of neck
- CT – computed tomography of larynx
- CT – computed tomography of thorax

- Shoulder X-ray (transthoracic)
- Shoulder X-ray, AP + axial
- Clavicular X-ray

- Ankle joint ultrasound
- Shoulder ultrasound
- Subcutaneous tissue ultrasound (lipomas, fibromas, etc.)
- Post-traumatic muscle haematoma ultrasound
- Lymph node ultrasound
- Wrist ultrasound
- Ultrasound of ligaments, muscles, small joints
- Ultrasound of metatarsal
- Ultrasound of the plantar aponeurosis
- Finger and metacarpophalangeal joint ultrasound
- Achilles tendon ultrasound;
- Urinary tract ultrasound + TRUS
- Trans-fontanelle ultrasound
- Echocardiography – cardiac ultrasound

- Histopathological examination — endoscopy biopsy material

- MR – magnetic resonance of wrist
- MR – low-field magnetic resonance, ankle joint
- MR – magnetic resonance of ankle joint
- MR – low-field magnetic resonance of hip joint
- MR – magnetic resonance of hip joint
- MR – magnetic resonance of sacroiliac joints
- MR – low-field magnetic resonance, foot
- MR – magnetic resonance of foot
- MR – low-field magnetic resonance of lower limb
- MR – magnetic resonance of lower leg
- MR – magnetic resonance of upper leg
- MR – low-field magnetic resonance, upper limb
- MR – magnetic resonance of forearm
- MR – magnetic resonance of arm
- MR – magnetic resonance of hand

- CT – low -dose computed tomography of thorax
- CT – computed tomography of thorax (HRCT)
- CT – computed tomography of abdomen



This document in its English version is only of informative character, in case of any interpretation doubts or discrepancies between Polish and English version, the Polish one is applicable.

- CT – computed tomography, abdomen (3 phases)
- CT – computed tomography of small pelvis
- CT – computed tomography of bone pelvis
- CT – computed tomography of abdomen and small pelvis
- CT – computed tomography of thorax and abdomen
- CT – computed tomography of thorax, abdomen, small pelvis
- CT – computed tomography of neck, thorax, abdomen, small pelvis
- CT – computed tomography of cervical spine
- CT – computed tomography of thoracic spine
- CT – computed tomography of lumbar spine
- CT – computed tomography, lumbar + sacral spine
- CT – computed tomography of cervical + lumbar spine
- CT – computed tomography of cervical + thoracic spine
- CT – computed tomography of cervical + thoracic + lumbar spine
- CT – computed tomography of thoracic + lumbar spine
- CT – computed tomography of hip joint
- CT – computed tomography of knee joint
- CT – computed tomography of ankle joint
- CT – computed tomography of wrist
- CT – computed tomography of shoulder joint
- CT – computed tomography of elbow joint
- CT – computed tomography of foot
- CT – computed tomography of upper leg
- CT – computed tomography of lower leg
- CT – computed tomography of arm
- CT – computed tomography of forearm
- CT – computed tomography of hand
- Spirometry without medication
- Spirometry – diastolic test
- Standard audiometry\*
- Lumbar spine densitometry (trabecular bone assessment) – screening
- Densitometry femoral collum (cortical bone assessment) – screening
- Uroflowmetric examination
- Mammography
- Mammography – targeted image
- Computerised visual field test
- Dark adaptation test
- Pachymetry
- Standard\* EEG during wakefulness

**Note:**

As technology advances, the names or methods of specific diagnostic tests may be subject to change, which shall not limit the scope of services provided in this agreement. If as a result of the application of a new method, the above scope of services is extended, then the services resulting from the scope extensions shall not be covered by the scope of the package. Examination results are stored on a medium conforming with the standard applicable in a given facility. Unless stated otherwise, CT, MRI and ultrasound diagnostic imaging includes a 2D image with no additional options (including extended genetic ultrasound).

## Allergy tests – option II

The service includes allergy skin tests, patch tests or contact tests. The tests are ordered by a physician from an outpatient Medical Facility indicated by LUX MED, in the following scope:

- ✓ Allergist consultation – qualification for tests
- ✓ **Allergy skin tests** – skin prick tests with a product for allergy tests:
  - skin allergy tests – 1 spot
  - skin allergy tests – food allergy panel
  - skin allergy tests – inhaled allergens panel
- ✓ **Patch/contact tests** – patch tests with a product for allergy tests:
  - patch/contact tests – crural ulceration panel
  - patch/contact tests – basic panel

**Note:**

As technology advances, the names or methods of specific diagnostic tests may be subject to change, which shall not limit the scope of services provided in this agreement. If as a result of the application of a new method, the above scope of services is extended, then the services resulting from the scope extensions shall not be covered by the scope of the package.

## Preventive health check – option I

Preventive health check – option I is an annual (available once during a 12-month term of the agreement) health check, depending on the age and sex of the Patient, including a range of examinations and consultations for the Patient over 18 years of age. The health check starts with an internist visit when medical history is taken and referrals for examinations (according to the indications). The health check concludes with an internist consultation, during which the Patient obtains information on their health status and further recommendations.

**The scope of the check for women includes:**

- ✓ Internist consultation — medical history
- ✓ Gynaecological consultation
- ✓ Ophthalmological consultation
- ✓ Laboratory tests:





This document in its English version is only of informative character, in case of any interpretation doubts or discrepancies between Polish and English version, the Polish one is applicable.

- Urine – general analysis
  - faecal occult blood (FOB);
  - Blood count + platelet count + automated smear
  - ✓ Imaging examinations:
    - Transabdominal gynaecological ultrasound or transvaginal ultrasound
  - ✓ Functional examinations:
    - Resting ECG
  - ✓ Internist consultation — closing consultation
- ESR
  - Fasting glucose
  - TSH / hTSH
  - Lipid profile (CHOL, HDL, LDL, TG)
  - Breast ultrasound and Mammography - women, depending on medical indications
- GPT/ALT transaminase
  - Standard\* Pap smear
  - PA chest X-ray - depending on medical indications
  - Abdominal ultrasound

#### The scope of the check for men includes:

- ✓ Internist consultation — medical history
  - ✓ Ophthalmological consultation
  - ✓ urological consultation;
  - ✓ Laboratory tests:
    - Urine – general analysis
    - faecal occult blood (FOB);
    - Blood count + platelet count + automated smear
    - ESR
  - ✓ Imaging examinations:
    - PA chest X-ray depending on medical indications
  - ✓ Functional examinations:
    - Resting ECG
  - ✓ Internist consultation — closing consultation
- PSA panel (PSA, FPSA, FPSA / PSA index)
  - TSH / hTSH
  - Lipid profile (CHOL, HDL, LDL, TG)
  - Abdominal ultrasound
  - GPT/ALT transaminase
  - Fasting glucose

#### Note:

The scheme is available in outpatient Medical Facilities indicated by LUX MED. In order to make an appointment for scheme implementation, the Patient should contact using the on-line form available on <https://www.luxmed.pl/strona-glowna/kontakt/infolinia.html>.

## Physiotherapy - option I

As part of the Physiotherapy option I service, the Patient is entitled to unlimited access to **consultations with a physical therapist**. The service includes: a medical history interview, a functional examination, the physical therapist's advice and procedures necessary to make a diagnosis, adopting an appropriate therapeutic decision and determining the mode of rehabilitation. The service only includes rehabilitation of the locomotor system and it is provided for the following indications (qualification criteria); i.e. it applies to Patients with:

- orthopaedic traumas
- osteoarthritis
- occupational disorders of the motor organ (confirmed by a relevant medical certificate)
- neurological pain syndromes.

The procedures are provided on the basis of referrals from physical therapists or Physicians (specialists in the field of orthopaedics, neurology, neurosurgery, rheumatology, rehabilitation medicine, balneology) from an outpatient Medical Facility indicated by LUX MED, specifying the scope and type of rehabilitation procedures, and includes physiotherapy services available at outpatient Medical Facilities indicated by LUX MED. The service is limited and covers performance of a total of the following services within a 12-month term of the agreement: **10 physical therapy procedures and 3 kinesitherapy procedures (including therapeutic massage)** from the following range of physical therapy and kinesitherapy procedures:

- Physical therapy – electrical stimulation of muscle of the lower limb
- Physical therapy – electrical stimulation of muscle of the upper limb
- Physical therapy – phonophoresis lumbar spine
- Physical therapy – phonophoresis thoracic spine
- Physical therapy – phonophoresis cervical spine
- Physical therapy – phonophoresis wrist
- Physical therapy – phonophoresis lower leg
- Physical therapy – phonophoresis forearm
- Physical therapy – phonophoresis arm
- Physical therapy – phonophoresis hand
- Physical therapy – phonophoresis shoulder joint
- Physical therapy – phonophoresis hip joint
- Physical therapy – phonophoresis knee joint
- Physical therapy – phonophoresis elbow joint
- Physical therapy – phonophoresis ankle joint
- Physical therapy – phonophoresis foot
- Physical therapy – phonophoresis upper leg
- Physical therapy – galvanotherapy lumbar spine



This document in its English version is only of informative character, in case of any interpretation doubts or discrepancies between Polish and English version, the Polish one is applicable.

- Physical therapy – galvanotherapy thoracic spine
- Physical therapy – galvanotherapy cervical spine
- Physical therapy – galvanisation wrist
- Physical therapy – galvanisation lower leg
- Physical therapy – galvanisation forearm
- Physical therapy – galvanisation arm
- Physical therapy – galvanisation hand
- Physical therapy – galvanisation shoulder joint
- Physical therapy – galvanisation hip joint
- Physical therapy – galvanisation knee joint
- Physical therapy – galvanisation elbow joint
- Physical therapy – galvanisation ankle joint
- Physical therapy – galvanisation foot
- Physical therapy – galvanisation upper leg
- Physical therapy – ionophoresis lumbar spine
- Physical therapy – ionophoresis thoracic spine
- Physical therapy – ionophoresis cervical spine
- Physical therapy – ionophoresis wrist
- Physical therapy – ionophoresis lower leg
- Physical therapy – ionophoresis forearm
- Physical therapy – ionophoresis arm
- Physical therapy – ionophoresis hand
- Physical therapy – ionophoresis shoulder joint
- Physical therapy – ionophoresis hip joint
- Physical therapy – ionophoresis knee joint
- Physical therapy – ionophoresis elbow joint
- Physical therapy – ionophoresis ankle joint
- Physical therapy – ionophoresis foot
- Physical therapy – ionophoresis upper leg
- Physical therapy – local cryotherapy lumbar spine
- Physical therapy – local cryotherapy thoracic spine
- Physical therapy – local cryotherapy cervical spine
- Physical therapy – local cryotherapy wrist
- Physical therapy – local cryotherapy lower leg
- Physical therapy – local cryotherapy forearm
- Physical therapy – local cryotherapy arm
- Physical therapy – local cryotherapy hand
- Physical therapy – local cryotherapy shoulder joint
- Physical therapy – local cryotherapy hip joint
- Physical therapy – local cryotherapy knee joint
- Physical therapy – local cryotherapy elbow joint
- Physical therapy – local cryotherapy ankle joint
- Physical therapy – local cryotherapy foot
- Physical therapy – local cryotherapy upper leg
- Physical therapy – low-energy laser therapy lumbar spine
- Physical therapy – low-energy laser therapy thoracic spine
- Physical therapy – low-energy laser therapy cervical spine
- Physical therapy – low-energy laser therapy wrist
- Physical therapy – low-energy laser therapy lower leg
- Physical therapy – low-energy laser therapy forearm
- Physical therapy – low-energy laser therapy arm
- Physical therapy – low-energy laser therapy hand
- Physical therapy – low-energy laser therapy shoulder joint
- Physical therapy – low-energy laser therapy hip joint
- Physical therapy – low-energy laser therapy knee joint
- Physical therapy – low-energy laser therapy elbow joint
- Physical therapy – low-energy laser therapy ankle joint
- Physical therapy – low-energy laser therapy foot
- Physical therapy – low-energy laser therapy upper leg
- Physical therapy – magnetic field therapy lumbar spine
- Physical therapy – magnetic field therapy thoracic spine
- Physical therapy – magnetic field therapy cervical spine
- Physical therapy – magnetic field therapy wrist
- Physical therapy – magnetic field therapy lower leg
- Physical therapy – magnetic field therapy forearm
- Physical therapy – magnetic field therapy arm
- Physical therapy – magnetic field therapy hand
- Physical therapy – magnetic field therapy shoulder joint
- Physical therapy – magnetic field therapy hip joint
- Physical therapy – magnetic field therapy knee joint
- Physical therapy – magnetic field therapy elbow joint
- Physical therapy – magnetic field therapy ankle joint
- Physical therapy – magnetic field therapy foot
- Physical therapy – magnetic field therapy upper leg
- Physical therapy – interferential currents therapy lumbar spine
- Physical therapy – interferential currents therapy thoracic spine
- Physical therapy – interferential currents therapy cervical spine
- Physical therapy – interferential currents therapy wrist
- Physical therapy – interferential currents therapy lower leg
- Physical therapy – interferential currents therapy forearm
- Physical therapy – interferential currents therapy arm



This document in its English version is only of informative character, in case of any interpretation doubts or discrepancies between Polish and English version, the Polish one is applicable.

- Physical therapy – interferential currents therapy hand
- Physical therapy – interferential currents therapy shoulder joint
- Physical therapy – interferential currents therapy hip joint
- Physical therapy – interferential currents therapy knee joint
- Physical therapy – interferential currents therapy elbow joint
- Physical therapy – interferential currents therapy ankle joint
- Physical therapy – interferential currents therapy foot
- Physical therapy – interferential currents therapy upper leg
- Physical therapy – TENS currents therapy lumbar spine
- Physical therapy – TENS currents therapy thoracic spine
- Physical therapy – TENS currents therapy cervical spine
- Physical therapy – TENS currents therapy wrist
- Physical therapy – TENS currents therapy lower leg
- Physical therapy – TENS currents therapy forearm
- Physical therapy – TENS currents therapy arm
- Physical therapy – TENS currents therapy hand
- Physical therapy – TENS currents therapy shoulder joint
- Physical therapy – TENS currents therapy hip joint
- Physical therapy – TENS currents therapy knee joint
- Physical therapy – TENS currents therapy elbow joint
- Physical therapy – TENS currents therapy ankle joint
- Physical therapy – TENS currents therapy foot
- Physical therapy – TENS currents therapy upper leg
- Physical therapy – ultrasound therapy lumbar spine
- Physical therapy – ultrasound therapy thoracic spine
- Physical therapy – ultrasound therapy cervical spine
- Physical therapy – ultrasound therapy wrist
- Physical therapy – ultrasound therapy lower leg
- Physical therapy – ultrasound therapy forearm
- Physical therapy – ultrasound therapy arm
- Physical therapy – ultrasound therapy hand
- Physical therapy – ultrasound therapy shoulder joint
- Physical therapy – ultrasound therapy hip joint
- Physical therapy – ultrasound therapy knee joint
- Physical therapy – ultrasound therapy elbow joint
- Physical therapy – ultrasound therapy ankle joint
- Physical therapy – ultrasound therapy foot
- Physical therapy – ultrasound therapy upper leg
- Physical therapy – ultrasound (in water)
- Physical therapy – Trabert's current therapy lumbar spine
- Physical therapy – Trabert's current therapy thoracic spine
- Physical therapy – Trabert's current therapy cervical spine
- Physical therapy – Trabert's current therapy wrist
- Physical therapy – Trabert's current therapy lower leg
- Physical therapy – Trabert's current therapy forearm
- Physical therapy – Trabert's current therapy arm
- Physical therapy – Trabert's current therapy hand
- Physical therapy – Trabert's current therapy shoulder joint
- Physical therapy – Trabert's current therapy hip joint
- Physical therapy – Trabert's current therapy knee joint
- Physical therapy – Trabert's current therapy elbow joint
- Physical therapy – Trabert's current therapy ankle joint
- Physical therapy – Trabert's current therapy foot
- Physical therapy – Trabert's current therapy upper leg
- Kinesitherapy – instructional exercises lumbar spine
- Kinesitherapy – instructional exercises thoracic spine
- Kinesitherapy – instructional exercises cervical spine
- Kinesitherapy – instructional exercises wrist
- Kinesitherapy – instructional exercises shank
- Kinesitherapy – instructional exercises forearm
- Kinesitherapy – instructional exercises arm
- Kinesitherapy – instructional exercises hand
- Kinesitherapy – instructional exercises shoulder joint
- Kinesitherapy – instructional exercises hip joint
- Kinesitherapy – instructional exercises knee joint
- Kinesitherapy – instructional exercises elbow joint
- Kinesitherapy – instructional exercises ankle joint
- Kinesitherapy – instructional exercises foot
- Kinesitherapy – instructional exercises thigh
- Kinesitherapy – individual therapy lumbar spine
- Kinesitherapy – individual therapy thoracic spine
- Kinesitherapy – individual therapy cervical spine
- Kinesitherapy – individual therapy wrist
- Kinesitherapy – individual therapy lower leg
- Kinesitherapy – individual therapy forearm
- Kinesitherapy – individual therapy arm
- Kinesitherapy – individual therapy hand
- Kinesitherapy – individual therapy shoulder joint
- Kinesitherapy – instructional exercises shoulder joint
- Kinesitherapy – instructional exercises hip joint
- Kinesitherapy – instructional exercises knee joint
- Kinesitherapy – instructional exercises elbow joint
- Kinesitherapy – instructional exercises ankle joint
- Kinesitherapy – instructional exercises foot
- Kinesitherapy – instructional exercises thigh
- Kinesitherapy – function-improving exercises lumbar spine
- Kinesitherapy – function-improving exercises thoracic spine
- Kinesitherapy – function-improving exercises cervical spine
- Kinesitherapy – function-improving exercises wrist
- Kinesitherapy – function-improving exercises shank
- Kinesitherapy – function-improving exercises forearm
- Kinesitherapy – function-improving exercises arm
- Kinesitherapy – function-improving exercises hand
- Kinesitherapy – function-improving exercises shoulder joint
- Kinesitherapy – function-improving exercises hip joint
- Kinesitherapy – function-improving exercises knee joint
- Kinesitherapy – function-improving exercises elbow joint
- Kinesitherapy – function-improving exercises ankle joint
- Kinesitherapy – function-improving exercises foot
- Kinesitherapy – function-improving exercises thigh
- Kinesitherapy – individual therapy lumbar spine
- Kinesitherapy – individual therapy thoracic spine
- Kinesitherapy – individual therapy cervical spine
- Kinesitherapy – individual therapy wrist
- Kinesitherapy – individual therapy lower leg
- Kinesitherapy – individual therapy forearm
- Kinesitherapy – individual therapy arm
- Kinesitherapy – individual therapy hand
- Kinesitherapy – individual therapy shoulder joint



This document in its English version is only of informative character, in case of any interpretation doubts or discrepancies between Polish and English version, the Polish one is applicable.

- Kinesitherapy – individual therapy hip joint
- Kinesitherapy – individual therapy knee joint
- Kinesitherapy – individual therapy elbow joint
- Kinesitherapy – individual therapy ankle joint
- Kinesitherapy – individual therapy foot
- Kinesitherapy – individual therapy upper leg
- Kinesitherapy – lumbar spine traction
- Kinesitherapy – cervical spine traction
- Relaxation therapy – therapeutic spinal massage

*The scope of services does not include the costs of physiotherapy for congenital malformations and their consequences, postural defects, perinatal traumas, chronic connective tissue diseases and their consequences, demyelinating diseases and their consequences; neurodegenerative diseases and their consequences; physiotherapy after: surgical procedures not performed as part of the Agreement on the Provision of Health Services concluded with LUX MED or the LUX MED Group Health Insurance for Companies, coronary events, neurological and cerebrovascular events; urogynaecological physiotherapy, physiotherapy with highly specialist methods (mechanical and neurophysiological methods, osteopathic techniques), as well as diagnostic and functional training services or corrective gymnastics and fitness services. The scope of services does not include aseptic necrosis physiotherapy, physiotherapy of scars/keloid scars or post-burn conditions, or visceral manipulation – internal organ therapy.*

## Dentistry Option II

### Dental emergency

Dental emergency includes, depending on the Medical Facility, coverage or reimbursement of expenses (Reimbursement) up to the maximum limit of 350 PLN per each 12-month Agreement term, of the following performed by dentists services:

- Emergency tooth pulp devitalisation in a deciduous tooth with cavity dressing
- Emergency tooth pulp devitalisation with cavity dressing
- Emergency dental abscess incision, including drainage
- Emergency periapical abscess decompression
- Emergency medicinal dressing on a deciduous tooth
- Emergency medicinal dressing on a permanent tooth
- Emergency extraction of a single-rooted tooth
- Emergency extraction of a single-rooted deciduous tooth
- Emergency extraction of a multi-rooted tooth
- Emergency extraction of a multi-rooted deciduous tooth
- Emergency dry socket irrigation + application of medication
- Emergency extraction of a tooth by intra-alveolar chiseling
- Emergency repositioning and immobilisation of an avulsed tooth
- Emergency dental local infiltration anaesthesia
- Emergency dental local permeation anaesthesia
- Emergency dental intraoral conduction anaesthesia
- Emergency single tooth X-ray

#### Note:

*Dental emergency services are provided exclusively in the sudden onset of an illness or in case of an accident outside the working hours of LUX MED's own facilities. A precondition for obtaining dental emergency services shall be for the patient to notify the need to attend a dental emergency as a result of a sudden onset of an illness or an accident using our Helpline (on 22 33 22 888), and then avail of the services at a medical facility indicated by LUX MED, in line with the instructions provided by the Helpline staff. If the indicated medical facility does not offer cashless services, the patient must cover the costs of the services performed in accordance with the applicable price list, then submit an application for a Reimbursement with attached original invoices or receipts for services provided to the Patient. The invoice or receipt should include:*

- the data of the patient for whom services were provided, for the reimbursement of costs (at least the patient's name, surname, address). In the event that services are provided to a child, the invoice should be issued for the actual carer or legal guardian of the child, and the invoice should include the data of the child for whom the services were performed;*
- a list of services performed for the patient (indicated in the content of the invoice) or an attached specification issued by the medical facility providing the services, indicating the name of the service, or a copy of medical records related to the specific service provided;*
- the number of a specific type of services provided;*
- service performance date;*
- service unit price.*

*If, following the service cost reimbursement under the LUX MED Reimbursement procedure, LUX MED obtains evidence that the Reimbursement was made upon information, invoices or receipts that are inaccurate given the actual situation indicated in the Application or attached documents (e.g. if the patient submits invoices or receipts for services performed for third parties with the Application), LUX MED shall have the right to claim reimbursement of the amounts paid to the Patient with interest calculated from the date of disbursement of funds under the Reimbursement procedure.*

*Payment by way of Reimbursement shall be made on the basis of the Refund Application filed by the patient along with accompanying original invoices or receipts and other required documents, submitted within 3 months from the date of the service.*



LUX MED shall reimburse the costs to the bank account number indicated in the Application Form within 30 days from the date of delivery of the complete Application Form.

The Reimbursement Application Form is available at [www.luxmed.pl](http://www.luxmed.pl)

### Dental prophylaxis

Dental prophylaxis is a dental examination that involves assessment of the state of dentition and oral hygiene performed once during a 12-month Agreement term in outpatient Medical Facilities indicated by LUX MED by a dentist specialising in conservative dentistry, and oral hygiene procedures performed by a dental hygienist, and includes the following services:

- Dental consultation
- Dental fluoride treatment (Fluor Protector) 1 dental arch
- Dental fluoride treatment (Fluor Protector) 1/2 of dental arch
- Dental fluoride treatment (Fluor Protector) 2 dental arches
- Instructions on oral hygiene
- Tooth polishing
- Periodontal scaling – complementary
- Periodontal scaling from 1 dental arch
- Periodontal scaling from all teeth
- Deposit removal — sandblasting
- Prophylactic fissure sealing – 1 tooth
- Individual fluoride treatment, topical

### Anaesthesia

The service is performed by dentists in outpatient Medical Facilities indicated by LUX MED and covers the following services:

- Dental anaesthesia with a WAND device
- Dental local infiltration anaesthesia
- Dental local permeation anaesthesia
- Dental intraoral conduction anaesthesia

### Conservative dentistry

The service is performed by dentists in outpatient Medical Facilities indicated by LUX MED and covers the following services:

- Specialist consultation — conservative dentistry

and once within the 12-month Agreement term one of the following services:

- Tooth cavity filling 1 surface with regular light-cured composite
- Tooth cavity filling 2 surfaces with regular light-cured composite
- Tooth cavity filling 3 surfaces with regular light-cured composite
- Restoration of damaged incisal angle with regular light-cured composite
- Filling – glass ionomer

When the patient reaches the limit, they shall be offered an additional **15% discount** off the price list of the facility for the above services.

In addition, the patient is entitled to a **15% discount** off the price list of the facility for the following services:

- Examination of tooth vitality
- Circumpulpal pin inlay
- Cosmetic covering of enamel hypoplasia – composite veneer
- Cosmetic covering of discoloured dentine in anterior teeth – composite veneer
- Treatment of changes of the oral mucosa
- Medicinal dressing on a permanent tooth
- Periodontal pocket irrigation
- Periodontal pocket irrigation and drug application
- Cauterisation of interdental papilla

### Paedodontics

The service is performed by dentists in outpatient Medical Facilities indicated by LUX MED and covers the following services:

- Dental consultation – paedodontal

and once within the 12-month Agreement term one of the following services

- Deciduous tooth cavity filling 1 surface
- Deciduous tooth cavity filling 1 surface, therapeutic
- Deciduous tooth cavity filling 2 surfaces
- Deciduous tooth cavity filling 2 surfaces, therapeutic
- Deciduous tooth cavity filling 3 surfaces
- Deciduous tooth cavity filling 3 surfaces, therapeutic

When the patient reaches the limit, they shall be offered an additional **15% discount** off the price list of the facility for the above services.

In addition, the patient is entitled to a **15% discount** off the price list of the facility for the following services:

- Adaptation visit (children) – dentistry



- Medicinal dressing on a deciduous tooth
- Dentine impregnation – per tooth
- Amputation of devitalised deciduous tooth pulp
- Endodontic treatment of a deciduous tooth
- Treatment of pulp necrosis in a deciduous tooth
- Vital pulp amputation in a tooth with unformed root
- Tooth pulp devitalisation in a deciduous tooth with cavity dressing

### Dental surgery

The service is performed by dentists in outpatient Medical Facilities indicated by LUX MED and covers the following services:

- Specialist consultation – dental surgery

In addition, the patient is entitled to a **15% discount** off the price list of the facility for the following services:

- Dental abscess incision – including drainage
- Apicoectomy of a posterior tooth
- Apicoectomy of a posterior tooth, with retrograde root canal filling
- Apicoectomy of an anterior tooth
- Apicoectomy of an anterior tooth, with retrograde root canal filling
- Single-rooted tooth extraction
- Single-rooted deciduous tooth extraction
- Extraction of a tooth by intra-alveolar chiselling
- Extraction of a tooth by extra-alveolar chiselling with formation of a mucoperiosteal flap
- Multi-rooted tooth extraction
- Multi-rooted deciduous tooth extraction
- Excision of a gingival flap within 1 tooth
- Excision of nodule, nodule-like lesion, mucocele – dentistry
- Surgical dressing – dentistry
- Dry socket irrigation + application of medication
- Sampling of a biopsy specimen in the oral cavity
- Frenuloplasty, meloplasty, glossoplasty – dentistry
- Enucleation of odontogenic cyst
- Surgical tooth extraction – surgically complex
- Surgical exposure of an impacted tooth
- Surgical exposure of an impacted tooth with bracket attachment
- Surgical extraction of a partially impacted tooth
- Repositioning and immobilisation of an avulsed tooth

### Endodontics

The service is performed by dentists in outpatient Medical Facilities indicated by LUX MED and covers the following services:

- Specialist consultation — conservative dentistry

In addition, the patient is entitled to a **15% discount** off the price list of the facility for the following services:

- Tooth pulp devitalisation with cavity dressing
- Chemical and mechanical root canal preparation
- Root canal opening
- Root canal filling
- Crown-root inlay removal

In addition, the patient is entitled to a **10% discount** off the price list of the facility for the following services:

- Removal of a fractured tool from the canal under a surgical microscope
- Endodontal treatment of an incisor or a canine under a surgical microscope stage I
- Endodontal treatment of an incisor or a canine under a surgical microscope stage II
- Endodontal treatment of a premolar under a surgical microscope stage I
- Endodontal treatment of a premolar under a surgical microscope stage II
- Endodontal treatment of a molar under a surgical microscope stage I
- Endodontal treatment of a molar under a surgical microscope stage II
- Specialised assessment of tissue under a surgical microscope
- Interventional appointment during endodontic treatment
- Crown-root inlay removal under a surgical microscope

### Prosthodontics

The service is performed by dentists in outpatient Medical Facilities indicated by LUX MED and covers the following services:

- Specialist prosthetic consultation

In addition, the patient is entitled to a **10% discount** off the price list of the facility for the following services:

- Full denture with metal palate
- Malocclusion correction
- Models for diagnostic or planning purposes – doctor
- Crown-root inlay cast metal
- Crown-root inlay cast metal combined
- Crown-root inlay made of gold
- Crown-root inlay made of gold combined
- Metal, ceramic, glass fibre crown-root inlay – standard



- Provisional crown using indirect method
- All-metal cast crown
- All-gold cast crown, premolar
- Porcelain crown on metal without margin
- Porcelain crown on galvanised metal
- Porcelain crown on gold, premolar
- Porcelain veneer
- Composite crown ONLAY INLAY OVERLAY
- Galvanised telescopic crown, gold
- Latch / bolt / retainer point in frame denture
- Replacement of Rhein inlay / ball latch – 1 element
- Partial denture supporting 1–4 missing teeth
- Full maxillary denture
- Full mandibular denture
- Frame denture with latches without latch cost
- Frame denture
- Overdenture on gold latch
- Denture repair – 1 element
- Direct denture lining
- Indirect denture lining
- Removal of a prosthetic crown – 1 element
- Partial denture supporting 5–8 missing teeth
- Partial denture supporting more than 8 teeth
- Porcelain crown on gold, molar
- Porcelain crown on gold, anterior tooth
- All-gold cast crown, molar
- All-gold cast crown, anterior tooth
- Porcelain crown ONLAY INLAY OVERLAY
- Cementation of a prosthetic crown
- Cementation of a bridge
- Partial denture – 1 point
- Occlusion alignment using articulator
- Functional impression using individual tray
- All-ceramic crown-root inlay
- Crown-root inlay cast metal Stage I
- Crown-root inlay cast metal Stage II
- Crown-root inlay cast metal combined Stage I
- Crown-root inlay cast metal combined Stage II
- Crown-root inlay made of gold Stage I
- Crown-root inlay made of gold Stage II
- Crown-root inlay made of gold combined Stage I
- Crown-root inlay made of gold combined Stage II
- All-metal cast crown Stage I
- All-metal cast crown Stage II
- All-gold cast crown, premolar Stage I
- All-gold cast crown, premolar Stage II
- All-gold cast crown, molar Stage I
- All-gold cast crown, molar Stage II
- All-gold cast crown, anterior tooth Stage I
- All-gold cast crown, anterior tooth Stage II
- Porcelain crown on metal without margin, Stage I
- Porcelain crown on metal without margin, Stage II
- Porcelain crown on galvanised metal Stage I
- Porcelain crown on galvanised metal Stage II
- Porcelain crown on gold premolar tooth Stage I
- Porcelain crown on gold premolar tooth Stage II
- Porcelain crown on gold molar tooth Stage I
- Porcelain crown on gold molar tooth Stage II
- Porcelain crown on gold, anterior tooth Stage I
- Porcelain crown on gold, anterior tooth Stage II
- Porcelain veneer Stage I
- Porcelain veneer Stage II
- Porcelain crown ONLAY INLAY OVERLAY Stage I
- Porcelain crown ONLAY INLAY OVERLAY Stage II
- Galvanised telescopic crown, gold Stage I
- Galvanised telescopic crown, gold Stage II
- Latch / bolt / retainer point in frame denture Stage I
- Latch / bolt / retainer point in frame denture Stage II
- Partial denture supporting 1–4 missing teeth Stage I
- Partial denture supporting 1–4 missing teeth Stage II
- Partial denture supporting 5–8 missing teeth Stage I
- Partial denture supporting 5–8 missing teeth Stage II
- Partial denture supporting more than 8 teeth Stage I
- Partial denture supporting more than 8 teeth Stage II
- Full maxillary denture Stage I
- Full maxillary denture Stage II
- Full mandibular denture Stage I
- Full mandibular denture Stage II
- Frame denture with latches without latch cost Stage I
- Frame denture with latches without latch cost Stage II
- Frame denture Stage I
- Frame denture Stage II
- WAX UP
- WAX UP INTERDENT
- All-ceramic crown-root inlay Stage I
- All-ceramic crown-root inlay Stage II
- Adhesive bridge – 1 point
- Porcelain crown on zirconia using CAD/CAM Lava Everest method
- Porcelain crown on zirconia using CAD/CAM Lava Everest method Stage I
- Porcelain crown on zirconia using CAD/CAM Lava Everest method Stage II
- Rhein latch – 1 element
- Bredent latch – 1 element
- Porcelain crown on metal with a ceramic margin
- Porcelain crown on metal with a ceramic margin Stage I
- Porcelain crown on metal with a ceramic margin Stage II
- Metal telescopic crown
- Metal telescopic crown Stage I
- Metal telescopic crown Stage II
- Porcelain veneer posterior
- Porcelain veneer posterior Stage I
- Porcelain veneer posterior Stage II
- Overdenture on gold latch Stage I
- Overdenture on gold latch Stage II
- Gracia gingival mask
- Gracia gingival mask Stage I
- Gracia gingival mask Stage II
- Wax teeth control and correction







- One wire arch of fixed brace with crystal brackets Stage II
- One wire arch of fixed braces with metal brackets Stage I
- One wire arch of fixed braces with metal brackets Stage II
- Braces repair
- Pendulum braces Stage I
- Pendulum braces Stage II
- Nance braces
- Retention control
- Stripping – 1 tooth
- Acrylic bite splint
- Headgear application
- Retention plate
- Retention arch application – maxilla
- Retention arch application – mandible
- Removal of retention arch
- Fixed braces – metal, non-ligature brackets 1 arch
- Fixed braces – aesthetic, non-ligature brackets 1 arch
- TWIN-BLOCK braces
- TWIN-BLOCK braces Stage I
- TWIN-BLOCK braces Stage II
- Follow-up visit – fixed braces, porcelain brackets
- Hass braces
- Space maintainer
- Clear aligner impression
- Clear aligner follow-up
- Braces repair, 1 arch wire replacement ceramic brackets
- Braces repair, 2 arch wires replacement ceramic brackets
- Braces repair, 1 arch wire replacement metal brackets
- Braces repair, 2 arch wires replacement metal brackets
- Additional orthodontic element 1
- Additional orthodontic element 2
- Additional orthodontic element 3
- Replacement of an aesthetic bracket
- Vestibular plate – infant trainer
- Fixed braces – aesthetic, non-ligature Damon brackets 1 arch
- Fixed braces – metal, non-ligature Damon brackets 1 arch
- Follow-up visit in the course of treatment with fixed braces with non-ligature Damon brackets – 1 arch
- One wire arch of fixed braces metal and crystal brackets
- One wire arch of fixed braces metal and crystal brackets Stage I
- One wire arch of fixed braces metal and crystal brackets Stage II
- Multi-P braces
- Multifunctional braces Molar rotator
- Expander braces
- TWIN-BLOCK braces with a screw – modified
- TWIN-BLOCK braces with a screw – modified Stage I
- TWIN-BLOCK braces with a screw – modified Stage II
- Herbst hinge
- Herbst hinge Stage I
- Herbst hinge Stage II
- Carriere distalizer
- Guray / OBC wedging
- Fragmentary fixed braces
- Fixed braces – 2D lingual brackets 1 arch
- Replacement of a 2D lingual metal bracket
- Follow-up visit – fixed braces, 2D lingual brackets
- Braces repair, 1 arch wire replacement 2D lingual brackets
- Braces repair, 2 arch wires replacement 2D lingual brackets
- MALU appliance
- Wide-arch braces – palatal arch
- Wide-arch braces – tongue arch
- Fixed metal braces 2x4
- Orthodontic acrylic splint
- Class II corrector
- One wire arch of fixed braces individual lingual brackets
- One wire arch of fixed braces individual lingual brackets Stage I
- Wire arch replacement individual lingual brackets
- Replacement of an individual lingual bracket
- One wire arch of fixed braces individual lingual brackets Stage II
- System Benefit braces Stage I
- System Benefit braces Stage II
- Flexible orthodontic appliance
- Tooth separation procedure
- Follow-up visit in the course of treatment with fixed partial braces
- Attachment of a metal bracket
- Attachment of a crystal bracket
- Retention arch application
- Fixed aesthetic braces 2x4
- Fixed aesthetic braces 2x4 Stage I
- Fixed aesthetic braces 2x4 Stage II
- One wire arch of fixed braces nickel-free brackets
- One wire arch of fixed braces nickel-free brackets Stage I
- One wire arch of fixed braces nickel-free brackets Stage II
- Retainer arch 1 tooth
- Orthognathic treatment planning
- Plate denture for children
- Plate denture for children Stage I
- Models for diagnostic or planning purposes – orthodontist
- Plate denture for children Stage II
- Retainer arch 6 teeth

### Biological dentistry

The service is performed by dentists in outpatient Medical Facilities indicated by LUX MED with a **10% discount** off the price list of the facility for the following services:

- Saliva-Check Buffer (GC) test
- Streptococcus mutans saliva concentration using Saliva-Check Mutans (GC)
- Tri Plaque ID Gel (GC) control
- Molecular and biological assay for pathogens causing periodontitis/periimplantitis using Real-Time PCR – PET standard (MIP PHARMA) method
- Molecular and biological assay for pathogens causing periodontitis/periimplantitis using Real-Time PCR – PET plus (MIP PHARMA) method



- Molecular and biological assay for pathogens causing periodontitis/periimplantitis using Real-Time PCR – PET deluxe (MIP PHARMA) method
- Tooth decay infiltration – ICON (DMG)
- Minimally invasive tooth decay treatment using glass hybrid technology – EQUIA FORTE
- Application of bioactive dentin substitute – Biodentine (Septodont)
- Bioreconstruction of lost tooth tissue using ACTIVA (Pulpdent)
- Restoration of lost tooth tissue using BPA-free Gaenial
- Local application of MI VARNISH (GC) releasing bioavailable calcium, phosphate and fluoride
- Maintenance treatment using bioavailable calcium, phosphate and fluoride – GC MI Paste Plus
- Enamel remineralisation with a Tooth Mousse preparation

#### Dental X-ray (medium conforming with the standard applicable in a given medical facility)

The service includes provision of the following services in outpatient Medical Facilities indicated by LUX MED, based on a referral from a dentist from these facilities, and includes the following services:

- Single tooth X-ray

and a **15% discount** off the price list of the facility:

- Panoramic X-ray

#### Guarantee

The patient is provided with a 24-month guarantee for final conservative fillings used in permanent teeth. A precondition to obtaining the guarantee is to attend follow-up visits in outpatient Medical Facilities indicated by LUX MED at least once in the 12-month Agreement term or according to an individually agreed schedule, and undergo tartar and deposit removal and fluoride treatment procedures once in the 12-month Agreement term or according to an individually agreed schedule in outpatient Medical Facilities indicated by LUX MED, compliance with dentist's recommendations, maintaining oral hygiene as instructed by the dentist and/or dental hygienist.

#### Note:

*The guarantee does not cover conditions occurring as a result of: non-attendance at follow-up and prophylaxis visits, non-compliance with dentist's recommendations, mechanical injuries, accidents, missing posterior teeth (lack of support zones), pathological dental wear (bruxism) or other functional impairments of the masticatory apparatus, physiological bone atrophy and periodontal lesions, general co-morbidities affecting the stomatognathic system (diabetes, osteoporosis, epilepsy, history of radiotherapy and chemotherapy), or temporary fillings (e.g. provided until a prosthesis is prepared).*

*The Dentistry Option II service does not cover services provided under general anaesthesia.*

#### Home visits – option I

The service is limited to 3 visits within a 12-month term of the agreement and encompasses internal diseases, paediatrics or family medicine and is performed at the place of residence of the Patient, exclusively in situations where the Patient is unable to get to the outpatient Medical Facility indicated by LUX MED due to sudden onset of an illness or sudden exacerbation, excluding direct life-threatening situations. Reasons making it impossible for the Patient to report to the clinic do not include inconvenient access to the clinic, obtaining a prescription or a medical certificate. A house call is an emergency service provided solely on the visit request day and aimed at making a diagnosis and starting treatment, whereas treatment continuation and follow-up visits take place in outpatient Medical Facilities indicated by LUX MED. In the case of a home visit, it is impossible to freely choose the physician. A house call request is accepted or refused by a medical dispatcher (indicated by LUX MED) based on the information provided. Home visits are available within the administrative boundaries of cities and their surrounding areas, where there are outpatient Medical Facilities indicated by LUX MED for the service – a detailed territorial coverage is described on [www.luxmed.pl](http://www.luxmed.pl).

#### Medical Transport – option I

The service is available in the event of medical indications to transport the Patient between Medical Facilities or to a Medical Facility from the place of residence of the Patient in the following situations:

- the need for continuity of treatment,
- the need for treatment at a specialized facility.

The service is carried out by means of wheeled sanitary transportation means (free in Poland) and is only elective – it requires reporting to the medical dispatcher indicated by LUX MED at least 24 hours prior to the performance of the service. Medical transport is provided only in situations where there are no medical contraindications and transporting the Patient by means of public or individual transport would endanger his/her health and life. Additionally, this service requires consent of the facility, from which the Patient is going to be taken and consent of the facility to which is



going to be taken (confirmation of acceptance). In justified cases, LUX MED may require additional information concerning the transport conditions and limitations - related to the state of health of the Patient. The service is limited to 3 transports within a 12-month term of the agreement and does not include healthcare services provided to save life and health in accordance with the National Medical Rescue Act (Journal of Laws 2006.191.1410, as amended). The service is separate from transport provided as part of the Hospital Module in the Agreement on LUX MED Group Health Insurance for Companies.

## Short term surgery - 15% discount

### I. List of Elective surgeries and related accompanying services available for the Patients over 17 years of age and below 70 years of age

The coverage includes coordination and financing of a part of the costs of an Elective surgery, up to the amount of the Discount specified in the table below. The discount is calculated from the price list of the Hospital performing an Elective surgery.

The performance of Elective surgeries includes the following components: consultation to determine eligibility for surgery, with a physician of appropriate medical specialty, anesthetic qualification, the treatment procedure, adequate anesthesia (standard and typical of the procedure), medically necessary hospital stay, directly resulting from surgical procedures performed, medical and nursing care during the hospital stay, drugs administered during the hospital stay, mesh for hernia surgeries, artificial materials for fracture fixation (wires, screws, fixation), small medical materials related to the surgery (thread, stitching), disposable components of multiple use equipment, suture removal associated with the procedure, consultation after the procedure (within 30 days of the Elective surgery).

Elective surgeries do not include: transplantation of organs or tissues, cells, cell cultures (cultivated naturally or artificially), including those involving an autograft or inserting implants and devices (unless the scope of the Elective surgery provides for inserting implants or devices as part of the procedure), subsequent consultations at the Hospital apart from the post-surgery consultation.

Stays in treatment wards (except for post-operative wards and intensive care wards) are held in single or double rooms, if it is possible given the medical reasons and premises.

Elective surgeries are performed based on a valid referral issued by a physician from an outpatient Own Facility.

List of Elective surgeries:

Area of surgery	Type of surgery	Discount
Shank varicose veins surgeries	Endoscopic varicose veins perforator surgery	15%
	Classical lower-limb varicose veins perforator surgery	15%
	Cryosurgical lower-limb varicose veins perforator surgery	15%
	Laser lower-limb varicose veins perforator surgery	15%
	Mini-phlebectomy	15%
	VNUS varicose veins surgery	15%
	Insufficient great saphenous vein (GSV) closure with intravenous glue	15%
	Sclerotherapy	15%
Breast surgeries	Excision of a nipple lesion	15%
	Excision of a breast nipple quadrant	15%
	Complete excision of breast nipple	15%
	Mamotome biopsy of a breast lesion	15%
Cholecystectomies	Laparoscopic excision of gallbladder	15%
	Classical excision of gallbladder	15%
	Classical excision of gallbladder with revision of the common bile duct	15%
Endoscopy of the large intestine	Colonoscopy removal of polyps of the large intestine	15%
Spleen surgeries	Spleen excision	15%
	Excision of spleen lesion/cyst	15%
Surgeries of the rectum and rectal area	Classical haemorrhoid surgery	15%
	Haemorrhoid surgery using LONGO method	15%
	Open excision of a lesion in the rectum or anus	15%
	Posterior crypt excision	15%
	Transrectal removal of rectal lesion	15%
	Surgical treatment of anal fissure	15%



	Surgical treatment of anal fistula	15%	
Hernia surgeries	Classical inguinal hernia surgery, unilateral	15%	
	Classical inguinal hernia surgery, bilateral	15%	
	Classical scrotal hernia surgery, unilateral	15%	
	Classical scrotal hernia surgery, bilateral	15%	
	Classical femoral hernia surgery, unilateral	15%	
	Classical femoral hernia surgery, bilateral	15%	
	Classical umbilical hernia surgery	15%	
	Classical linea alba hernia surgery	15%	
	Classical recurrent hernia surgery	15%	
	Classical postoperative wound hernia surgery	15%	
	Hiatus hernia surgery	15%	
	Hernia surgery with prolene mesh	15%	
	Minor surgical procedures	Incision of skin abscess	15%
		The removal of ingrown nail, nail fold cleaning	15%
Arkady's cube procedure for ingrown nail		15%	
Removal of skin lesions up to 1.5 cm		15%	
Removal of skin lesions 1.5–5 cm		15%	
Removal of subcutaneous lesions up to 5 cm		15%	
Foreign body removal from the skin		15%	
Uterine procedures	Curettage of the uterine cavity	15%	
	Removal of lesions of the cervix by electrocoagulation or laser	15%	
	Uterine cervix conisation	15%	
	LLETZ uterine cervix surgery	15%	
	LEEP uterine cervix surgery	15%	
	Cervical amputation (vagina repair)	15%	
	Diagnostic hysteroscopy	15%	
	Procedural hysteroscopy – removal of uterine septum	15%	
	Procedural hysteroscopy – removal of endometrial polyp	15%	
	Procedural hysteroscopy – endometrium ablation	15%	
Procedural hysteroscopy – endometrium biopsy	15%		
Perineum and vagina procedures	Incision of Bartholin's gland cyst or abscess	15%	
	Enucleation or marsupialization of Bartholin's gland	15%	
	Removal of vaginal lesion	15%	
	Removal of genital warts from vulva	15%	
Ear procedures	Incision of the tympanic membrane and insertion of a drain through the tympanic membrane under local or general anaesthesia	15%	
	Cleansing the middle ear with suction	15%	
	Incision of the tympanic membrane under anaesthesia	15%	
Surgery of sinuses and nasal cavity	Excision of nasal polyps	15%	
	Plastic surgery of the nasal conchae (conchoplasty)	15%	
	Corrective surgery of nasal septum (septoplasty)	15%	
	Treatment of snoring by coblation / soft palate plasty	15%	
Tonsil procedures	Removal of the pharyngeal tonsil using classical method (adenectomy)	15%	
	Removal of the pharyngeal tonsil using endoscopic method (adenectomy)	15%	
	Removal of the palatine tonsils using classical method (tonsillectomy)	15%	
	Removal of the palatine tonsils using endoscopic method (tonsillectomy)	15%	
	Intraoperative insertion of drains into the tympanic membrane	15%	
	Tonsillotomy	15%	
	Adenotonsillotomy	15%	
Removal of a lesion of a palatine or pharyngeal tonsil	15%		



Neck procedures	Larynx cyst excision	15%
	Tongue cyst excision	15%
	Removal of neck lymph node	15%
	Lateral neck cyst excision	15%
	Anterior neck cyst excision	15%
Salivary gland procedures	Removal of salivary duct calculi	15%
	Excision of parotid gland	15%
	Excision of submandibular gland	15%
Cataract treatment	Uncomplicated cataract surgery by extracapsular removal of cataract without lens implant	15%
	Uncomplicated cataract surgery by extracapsular removal of cataract with lens implant	15%
	Complicated cataract surgery by extracapsular removal of cataract without lens implant	15%
	Complicated cataract surgery by extracapsular removal of cataract with lens implant	15%
	Uncomplicated cataract surgery by phacoemulsification without lens implant	15%
	Uncomplicated cataract surgery by phacoemulsification with lens implant	15%
	Complicated cataract surgery by phacoemulsification without lens implant	15%
	Complicated cataract surgery by phacoemulsification with lens implant	15%
Other ophthalmologic procedures	Surgical treatment of chalazion	15%
	Surgical treatment of pterygium	15%
	Removal of xanthelasma	15%
Joint procedures	Surgical (open) removal of loose bodies from the knee	15%
	Surgical arthroscopy of knee joint – meniscus removal	15%
	Surgical arthroscopy of knee joint – loose body removal	15%
	Surgical arthroscopy of knee joint – meniscus suturing	15%
	Knee joint arthroscopy – reconstruction of the collateral ligament	15%
	Knee joint arthroscopy – reconstruction of the anterior cruciate ligament of the knee	15%
	Knee joint arthroscopy – reconstruction of the posterior cruciate ligament of the knee	15%
	Surgical arthroscopy of knee joint – excision of intraarticular knee fibrosis	15%
	Surgical arthroscopy of knee joint – retinacunal release of patella, reconstruction of patellofemoral joint	15%
	Surgical arthroscopy of knee joint – excision of the synovial membrane of the knee joint (synovectomy)	15%
	Diagnostics arthroscopy of shoulder joint	15%
	Diagnostics arthroscopy of hip joint	15%
	Diagnostics arthroscopy of ankle joint	15%
Diagnostics arthroscopy of elbow joint	15%	
Muscle and tendons surgeries	Suturing of Achilles tendon	15%
	Achilloplasty	15%
Limb fracture surgeries	Humeral shaft fracture fixation with external stabilizer (plate)	15%
	Humeral shaft fracture fixation with internal stabilizer (nail)	15%
	Fixation of separated epiphysis of the humerus	15%
	Open fixation of humerus fracture without internal stabilization	15%
	Fixation of clavicular fracture with internal stabilization	15%
	Open fixation of clavicular fracture without internal stabilization	15%
	Fixation of separated epiphysis of the clavicle	15%
	Fixation of forearm fracture with external stabilization	15%
	Fixation of forearm fracture with internal stabilization	15%
	Open fixation of forearm fracture without internal stabilization	15%
Fixation of separated epiphysis of radius or ulna	15%	



	Fixation of wrist or metacarpal fracture with internal stabilization	15%
	Open fixation of wrist or metacarpal fracture without internal stabilization	15%
	Fixation of hand phalangeal fracture with internal stabilization	15%
	Open fixation of phalangeal fracture without internal stabilization	15%
	Fixation of the femur with external stabilizer / plate	15%
	Fixation of the femur with internal stabilizer	15%
	Open fixation of femoral fracture without internal stabilization	15%
	Fixation of separated epiphysis of the femur	15%
	Patellar fixation with external stabilizer	15%
	Patellar fixation with internal stabilizer	15%
	Open fixation of patella without internal stabilization	15%
	Fixation of tibia or fibula with external stabilizer	15%
	Fixation of tibia or fibula with internal stabilizer	15%
	Open fixation of tibia or fibula without internal stabilization	15%
	Fixation of separated epiphysis of tibia or fibula	15%
	Fixation of tarsal or metatarsal bones with external stabilizer	15%
	Fixation of tarsal or metatarsal bones with internal stabilizer	15%
	Fixation of foot phalangeal fracture without internal stabilization	15%
	Fixation of foot phalangeal fracture with internal stabilization	15%
	Removal of fixating external or internal stabilizer – clavicle	15%
	Removal of fixating external or internal stabilizer – humerus	15%
	Removal of fixating external or internal stabilizer – forearm bones	15%
	Removal of fixating external or internal stabilizer – hand bones (wrist, metacarpal bones, phalanges)	15%
	Removal of fixating external or internal stabilizer – femur	15%
	Removal of fixating external or internal stabilizer – patella	15%
	Removal of fixating external or internal stabilizer – tibia, fibula	15%
	Removal of fixating external or internal stabilizer – foot bones (tarsal, metatarsal, phalanges)	15%
	Bone transplant / implantation of artificial bone graft materials – clavicle (treatment of pseudarthrosis)	15%
	Bone transplant / implantation of artificial bone graft materials – humerus (treatment of pseudarthrosis)	15%
	Bone transplant / implantation of artificial bone graft materials – radius or ulna (treatment of pseudarthrosis)	15%
	Bone transplant / implantation of artificial bone graft materials – wrist and metatarsal bones (treatment of pseudarthrosis)	15%
	Bone transplant / implantation of artificial bone graft materials – femur	15%
	Bone transplant / implantation of artificial bone graft materials – patella	15%
	Bone transplant / implantation of artificial bone graft materials – tibia or fibula	15%
	Bone transplant / implantation of artificial bone graft materials – tarsal and metatarsal bones	15%
Bone surgeries	Removal of cartilage and bone necrosis from the bones of the limbs	15%
	Local excision of lesion – humerus	15%
	Local excision of lesion – radius or ulna	15%
	Local excision of lesion – hand bones	15%
	Local excision of lesion – femur	15%
	Local excision of lesion – patella	15%
	Local excision of lesion – tibia or fibula	15%
Other orthopaedic surgeries	Local excision of lesion – tarsal or metatarsal bones	15%
	Hand ganglion surgery	15%



Treatment of urolithiasis	Extracorporeal Shock Wave Lithotripsy (ESWL)	15%
	Transurethral lithotripsy in the urethra	15%
	Transurethral lithotripsy in the urinary bladder / transurethral removal of stones from the urinary bladder	15%
	Removal of stones from the renal pelvis and calyx (PCNL or by incision of the renal pelvis)	15%
	Removal of stones from the upper part of the ureter (laparoscopic method or URSL)	15%
	Removal of stones from the lower part of the ureter (laparoscopic method or URSL)	15%
Urinary tract and urethra procedures	Transurethral resection of urethral valve or stricture	15%
	Periurethral cyst excision	15%
	Endoscopic slit / incision of the urethra	15%
	Endoscopic dilation of the external orifice of urethra	15%
	Endoscopic removal of an obstruction or foreign body from ureters	15%
	Endoscopic removal of lesions from ureters	15%
Surgeries of testicles, spermatic cord, penis	Testis hydrocele surgery	15%
	Spermatic cord hydrocele surgery	15%
	Removal of spermatocele	15%
	Excision of testicle (from the scrotum)	15%
	Excision of epididymis	15%
	Phimosis surgery – preputioplasty	15%
	Varicocele surgery, laparoscopic or classical method	15%

## II. List of Elective surgeries and related accompanying services available for the Patients below 17 years of age

The coverage includes coordination and financing of a part of the costs of an Elective surgery, up to the amount of the Discount specified in the table below. The discount is calculated from the price list of the Hospital performing an Elective surgery.

The performance of Elective surgeries includes the following components: consultation to determine eligibility for surgery, with a physician of appropriate medical specialty, anesthetic qualification, the treatment procedure, adequate anesthesia (standard and typical of the procedure), medically necessary hospital stay, directly resulting from surgical procedures performed, medical and nursing care during the hospital stay, drugs administered during the hospital stay, mesh for hernia surgeries, artificial materials for fracture fixation (wires, screws, fixation), small medical materials related to the surgery (thread, stitching), disposable components of multiple use equipment, suture removal associated with the procedure, consultation after the procedure (within 30 days of the Elective surgery).

Elective surgeries do not include: transplantation of organs or tissues, cells, cell cultures (cultivated naturally or artificially), including those involving an autograft or inserting implants and devices (unless the scope of the Elective surgery provides for inserting implants or devices as part of the procedure), subsequent consultations at the Hospital apart from the post-surgery consultation.

Stays in treatment wards (except for post-operative wards and intensive care wards) are held in single or double rooms, if it is possible given the medical reasons and premises.

Elective surgeries are performed based on a valid referral issued by a physician from an outpatient Own Facility.

List of Elective surgeries:

Area of surgery	Type of surgery	Discount
Breast surgeries	Excision of a nipple lesion	15%
	Spleen excision	15%
Spleen surgeries	Excision of spleen lesion/cyst	15%
	Removal of skin lesions up to 1.5 cm	15%
Other surgical procedures	Foreign body removal from the skin	15%
	Excision of axillary lymph nodes	15%
	Excision of nasal polyps	15%
Surgery of sinuses and nasal cavity	Sinus surgery using the Caldwell-Luca method	15%
	Sinus puncture	15%
Neck procedures	Removal of neck lymph node	15%



Ear procedures	Excision of polyps in the middle ear	15%	
	Incision of the tympanic membrane and biopsy of a lesion in the middle ear	15%	
	Incision of the tympanic membrane and insertion of a drain through the tympanic membrane under local or general anaesthesia	15%	
	Cleansing the middle ear with suction	15%	
	Incision of the tympanic membrane under anesthesia	15%	
Salivary gland procedures	Removal of salivary duct calculi	15%	
	Excision of parotid gland	15%	
	Excision of submandibular gland	15%	
Joint procedures	Suturing of hand flexor tendons – primary suture	15%	
	Suturing of hand flexor tendons – secondary suture (deferred)	15%	
	Suturing of Achilles tendon	15%	
	Suturing of quadriceps tendon / quadriceps plasty	15%	
Bone surgeries	Removal of cartilage and bone necrosis from the bones of the limbs	15%	
Limb fracture surgeries	Humeral shaft fracture fixation with external stabilizer (plate)	15%	
	Humeral shaft fracture fixation with internal stabilizer (nail)	15%	
	Fixation of separated epiphysis of the humerus	15%	
	Open fixation of humerus fracture without internal stabilization	15%	
	Fixation of clavicular fracture with internal stabilization	15%	
	Open fixation of clavicular fracture without internal stabilization	15%	
	Fixation of separated epiphysis of the clavicle	15%	
	Fixation of forearm fracture with external stabilization	15%	
	Fixation of forearm fracture with internal stabilization	15%	
	Open fixation of forearm fracture without internal stabilization	15%	
	Fixation of separated epiphysis of radius or ulna	15%	
	Fixation of wrist or metacarpal fracture with internal stabilization	15%	
	Open fixation of wrist or metacarpal fracture without internal stabilization	15%	
	Fixation of hand phalangeal fracture with internal stabilization	15%	
	Open fixation of phalangeal fracture without internal stabilization	15%	
	Fixation of the femur with external stabilizer / plate	15%	
	Fixation of the femur with internal stabilizer	15%	
	Open fixation of femoral fracture without internal stabilization	15%	
	Fixation of separated epiphysis of the femur	15%	
	Patellar fixation with external stabilizer	15%	
	Patellar fixation with internal stabilizer	15%	
	Open fixation of patella without internal stabilization	15%	
	Fixation of tibia or fibula with external stabilizer	15%	
	Fixation of tibia or fibula with internal stabilizer	15%	
	Open fixation of tibia or fibula without internal stabilization	15%	
	Fixation of separated epiphysis of tibia or fibula	15%	
	Fixation of tarsal or metatarsal bones with external stabilizer	15%	
	Fixation of tarsal or metatarsal bones with internal stabilizer	15%	
	Fixation of foot phalangeal fracture without internal stabilization	15%	
	Fixation of foot phalangeal fracture with internal stabilization	15%	
	Urinary tract and urethra procedures	Endoscopic removal of an obstruction or foreign body from ureters	15%
		Endoscopic removal of lesions from ureters	15%
Excision of testicle (from the scrotum)		15%	
Excision of epididymis		15%	





### 10% discount on other services offered by LUX MED and Medycyna Rodzinna

The Patient is entitled to a **10% discount** on medical services, excluding dental services, offered by LUX MED Own Facilities – this applies to LUX MED and Medycyna Rodzinna facilities listed on [www.luxmed.pl](http://www.luxmed.pl). The discount is calculated from the price list available in the facility. Discounts may not be combined.

### 10% discount on medical procedures provided in the LUX MED Hospital

The Patient is entitled to a **10% discount** on all medical procedures provided in the LUX MED Hospital. The discount is calculated from the price list available in the facility. Discounts may not be combined.

### 10% discount on medical procedures provided in the Carolina Medical Center Hospital

The Patient is entitled to a **10% discount** on all medical procedures offered by Sport Medica SA at Carolina Medical Center (detailed information about the facility is available on [www.carolina.pl](http://www.carolina.pl)). The discount is calculated from the price list available in the facility. The discount does not include prices of such medical materials as light cast, implants, orthotics, stabilizers, orthopaedic fixation, sutures of meniscus, and prices of drugs for intra-articular and intravenous injections. Discounts may not be combined.

### Package availability option – Gold

A service consisting in the provision of better access to LUX MED's Specialist Physicians – the Availability Time for the Gold Option is greater than 80%. Under this option, the Patient is entitled to a Reimbursement of the service costs on the terms specified below.

LUX MED shall reimburse the costs incurred by the Entitled Person amounting to **90%** of the unit price of the Health Service carried out during the Reimbursement Period in a Medical Facility other than that indicated by LUX MED, to which the Eligible Person is entitled under the Agreement and the Benefitplan held, up to the quarterly Reimbursement Limit of **PLN 500** per Eligible Person. Payment of a Reimbursement amount is made on the basis of an Application constituting **Annex No. 1a** to the Regulations on Reimbursement submitted along with the set of documents.

Detailed Reimbursement terms and conditions, requirements regarding documenting the incurred costs and terms on which refunds are made have been specified in the "Freedom of Treatment" (Swoboda leczenia) Regulations on Reimbursement . . . . . , constituting **Annex No. 1** to **Annex No. aB**.

### Oncological Prevention Program LUX MED

The LUX MED Oncology Prevention Program for health review is aimed at the early detection of the most common malignant neoplasms. The LUX MED Oncological Prevention Program is only intended for employees aged from 18 to 70. The scope of the program includes: Education, preventive measures (annually) and the coordination of diagnostics.